

**The SJISA Swim Fast Relays
December 14, 2016 – Results**

Event 1 Women 600 Yard Freestyle Relay (3 x 200)

Meet Record:	5:56.04	R	2006	Cherry Hill West	Seed Time	Finals Time
Team				Relay		
1	Shawnee				6:50.55	6:31.69
	31.87	1:07.63 (35.76)	1:44.55 (36.92)	2:22.69 (38.14)		
	2:51.04 (28.35)	3:23.02 (31.98)	3:56.94 (33.92)	4:29.01 (32.07)		
	4:57.01 (28.00)	5:27.99 (30.98)	5:59.86 (31.87)	6:31.69 (31.83)		
2	Cherokee				6:55.00	6:36.32
	29.03	1:02.55 (33.52)	1:36.75 (34.20)	2:10.76 (34.01)		
	2:42.51 (31.75)	3:16.70 (34.19)	3:51.63 (34.93)	4:25.96 (34.33)		
	4:53.62 (27.66)	5:26.69 (33.07)	6:01.84 (35.15)	6:36.32 (34.48)		
3	Cherry Hill East				6:30.00	6:40.10
	29.96	1:03.52 (33.56)	1:38.91 (35.39)	2:13.88 (34.97)		
	2:44.55 (30.67)	3:18.39 (33.84)	3:53.46 (35.07)	4:27.08 (33.62)		
	4:56.87 (29.79)	5:29.61 (32.74)	6:04.99 (35.38)	6:40.10 (35.11)		
4	Haddonfield				6:38.50	6:52.52
		6:15.69 ()	6:52.49 (36.80)	6:52.52 (0.03)		
5	Washington Township				7:15.10	7:18.00
	33.89	1:10.92 (37.03)	1:49.16 (38.24)	2:27.09 (37.93)		
	3:01.11 (34.02)	3:40.56 (39.45)	4:21.45 (40.89)	5:01.65 (40.20)		
	5:32.97 (31.32)	6:07.93 (34.96)	6:43.45 (35.52)	7:18.00 (34.55)		
6	Cherry Hill West				6:50.00	7:26.35
	34.09	1:10.90 (36.81)	1:49.09 (38.19)	2:32.94 (43.85)		
	3:02.05 (29.11)	3:41.64 (39.59)	4:22.63 (40.99)	5:01.14 (38.51)		
	5:34.58 (33.44)	6:11.71 (37.13)	6:50.98 (39.27)	7:26.35 (35.37)		
7	Eastern				7:20.00	7:27.49
	32.54	1:09.79 (37.25)	1:49.61 (39.82)	2:29.01 (39.40)		
	3:02.67 (33.66)	3:40.72 (38.05)	4:20.07 (39.35)	4:59.13 (39.06)		
	5:31.93 (32.80)	6:09.03 (37.10)	6:47.95 (38.92)	7:27.49 (39.54)		
8	Rancocas Valley				6:10.40	7:28.64
	32.60	1:11.57 (38.97)	1:53.76 (42.19)	2:34.93 (41.17)		
	3:06.54 (31.61)	3:43.64 (37.10)	4:23.99 (40.35)	5:02.12 (38.13)		
	5:34.14 (32.02)	6:12.27 (38.13)	6:52.40 (40.13)	7:28.64 (36.24)		
9	Paul VI				6:30.00	7:28.97
	32.09	1:08.21 (36.12)	1:45.76 (37.55)	2:23.53 (37.77)		
	3:01.38 (37.85)	3:44.56 (43.18)	4:28.32 (43.76)	5:11.09 (42.77)		
	5:28.57 (17.48)	6:16.20 (47.63)	6:53.89 (37.69)	7:28.97 (35.08)		
10	Lenape				7:35.00	7:39.53
	32.91	1:09.43 (36.52)	1:46.35 (36.92)	2:33.04 (46.69)		
	2:59.47 (26.43)	3:38.86 (39.39)	7:39.53 (1:24.90)			
---	Cape May Tech				7:50.00	NS

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Event 2 Men 600 Yard Freestyle Relay (3 x 200)

Meet Record: 5:16.89 R 2005				Cherry Hill West		
Team				Relay	Seed Time	Finals Time
1 Shawnee					5:45.00	5:44.13
	25.30	53.95 (28.65)	1:23.85 (29.90)	1:53.88 (30.03)		
	2:19.39 (25.51)	2:49.26 (29.87)	3:20.59 (31.33)	3:49.25 (28.66)		
	4:14.58 (25.33)	4:43.86 (29.28)	5:14.45 (30.59)	5:44.13 (29.68)		
2 Rancocas Valley					5:35.00	5:51.91
	24.61	52.58 (27.97)	1:21.53 (28.95)	1:49.83 (28.30)		
	2:16.20 (26.37)	2:46.22 (30.02)	3:17.43 (31.21)	3:48.27 (30.84)		
	4:14.96 (26.69)	4:46.37 (31.41)	5:19.48 (33.11)	5:51.91 (32.43)		
3 Moorestown					5:45.00	5:53.79
	25.74	54.03 (28.29)	1:23.56 (29.53)	1:52.73 (29.17)		
	2:18.85 (26.12)	2:48.31 (29.46)	3:18.76 (30.45)	3:48.19 (29.43)		
	4:16.45 (28.26)	4:47.91 (31.46)	5:21.14 (33.23)	5:53.79 (32.65)		
4 Cherokee					5:50.00	5:54.40
	26.65	56.70 (30.05)	1:27.93 (31.23)	1:58.87 (30.94)		
	2:26.03 (27.16)	2:56.89 (30.86)	3:28.53 (31.64)	4:00.12 (31.59)		
	4:26.39 (26.27)	4:55.43 (29.04)	5:25.16 (29.73)	5:54.40 (29.24)		
5 Cherry Hill East					6:00.00	5:59.39
	26.96	56.28 (29.32)	1:27.82 (31.54)	2:00.17 (32.35)		
	2:27.82 (27.65)	2:58.42 (30.60)	3:30.29 (31.87)	4:01.49 (31.20)		
	4:27.87 (26.38)	4:57.79 (29.92)	5:28.79 (31.00)	5:59.39 (30.60)		
6 Lenape					6:03.00	6:19.18
	25.20	53.32 (28.12)	1:22.65 (29.33)	1:51.62 (28.97)		
	2:24.26 (32.64)	2:59.61 (35.35)	3:35.34 (35.73)	4:11.18 (35.84)		
	4:28.48 (17.30)	5:13.69 (45.21)	5:47.61 (33.92)	6:19.18 (31.57)		
7 Washington Township					6:40.40	6:25.37
	26.06	55.05 (28.99)	1:25.96 (30.91)	1:56.98 (31.02)		
	2:23.97 (26.99)	2:54.86 (30.89)	3:26.95 (32.09)	3:59.74 (32.79)		
	4:30.42 (30.68)	5:06.94 (36.52)	5:46.25 (39.31)	6:25.37 (39.12)		
8 Eastern					6:45.00	6:29.48
	28.59	1:00.56 (31.97)	1:32.67 (32.11)	2:04.72 (32.05)		
	2:34.45 (29.73)	3:07.85 (33.40)	3:41.32 (33.47)	4:14.38 (33.06)		
	4:44.50 (30.12)	5:18.50 (34.00)	5:53.98 (35.48)	6:29.48 (35.50)		
9 Cherry Hill West					6:02.00	6:32.29
	27.32	58.95 (31.63)	1:34.44 (35.49)	2:11.35 (36.91)		
	2:38.11 (26.76)	3:09.91 (31.80)	3:44.61 (34.70)	4:18.47 (33.86)		
	4:47.29 (28.82)	5:21.34 (34.05)	5:57.66 (36.32)	6:32.29 (34.63)		
10 Haddonfield					6:04.05	6:58.62
	28.81	1:02.05 (33.24)	1:38.58 (36.53)	2:14.90 (36.32)		
	2:47.24 (32.34)	3:22.89 (35.65)	4:00.12 (37.23)	4:32.87 (32.75)		
	5:03.42 (30.55)	5:39.53 (36.11)	6:18.20 (38.67)	6:58.62 (40.42)		

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11 Paul VI				7:25.00	7:01.59
	29.33	1:02.44 (33.11)	1:38.08 (35.64)	2:11.64 (33.56)	
	2:38.03 (26.39)	3:10.69 (32.66)	3:45.81 (35.12)	4:21.55 (35.74)	
		7:01.97 ()	7:01.59 ()		
12 Cape May Tech				7:00.00	7:33.78
	32.29	1:10.37 (38.08)	1:52.37 (42.00)	2:35.90 (43.53)	
	3:11.70 (35.80)	3:54.12 (42.42)		5:30.21 ()	
	6:03.38 (33.17)	6:45.69 (42.31)	7:33.39 (47.70)	7:33.78 (0.39)	

Event 3 Women 200 Yard Medley Relay - Varsity (Any grade)

Meet Record: 1:53.50 R 2013 Cherry Hill West
1:47.14 AAC; 1:53.40 NJS

Team			Relay	Seed Time	Finals Time
1 Cherokee				1:58.00	1:57.98
	29.83	1:04.00 (34.17)	1:31.71 (27.71)	1:57.98 (26.27)	
2 Cherry Hill East				1:58.69	1:58.02
	30.74	1:02.86 (32.12)	1:32.03 (29.17)	1:58.02 (25.99)	
3 Eastern				1:58.00	1:59.45
	31.37	1:04.01 (32.64)	1:31.86 (27.85)	1:59.45 (27.59)	
4 Rancocas Valley				2:01.00	2:03.26
	31.15	1:05.10 (33.95)	1:35.24 (30.14)	2:03.26 (28.02)	
5 Shawnee				1:57.22	2:05.42
	31.50		1:38.47 ()	2:05.42 (26.95)	
6 Haddonfield				1:58.10	2:09.59
	34.82	1:09.18 (34.36)	1:39.63 (30.45)	2:09.59 (29.96)	
7 Cherry Hill West				1:58.00	2:09.76
	31.13	1:06.09 (34.96)	1:46.42 (40.33)	2:09.76 (23.34)	
8 Lenape				2:15.00	2:10.30
	34.45	1:10.21 (35.76)	1:43.04 (32.83)	2:10.30 (27.26)	
9 Washington Township				2:06.76	2:11.58
	35.36	1:13.66 (38.30)	1:43.76 (30.10)	2:11.58 (27.82)	
10 Cape May Tech				2:19.00	2:23.63
	38.00	1:18.41 (40.41)	1:53.21 (34.80)	2:23.63 (30.42)	
--- Paul VI				2:13.00	DQ
	48.77	1:33.45 (44.68)	2:28.94 (55.49)	DQ (34.56)	

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Event 4 Men 200 Yard Medley Relay - Varsity (Any grade)

Meet Record:		1:37.32 R 2010	Saint Augustine	
	1:35.43 AAC;		1:42.43 NJS	
Team		Relay	Seed Time	Finals Time
1 Cherokee			1:43.00	1:41.20 NJS
	26.30	54.23 (27.93)	1:18.68 (24.45)	1:41.20 (22.52)
2 Rancocas Valley			1:44.00	1:42.48
	25.14	54.95 (29.81)	1:18.90 (23.95)	1:42.48 (23.58)
3 Moorestown			1:44.00	1:44.01
	26.39	55.48 (29.09)	1:19.98 (24.50)	1:44.01 (24.03)
4 Washington Township			1:48.05	1:44.03
	26.95	55.85 (28.90)	1:21.16 (25.31)	1:44.03 (22.87)
5 Lenape			1:43.00	1:44.61
	26.41	56.91 (30.50)	1:21.24 (24.33)	1:44.61 (23.37)
6 Shawnee			1:43.00	1:45.03
	25.93	55.03 (29.10)	1:21.09 (26.06)	1:45.03 (23.94)
7 Eastern			1:50.00	1:49.47
	27.27	56.12 (28.85)	1:24.85 (28.73)	1:49.47 (24.62)
8 Cherry Hill East			1:46.00	1:49.50
	29.31	58.91 (29.60)	1:25.45 (26.54)	1:49.50 (24.05)
9 Cherry Hill West			1:45.00	1:50.84
	27.51	59.17 (31.66)	1:25.04 (25.87)	1:50.84 (25.80)
10 Haddonfield			1:46.51	1:52.16
	27.11	1:02.51 (35.40)	1:28.46 (25.95)	1:52.16 (23.70)
11 Paul VI			2:00.00	2:07.22
	42.29	1:07.31 (25.02)	1:38.60 (31.29)	2:07.22 (28.62)
12 Cape May Tech			2:06.00	2:12.98
	35.30	1:16.21 (40.91)	1:44.11 (27.90)	2:12.98 (28.87)

Event 5 Women 200 Yard Medley Relay - Grades 9 and 10

Meet Record:		1:54.29 R 2000	Haddonfield	
	1:47.14 AAC;		1:53.40 NJS	
Team		Relay	Seed Time	Finals Time
1 Cherry Hill East			2:00.59	1:56.62
	29.14	1:00.41 (31.27)	1:30.66 (30.25)	1:56.62 (25.96)
2 Shawnee			2:00.00	2:01.30
	31.07	1:05.23 (34.16)	1:34.68 (29.45)	2:01.30 (26.62)

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3	Haddonfield				1:59.20	2:01.97
		31.92	1:07.10 (35.18)	1:35.80 (28.70)	2:01.97 (26.17)	
4	Lenape				2:10.00	2:10.49
		31.87	1:08.97 (37.10)	1:40.91 (31.94)	2:10.49 (29.58)	
5	Cherry Hill West				2:04.00	2:12.47
		35.75	1:11.33 (35.58)	1:43.38 (32.05)	2:12.47 (29.09)	
6	Eastern				2:10.00	2:14.54
		36.43	1:16.88 (40.45)	1:46.72 (29.84)	2:14.54 (27.82)	
7	Washington Township				2:16.98	2:18.90
		36.89	1:16.08 (39.19)	1:49.53 (33.45)	2:18.90 (29.37)	
8	Rancocas Valley				2:12.00	2:22.58
		36.75	1:15.83 (39.08)	1:51.99 (36.16)	2:22.58 (30.59)	
9	Cape May Tech				2:32.00	2:32.97
		40.45	1:20.31 (39.86)	2:00.36 (40.05)	2:32.97 (32.61)	
10	Paul VI				2:20.00	2:58.44
		35.77	1:26.37 (50.60)	2:09.36 (42.99)	2:58.44 (49.08)	
---	Cherokee				2:30.00	DQ
		36.69	1:16.39 (39.70)	1:56.18 (39.79)	DQ (37.75)	

Event 6 Men 200 Yard Medley Relay - Grades 9 and 10

Meet Record: 1:41.47 R 2004 Bishop Eustace
1:35.43 AAC; 1:42.43 NJS

	Team		Relay		Seed Time	Finals Time
1	Shawnee				1:46.00	1:48.00
		28.54	58.18 (29.64)	1:24.10 (25.92)	1:48.00 (23.90)	
2	Cherokee				1:49.00	1:49.35
		27.88	58.77 (30.89)	1:24.15 (25.38)	1:49.35 (25.20)	
3	Cherry Hill East				1:49.50	1:51.80
		29.84	59.82 (29.98)	1:27.63 (27.81)	1:51.80 (24.17)	
4	Eastern				2:05.00	1:52.72
		31.56	1:04.35 (32.79)	1:29.39 (25.04)	1:52.72 (23.33)	
5	Moorestown				1:48.50	1:52.73
		30.25	1:05.49 (35.24)	1:28.50 (23.01)	1:52.73 (24.23)	
6	Lenape				1:52.00	1:54.51
		29.04	1:00.52 (31.48)	1:28.87 (28.35)	1:54.51 (25.64)	
7	Haddonfield				1:47.52	1:56.84
		29.15	1:01.80 (32.65)	1:30.93 (29.13)	1:56.84 (25.91)	

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8	Rancocas Valley				1:50.00	1:57.22
		30.45	1:02.58 (32.13)	1:31.44 (28.86)	1:57.22 (25.78)	
9	Paul VI				2:00.00	2:00.73
		28.74	1:03.50 (34.76)	1:34.26 (30.76)	2:00.73 (26.47)	
10	Cape May Tech				2:03.00	2:04.76
		31.38	1:06.11 (34.73)	1:39.05 (32.94)	2:04.76 (25.71)	
11	Cherry Hill West				2:00.00	2:11.38
		32.03	1:10.86 (38.83)	1:40.62 (29.76)	2:11.38 (30.76)	
12	Washington Township				2:15.80	2:12.91
		40.75	1:15.35 (34.60)	1:46.24 (30.89)	2:12.91 (26.67)	

Event 7 Women 200 Yard Backstroke Relay

Meet Record: 1:55.37 R 1999 Cherry Hill West

	Team		Relay		Seed Time	Finals Time
1	Cherry Hill East				2:00.97	1:58.79
		33.32	1:04.17 (30.85)	1:30.05 (25.88)	1:58.79 (28.74)	
2	Cherry Hill West				2:03.00	2:00.17
		31.44	1:02.66 (31.22)	1:31.21 (28.55)	2:00.17 (28.96)	
3	Lenape				2:12.00	2:06.40
		36.25	1:04.40 (28.15)	1:36.24 (31.84)	2:06.40 (30.16)	
4	Shawnee				2:02.34	2:12.62
		38.32	1:09.22 (30.90)	1:39.89 (30.67)	2:12.62 (32.73)	
5	Eastern				2:13.00	2:13.01
		38.40	1:10.87 (32.47)	1:42.15 (31.28)	2:13.01 (30.86)	
6	Rancocas Valley				2:16.00	2:18.82
		36.77	1:10.54 (33.77)	1:44.58 (34.04)	2:18.82 (34.24)	
7	Haddonfield				2:05.10	2:20.12
		36.10	1:17.21 (41.11)	1:47.08 (29.87)	2:20.12 (33.04)	
8	Washington Township				2:20.10	2:25.54
		46.12	1:15.44 (29.32)	1:52.28 (36.84)	2:25.54 (33.26)	
9	Cape May Tech				2:40.00	2:40.02
		39.05	1:22.53 (43.48)	1:59.81 (37.28)	2:40.02 (40.21)	
10	Cherokee				2:10.00	2:47.09
11	Paul VI				2:10.00	2:48.33
		34.89	1:29.35 (54.46)	2:48.33 (1:18.98)		

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Event 8 Men 200 Yard Backstroke Relay

Meet Record: 1:40.37 R 2014		Rancocas Valley			
Team			Relay	Seed Time	Finals Time
1	Moorestown			1:47.00	1:43.73
	29.91	54.57 (24.66)	1:19.30 (24.73)	1:43.73 (24.43)	
2	Cherokee			1:48.00	1:45.72
	27.79	54.78 (26.99)	1:21.70 (26.92)	1:45.72 (24.02)	
3	Shawnee			1:50.00	1:49.35
	30.26	56.66 (26.40)	1:24.32 (27.66)	1:49.35 (25.03)	
4	Cherry Hill East			1:51.00	1:52.60
	29.14	56.58 (27.44)	1:24.48 (27.90)	1:52.60 (28.12)	
5	Haddonfield			1:56.30	1:55.00
	29.30	58.66 (29.36)	1:29.05 (30.39)	1:55.00 (25.95)	
6	Lenape			1:55.00	1:56.37
	26.81	57.63 (30.82)	1:28.43 (30.80)	1:56.37 (27.94)	
7	Rancocas Valley			1:45.00	1:57.09
	29.71	59.61 (29.90)	1:28.92 (29.31)	1:57.09 (28.17)	
8	Eastern			2:08.00	1:57.48
	27.08	55.81 (28.73)	1:25.23 (29.42)	1:57.48 (32.25)	
9	Washington Township			2:12.50	2:02.61
	28.64	58.61 (29.97)	1:32.07 (33.46)	2:02.61 (30.54)	
10	Cherry Hill West			2:02.00	2:09.41
	33.12	1:05.69 (32.57)	1:39.02 (33.33)	2:09.41 (30.39)	
11	Cape May Tech			2:15.00	2:28.57
	34.97	1:09.72 (34.75)	1:46.22 (36.50)	2:28.57 (42.35)	
12	Paul VI			2:22.00	2:41.25
	42.94	1:11.15 (28.21)	2:03.91 (52.76)	2:41.25 (37.34)	

Event 9 Women 200 Yard Butterfly Relay

Meet Record: 1:52.34 R 2000		Haddonfield			
Team			Relay	Seed Time	Finals Time
1	Cherry Hill East			1:58.60	1:56.63
	28.57	57.81 (29.24)	1:27.29 (29.48)	1:56.63 (29.34)	
2	Cherry Hill West			2:00.00	1:58.23
	29.77	1:10.36 (40.59)	1:31.24 (20.88)	1:58.23 (26.99)	
3	Eastern			2:00.00	2:01.09
	32.42	1:03.89 (31.47)	1:33.58 (29.69)	2:01.09 (27.51)	
4	Haddonfield			1:55.95	2:01.80
	30.98	1:00.12 (29.14)	1:29.25 (29.13)	2:01.80 (32.55)	

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5	Shawnee				2:08.13	2:04.20
		31.23	1:01.36 (30.13)	1:34.91 (33.55)	2:04.20 (29.29)	
6	Rancocas Valley				2:21.00	2:07.78
		31.66	1:04.72 (33.06)	1:37.31 (32.59)	2:07.78 (30.47)	
7	Washington Township				2:13.10	2:12.69
		34.76	1:08.99 (34.23)	2:12.69 (1:03.70)		
8	Lenape				2:21.00	2:12.78
		31.62	1:06.41 (34.79)	1:39.54 (33.13)	2:12.78 (33.24)	
9	Paul VI				2:12.00	2:22.23
		31.62	1:03.19 (31.57)	1:45.65 (42.46)	2:22.23 (36.58)	
10	Cape May Tech				2:35.00	2:32.97
		35.30	1:16.22 (40.92)	2:01.98 (45.76)	2:32.97 (30.99)	
11	Cherokee				2:15.00	2:42.64
		39.47	1:15.76 (36.29)	2:04.84 (49.08)	2:42.64 (37.80)	

Event 10 Men 200 Yard Butterfly Relay

Meet Record: 1:38.66 R 2014		Moorestown			
Team		Relay		Seed Time	Finals Time
1	Cherokee			1:40.00	1:40.35
		24.79	50.22 (25.43)	1:15.91 (25.69)	1:40.35 (24.44)
2	Rancocas Valley			1:48.00	1:43.08
		24.73	52.35 (27.62)	1:18.99 (26.64)	1:43.08 (24.09)
3	Cherry Hill East			1:45.00	1:45.63
		27.05	53.88 (26.83)	1:20.03 (26.15)	1:45.63 (25.60)
4	Shawnee			1:47.00	1:46.22
		26.03	53.30 (27.27)	1:20.25 (26.95)	1:46.22 (25.97)
5	Lenape			1:48.00	1:49.41
		27.89	55.68 (27.79)	1:23.99 (28.31)	1:49.41 (25.42)
6	Moorestown			1:46.00	1:49.85
		28.43	54.70 (26.27)	1:24.82 (30.12)	1:49.85 (25.03)
7	Eastern			2:00.00	1:51.04
		25.53	54.40 (28.87)	1:21.31 (26.91)	1:51.04 (29.73)
8	Haddonfield			1:48.99	1:51.84
		28.53	55.98 (27.45)	1:24.68 (28.70)	1:51.84 (27.16)
9	Cherry Hill West			1:55.00	1:52.32
		27.07	53.59 (26.52)	1:25.52 (31.93)	1:52.32 (26.80)
10	Washington Township			2:05.65	1:58.46
		26.24	55.76 (29.52)	1:32.81 (37.05)	1:58.46 (25.65)

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11	Paul VI				2:12.00	2:05.08
		31.95	1:02.00 (30.05)	1:32.43 (30.43)	2:05.08 (32.65)	
12	Cape May Tech				2:05.00	2:06.04
		29.52	1:01.36 (31.84)	1:30.04 (28.68)	2:06.04 (36.00)	

Event 11 Women 200 Yard Freestyle Relay - Varsity (Any grade)

Meet Record: 1:43.21 R 2008 Cherry Hill East
1:37.39 AAC; 1:42.74 NJS

	Team		Relay		Seed Time	Finals Time
1	Cherokee				1:43.00	1:47.61
		26.83	54.26 (27.43)	1:21.73 (27.47)	1:47.61 (25.88)	
2	Cherry Hill East				1:46.52	1:48.97
		28.12	55.88 (27.76)	1:22.52 (26.64)	1:48.97 (26.45)	
3	Eastern				1:50.00	1:50.96
		28.73	57.09 (28.36)	1:24.47 (27.38)	1:50.96 (26.49)	
4	Rancocas Valley				1:59.00	1:51.89
		28.48	55.51 (27.03)	1:24.21 (28.70)	1:51.89 (27.68)	
5	Lenape				1:55.00	1:53.68
		28.63	58.63 (30.00)	1:26.12 (27.49)	1:53.68 (27.56)	
6	Paul VI				2:00.00	1:53.96
		24.56	51.28 (26.72)	1:22.17 (30.89)	1:53.96 (31.79)	
7	Haddonfield				1:53.12	1:54.44
		27.71	55.37 (27.66)	1:25.98 (30.61)	1:54.44 (28.46)	
8	Washington Township				1:58.13	1:56.02
		29.39	59.35 (29.96)	1:28.33 (28.98)	1:56.02 (27.69)	
9	Shawnee				1:56.75	1:58.07
		32.02	1:04.06 (32.04)	1:58.07 (54.01)		
10	Cherry Hill West				1:57.00	2:01.27
		29.61	59.13 (29.52)	1:30.18 (31.05)	2:01.27 (31.09)	
11	Cape May Tech				2:05.00	2:05.50
		30.45	1:04.30 (33.85)	1:34.00 (29.70)	2:05.50 (31.50)	

Event 12 Men 200 Yard Freestyle Relay - Varsity (Any grade)

Meet Record: 1:27.96 R 2006 Cherry Hill West
1:26.28 AAC; 1:32.33 NJS

	Team		Relay		Seed Time	Finals Time
1	Washington Township				1:44.33	1:31.71 NJS
		23.68	46.90 (23.22)	1:09.83 (22.93)	1:31.71 (21.88)	
2	Cherokee				1:32.50	1:32.79

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3	Rancocas Valley	23.40 46.53 (23.13)	1:10.07 (23.54)	1:32.79 (22.72) 1:34.00	1:34.07
4	Lenape	21.76 47.20 (25.44)	1:11.26 (24.06)	1:34.07 (22.81) 1:34.00	1:34.92
5	Eastern	13.21 47.60 (34.39)	1:18.28 (30.68)	1:34.92 (16.64) 1:42.00	1:35.66
6	Cherry Hill East	24.39 48.12 (23.73)	1:12.52 (24.40)	1:35.66 (23.14) 1:33.00	1:37.57
7	Cherry Hill West	24.38 47.78 (23.40)	1:12.85 (25.07)	1:37.57 (24.72) 1:34.00	1:38.92
8	Shawnee	24.86 49.87 (25.01)	1:13.22 (23.35)	1:38.92 (25.70) 1:40.00	1:39.34
9	Paul VI	25.32 49.79 (24.47)	1:14.79 (25.00)	1:39.34 (24.55) 1:50.00	1:39.89
10	Haddonfield	26.36 52.36 (26.00)	1:15.92 (23.56)	1:39.89 (23.97) 1:37.56	1:39.94
11	Moorestown	23.85 47.32 (23.47)	1:11.49 (24.17)	1:39.94 (28.45) 1:33.00	1:41.22
12	Cape May Tech	23.52 50.06 (26.54)	1:16.69 (26.63)	1:41.22 (24.53) 1:45.00	1:54.79
		27.87 56.95 (29.08)	1:27.73 (30.78)	1:54.79 (27.06)	

Event 13 Women 200 Yard Freestyle Relay - Grades 9 and 10

Meet Record: 1:43.62 R 2005 Cherry Hill West
1:37.39 AAC; 1:42.74 NJS

	Team		Relay	Seed Time	Finals Time
1	Cherry Hill East			1:47.00	1:45.98
2	Haddonfield	25.61 52.05 (26.44)	1:19.78 (27.73)	1:45.98 (26.20) 1:51.25	1:48.93
3	Shawnee	26.22 53.65 (27.43)	1:21.29 (27.64)	1:48.93 (27.64) 1:58.00	1:56.24
4	Eastern	30.05 59.86 (29.81)	1:28.72 (28.86)	1:56.24 (27.52) 1:57.00	1:56.58
5	Lenape	29.48 1:00.23 (30.75)	1:29.04 (28.81)	1:56.58 (27.54) 2:05.00	1:59.62
6	Cherry Hill West	30.51 1:00.70 (30.19)	1:31.20 (30.50)	1:59.62 (28.42) 1:58.00	2:00.77
		33.50 1:03.75 (30.25)	1:32.87 (29.12)	2:00.77 (27.90)	

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7	Rancocas Valley				2:06.00	2:02.55
		30.30	1:02.37 (32.07)	1:33.15 (30.78)	2:02.55 (29.40)	
8	Washington Township				1:59.10	2:04.57
		31.95	1:03.48 (31.53)	1:33.75 (30.27)	2:04.57 (30.82)	
9	Cherokee				2:05.00	2:14.66
		33.14	1:04.70 (31.56)	1:40.92 (36.22)	2:14.66 (33.74)	
10	Cape May Tech				2:15.00	2:17.29
		36.23	1:11.53 (35.30)	1:44.26 (32.73)	2:17.29 (33.03)	
11	Paul VI				2:10.00	2:25.32
		33.87	1:04.93 (31.06)	1:48.90 (43.97)	2:25.32 (36.42)	

Event 14 Men 200 Yard Freestyle Relay - Grades 9 and 10

Meet Record: 1:32.82 R 2005 Cherry Hill West
1:26.28 AAC; 1:32.33 NJS

	Team		Relay		Seed Time	Finals Time
1	Shawnee				1:37.00	1:36.05
		24.29	48.16 (23.87)	1:12.22 (24.06)	1:36.05 (23.83)	
2	Cherokee				1:38.00	1:38.53
		24.92	50.00 (25.08)	1:15.05 (25.05)	1:38.53 (23.48)	
3	Cherry Hill East				1:34.00	1:40.53
		24.97	51.43 (26.46)	1:16.59 (25.16)	1:40.53 (23.94)	
4	Lenape				1:42.00	1:43.01
		25.33	51.67 (26.34)	1:17.86 (26.19)	1:43.01 (25.15)	
5	Moorestown				1:39.00	1:43.13
		24.67	51.08 (26.41)	1:17.45 (26.37)	1:43.13 (25.68)	
6	Eastern				2:00.00	1:43.41
		26.96	52.98 (26.02)	1:18.10 (25.12)	1:43.41 (25.31)	
7	Rancocas Valley				1:40.00	1:44.74
		25.52	52.40 (26.88)	1:18.27 (25.87)	1:44.74 (26.47)	
8	Haddonfield				1:44.50	1:44.82
		26.73	52.31 (25.58)	1:18.85 (26.54)	1:44.82 (25.97)	
9	Cape May Tech				1:50.00	1:51.22
		26.33	53.41 (27.08)	1:21.94 (28.53)	1:51.22 (29.28)	
10	Paul VI				1:52.00	1:58.98
		27.56	51.96 (24.40)	1:28.97 (37.01)	1:58.98 (30.01)	
11	Washington Township				1:58.20	2:00.14
		26.23	1:02.11 (35.88)	1:27.05 (24.94)	2:00.14 (33.09)	

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12	Cherry Hill West			1:50.00	2:03.25
	28.89	57.96 (29.07)	1:30.82 (32.86)	2:03.25 (32.43)	

Event 15 Women 200 Yard Breaststroke Relay

Meet Record: 2:07.97 R 2009

Moorestown

	Team		Relay	Seed Time	Finals Time
1	Cherry Hill East			2:15.10	2:12.92
	31.60	1:06.92 (35.32)	1:39.13 (32.21)	2:12.92 (33.79)	
2	Cherry Hill West			2:17.00	2:18.67
	34.81	1:10.80 (35.99)	1:47.56 (36.76)	2:18.67 (31.11)	
3	Haddonfield			2:13.14	2:20.44
	34.74	1:09.80 (35.06)	1:42.52 (32.72)	2:20.44 (37.92)	
4	Shawnee			2:28.18	2:21.75
	37.51	1:15.42 (37.91)	1:48.52 (33.10)	2:21.75 (33.23)	
5	Lenape			2:30.00	2:26.15
	40.12	1:18.05 (37.93)	1:53.17 (35.12)	2:26.15 (32.98)	
6	Eastern			2:28.00	2:29.26
	32.93	1:11.51 (38.58)	1:49.09 (37.58)	2:29.26 (40.17)	
7	Rancocas Valley			2:35.00	2:31.99
	39.83	1:18.13 (38.30)	1:57.81 (39.68)	2:31.99 (34.18)	
8	Washington Township			2:30.10	2:42.33
	42.56	1:25.07 (42.51)	2:04.46 (39.39)	2:42.33 (37.87)	
9	Cherokee			2:24.00	2:51.85
	42.59	1:22.48 (39.89)	2:13.37 (50.89)	2:51.85 (38.48)	
10	Cape May Tech			2:45.00	2:58.67
	42.00	1:29.84 (47.84)	2:18.48 (48.64)	2:58.67 (40.19)	
---	Paul VI			2:20.00	DQ
	39.10	1:37.26 (58.16)	DQ (44.98)		

Event 16 Men 200 Yard Breaststroke Relay

Meet Record: 1:53.46 R 2007

Cherry Hill East

	Team		Relay	Seed Time	Finals Time
1	Shawnee			1:58.00	1:59.18
	29.29	1:00.23 (30.94)	1:30.18 (29.95)	1:59.18 (29.00)	
2	Cherry Hill East			1:56.00	1:59.61
	30.31	1:01.07 (30.76)	1:30.27 (29.20)	1:59.61 (29.34)	
3	Cherokee			2:00.00	2:03.72
	31.15	1:02.56 (31.41)	1:35.92 (33.36)	2:03.72 (27.80)	

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4	Moorestown			1:59.00	2:04.15
		33.31	1:02.26 (28.95)	1:36.74 (34.48)	2:04.15 (27.41)
5	Lenape			2:03.00	2:05.34
		29.39	1:02.62 (33.23)	1:34.53 (31.91)	2:05.34 (30.81)
6	Rancocas Valley			2:09.00	2:07.96
		32.91	1:07.16 (34.25)	1:38.19 (31.03)	2:07.96 (29.77)
7	Eastern			2:20.00	2:08.16
		29.54	1:06.29 (36.75)	1:36.38 (30.09)	2:08.16 (31.78)
8	Cherry Hill West			2:10.00	2:14.14
		31.53	1:10.82 (39.29)	1:42.34 (31.52)	2:14.14 (31.80)
9	Washington Township			2:09.50	2:14.36
		29.36	1:04.45 (35.09)	1:40.26 (35.81)	2:14.36 (34.10)
10	Haddonfield			1:59.99	2:20.27
		32.52	1:08.62 (36.10)	1:47.65 (39.03)	2:20.27 (32.62)
11	Paul VI			2:32.00	2:21.77
		36.73	1:11.95 (35.22)	1:46.54 (34.59)	2:21.77 (35.23)
12	Cape May Tech			2:30.00	2:30.89
		36.54	1:18.14 (41.60)	1:56.72 (38.58)	2:30.89 (34.17)

Event 17 Women 100 Yard Freestyle Relay - Winner is closest to 1:00, +/- .1

Meet Record:	1:00.02	R	2015	Eastern		
Team				Relay	Seed Time	Finals Time
1	Lenape				NT	58.36
		29.66	58.36 (28.70)			
2	Haddonfield				NT	59.16
		32.37	59.16 (26.79)			
3	Cherry Hill East				NT	59.49
		29.36	59.49 (30.13)			
4	Cherry Hill West				NT	59.53
		30.70	59.53 (28.83)			
5	Rancocas Valley				NT	59.54
		29.34	59.54 (30.20)			
6	Cherokee				NT	59.63
		29.30	59.63 (30.33)			
7	Cape May Tech				NT	1:01.34
		31.66	1:01.34 (29.68)			
8	Shawnee				NT	1:02.51
		31.85	1:02.51 (30.66)			

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9	Eastern			NT	1:02.74
		34.75	1:02.74 (27.99)		
10	Washington Township			NT	1:06.96
		31.88	1:06.96 (35.08)		
11	Paul VI			NT	1:07.17
		33.70	1:07.17 (33.47)		

Event 18 Men 100 Yard Freestyle Relay - Winner is closest to 1:00, +/- !

Meet Record: 1:00.01 R 2009

Triton
Relay

	Team			Seed Time	Finals Time
1	Paul VI			NT	53.52
		26.87	53.52 (26.65)		
2	Cherokee			NT	56.08
		27.43	56.08 (28.65)		
3	Lenape			NT	56.58
		35.28	56.58 (21.30)		
4	Shawnee			NT	56.95
		31.91	56.95 (25.04)		
5	Moorestown			NT	58.30
		30.40	58.30 (27.90)		
6	Eastern			NT	58.39
		28.10	58.39 (30.29)		
7	<i>Cape May Tech</i>			<i>NT</i>	<i>1:00.11</i>
		30.68	1:00.11 (29.43)		
8	Cherry Hill East			NT	1:00.91
		27.88	1:00.91 (33.03)		
9	Rancocas Valley			NT	1:01.83
		28.55	1:01.83 (33.28)		
10	Washington Township			NT	1:02.49
		34.20	1:02.49 (28.29)		
11	Cherry Hill West			NT	1:02.99
		32.33	1:02.99 (30.66)		
12	Haddonfield			NT	1:03.00
		32.87	1:03.00 (30.13)		

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Female Team Scores

Place	School		Points
1	Cherry Hill East (Div. A 1st Place)	CHE	300
2	Shawnee (Div. A 2nd Place)	SHW	244
3	Haddonfield (Div. B 1st Place)	HFD	234
4	Eastern (Div. A 3rd Place)	EAS	230
5	Cherry Hill West	CHW	224
6	Lenape	LNP	208
7	Rancocas Valley	RVY	204
8	Washington Township	WTP	184
9	Cherokee	CHK	178
10	Cape May Tech (Div. B 2nd Place)	CMT	110
Total			2,116.00

Male Team Scores

Place	School		Points
1	Cherokee (Div. A 1st Place)	CHK	278
2	Shawnee (Div. A 2nd Place)	SHW	270
3	Cherry Hill East (Div. A 3rd Place)	CHE	236
4	Rancocas Valley	RVY	230
5	Moorestown (Div. B 1st Place)	MTN	228
6	Lenape	LNP	222
7	Eastern	EAS	200
8	Washington Township	WTP	166
9	Haddonfield (Div. B 2nd Place)	HFD	152
10	Cherry Hill West	CHW	136
11	Paul VI	PAU	108
12	Cape May Tech (Div. B 3rd Place)	CMT	94
Total			2,320.00