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**The Fortieth Annual  
All-South Jersey  
Swimming & Diving Awards Banquet**



**Sponsored by**  
**The South Jersey Interscholastic Swimming Association**  
**& The William J. Lyons Chapter of the NJSOA**

**Masso's Crystal Manor  
Glassboro, New Jersey  
Monday, March 21, 2016**

# Tonight's Program:

➤ Welcome / Invocation

➤ The Bill Maschke Scholar-Athlete Awards

➤ The NISCA Outstanding Official Award

➤ The Eileen Tallman Memorial Scholarship Award

➤ The William Lyons Jr. Memorial Award

➤ The Angela Hallerud

Newcomer of the Year Award

➤ The Ray Hegel Award

➤ The John Bohanna

Most Courageous Award

➤ The Candy Fenton

Manager of the Year Award

➤ The Jim Roach Diver of the Year Awards

➤ The Swimmer of the Year Awards

➤ Team State Tournament Qualifiers and Section/State Champions Recognition

➤ Individual State Champion Awards

➤ The William J. Lyons

Team Sportsmanship Award

➤ The All-South Jersey Teams

➤ The Coaches of the Year

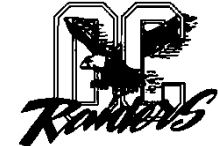
# Congratulations to our champions & finalists!

Public B Boys  
South Section &  
State Champion



Mainland

Public B Girls  
South Section &  
State Champion



Ocean City

Public B Boys  
Central Section  
Champion



Moorestown



Public C Boys  
South Section Champ  
& State Finalist



Haddonfield

Public A Girls  
South Section  
Champion



Egg Harbor Twp.

Public C Girls  
South Section Champ  
& State Finalist



Haddonfield

Public A Boys  
South Section &  
State Finalist



Cherry Hill East

Non-Public A  
Girls State Finalist



Bishop Eustace

# **The SJISA wishes to extend very special thanks to:**

♥ **Chris Miller** and the entire

**GCIT Aquatic Staff** for their very capable hosting of our very successful diving, Invitational & McNitt meets.

♥ The absolutely irreplaceable, irrepressible and truly wonderful

**Ms. Lynn McNitt** without whom the organization would not run as smoothly as we have all become accustomed.

♥ All the coaches, parents and athletes who supported swimming throughout the season.

♥ **The South Jersey Swimming Officials of the William J. Lyons Chapter** with their continued support and expertise throughout the year in all aspects of the sport.

♥ **Designer-T's** for their great shirts.

♥ **Paul's Trophies** for their continued masterful service to high school swimming in South Jersey.

♥ Special thanks go to the **Cape May County Technical School District** for the production of these banquet programs and our Invitationals' meet programs.

# **The South Jersey Interscholastic Swimming Association Trustees**

**President** – Matt McElroy, Cape May Tech

**Vice-President** – Joe Pegues, Gateway/Woodbury

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Stephen Tucker, Kingsway

**Advisor** – Kevin Nolan, Gloucester Catholic

**Tech Coordinator/Advisor** – Scott Sweeten, C.H. West

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# The Bill Maschke Scholar-Athlete Awards

The SJISA is pleased to present this award in the memory of Bill Maschke, an outstanding scholar, swimmer and coach here in South Jersey. A \$500 scholarship will be awarded to a maximum of four males and four females from the senior class that are chosen by a special committee from a pool of qualified applicants whose coaches have submitted transcripts, meet sheets and other supporting documents. To be considered, an applicant must have carried a minimum cumulative 3.7 GPA (on a weighted 4.0 scale) through seven semesters of work and have participated in 80% of the team's meets during the season. The committee evaluates the criteria based on a point system approved by the general membership and the award's winners are selected out of the pool of qualifying finalists by the committee. A maximum of four runner-ups for each gender will each receive a \$100 award.

**Pat Cusak, Ocean City**  
**Jacob Fleischer, Shawnee**  
**Kara Anderson, Cherokee**  
**Emily Danilak, Kingsway**

**Tom Cusak, Ocean City**  
**Matt Schillaci, Glassboro**  
**Colleen Clancy, Cherry Hill West**  
**Kaitlyn Weatherby, GCIT**

\$100 honorees: Emmitt Albadri, Haddon Twp.; Mike Juliano, Mainland; Marut Ruval, Kingsway; Alexandra Bromley, Eastern; Jilian Bujanowski, Holy Cross; Jaclyn Gehring, Cape May Tech; Melanie Milam, Vineland

## Previous recipients of the Bill Maschke Award:

- 2015 Nick Cianci, Washington Twp.; Colin McHugh, St. Augustine; Hunter McNamara, Clearview; Dragan Vujovic, Lenape; Kaitlyn Conrow, Vineland; Jennifer Klavens, Washington Twp.; Marissa Moskalow, Clearview; Isabel Obregon, Cherokee
- 2014 Brad Donohue, Haddon Twp.; Conrad Eisenhardt, Clearview; Liam Mahoney, C.H. East; Michael Scheipe, Lenape; Brittany Bayes, Clearview; Kacie Dunham, Shawnee; Rachel Kessler, Atlantic City; Maddison Parry, Cinnaminson
- 2013 Justin Harvie, Washington Twp.; Chris McClintock, Mainland; John Morris, Cumberland; Andrew Mottola, Sterling; Colleen Callahan, Ayana Cox, Melissa Toy, & Dominique Voso, Atlantic City
- 2012 Jack Gilligan, Shawnee; Joseph Lakits, Pitman; Tom Rebbecchi, C.H. West; Rick Seffrin, Glassboro; Marlee Ehrlich, C.H. East; Lauren Huckel, Cinnaminson; Jennifer Kaufman, Atlantic City; Megan Norton, Ocean City
- 2011 Christopher Campbell, Holy Cross; David Campbell, Eastern; Michael Thomas, Holy Cross; Zachary Wister, Haddon Heights; Kaitlin Hare, Oakcrest; Lexi Misiewicz, Sacred Heart; Amanda Pegues, Gloucester Catholic
- 2010 Dale Davis & Brian Sullivan, Gateway/Woodbury; Chelsea Cioffi, Pitman; Shannon Donohue, Haddon Twp.; Maureen McCotter, Bishop Eustace; Amanda Zipf, Egg Harbor Twp.
- 2009 Colleen McClintock, Mainland; Carly Misiewicz, Sacred Heart
- 2008 Dave Heinemann, Egg Harbor Twp.; Michael Rebuck, Moorestown
- 2007 Carolyn Brooks, Vineland; Jill Smaniotto, Millville
- 2006 Joe Contino, Cumberland; Matt Cramer, Gateway
- 2005 Stevi Anderson, Vineland; Maureen O'Neill, Cherry Hill West
- 2004 Evan Schindewolf, Egg Harbor Twp.; Andrew Wood, Washington Twp.
- 2003 Tiffany Malatesta, Vineland; Kelly Williams, Washington Twp.; Josh Bryan, Cherokee; Eric Mooney, Holy Spirit
- 2002 Julia Brinberg, Atlantic City; Danielle Trinkner, Triton; P.J. Ritter, Cumberland; Craig Schindewolf, Egg Harbor Twp.
- 2001 Jessica Cobb, Moorestown; Julia Pustizzi, Vineland; Michael Cobby, Eastern; Joe Madres, Cherry Hill West
- 2000 Emily Bateman, Mainland; Amanda Smaniotto, Millville; Nikhil Thakeer, Eastern; David Traini, Moorestown
- 1999 Sara Jaggi, Haddon Heights; Caroline Merighi, Vineland; Tom Bogle, Eastern; Richard Logar, Shawnee
- 1998 Deanna Kloss, Holy Cross; Heather Mierkowski, Audubon; Jason Jennings, Cherry Hill West; Joe Murowany, Millville
- 1997 Katie Kopil, Cherry Hill West; Erin Sykes, Holy Spirit; Michael Mierkowski, Audubon; Ryan Restrepo, Haddon Heights
- 1996 Kristie Herbst, West Deptford; Shannon Lynch, Lenape; Sean Patterson, Haddon Heights; Joe Petrini, Gateway
- 1995 Anne-Marie Casperite, Holy Cross; Kathleen Kennedy, Delran; Kate McDonnel, Haddon Twp.; Charles Gersbach, Shawnee; Joe Molle, Pitman
- 1994 Lisa Marandola, St. James; Karyn Singer, Cherry Hill West; Anthony Scarpaci, Washington Twp.; Michael Weiss, Cherry Hill East
- 1993 Kirsten Doert, Moorestown; Cheryl Lemon, Gateway; Mark Beckler, Pennsauken; Clifford Bircks, Haddonfield
- 1992 Julie Mason, Mainland; Robert Grimming, Woodbury
- 1991 Jody Sanders, Cherry Hill West; Robert Burroughs, Gateway
- 1990 Sandy Pietrantonio, Woodstown; Bill Peranteau, Gloucester Catholic

Each year, the SJISA honors any active high school coaches who have served their school and community for twenty years. All head coaches, assistant coaches and diving coaches in the South Jersey area are eligible for this award. This year, the SJISA is proud to award a gold watch to:

**There are no known recipients this year.**

## Previous recipients of the Twenty Year Service Award:

- |      |  |      |  |
|------|--|------|--|
| 2015 | Nancy Curtis Pegues, Gloucester Catholic; Steve Skinner, Clearview & Jeff Weigel, Shawnee      | 2005 | Sue Rybak, C.H. West; Bill Sheppard, C.H. East; Kevin Nolan, Gloucester Catholic & Bill Howarth, Atlantic City |
| 2014 | Brian Booth, Mainland  | 2003 | Bill Hoover, Millville & John Rakowski, Mainland   |
| 2011 | Peggy Tedesco, Holy Cross  | 2002 | Pete Kelley, West Deptford/Schalick  |
| 2010 | Emily Kennedy, Delran/Moorestown; Mike Panarella, Shawnee/Eastern & Will Wanamaker, Moorestown | 2001 | Ginny Weber, Moorestown & Bo Wood, C.H. East   |
| 2009 | Linda DuBois, A.P. Schalick & Joe Pegues, Gateway/Woodbury                                     | 1998 | Dick Haines, Shawnee   |
| 2008 | Diane Tucker, Sacred Heart   | 1997 | Kathy Ruhl, Pennsauken   |
| 2006 | John Malatesta, Vineland   | 1996 | Dick Nelson, Gateway; Fred Knouse, C.H. East & John Casadia, Jr., Vineland                                     |

## The Coaches of the Year

Each year, this award is presented to the coaches who have shown superior leadership, sportsmanship, excellence and dedication. They are chosen by a peer vote at the March general membership meeting. The nominees this year are:

### Girls' Teams

**Mark Jamieson, Egg Harbor Twp.** **Heather Lopez, Lenape**  
**Steve Warrington, Ocean City**

### Boys' Teams

**Bill Albertson, Washington Twp.** **Brian Booth, Mainland**  
**Jeff DeNick, Moorestown** **Maura McDermott, Haddon Twp.**

## Previous recipients of the Coach of the Year Award:

### Girls' Teams (2005 to present):

- 2015 Ann Rychlik, Cherokee
- 2014 Ann Rychlik, Cherokee
- 2013 John Rakowski, Mainland
- 2012 Jessica Semar, Cherry Hill West
- 2011 Mike Schneider, Vineland
- 2010 Bill Howarth, Atlantic City
- 2009 Bob Queribin, Haddonfield
- 2008 Will Wanamaker, Moorestown
- 2007 Mike Schiavo, Holy Spirit & Scott Sweeten, Cherry Hill West
- 2006 John Casadia, Jr., Vineland
- 2005 Scott Sweeten, Cherry Hill West
- 2004 John Casadia, Jr., Vineland
- 2003 Brian Booth, Mainland
- 2002 Mike Parker, Bishop Eustace
- 2001 Bo Wood, Cherry Hill East
- 2000 Mike Schiavo, Holy Spirit
- 1999 Mike Panarella, Shawnee
- 1998 Scott Sweeten, Cherry Hill West
- 1997 Linda DuBois, Schalick
- 1996 Bob Queribin, Haddonfield
- 1995 John Rakowski, Mainland
- 1994 Will Wanamaker, Moorestown
- 1993 Ginny Weber, Moorestown
- 1992 Kevin Nolan, Gloucester Catholic

### Boys' Teams (2005 to present):

- 2015 Joe Cucinotti, Cherry Hill East
- 2014 Andre Lopez, Lenape
- 2013 Joe Pegues, Gateway/Woodbury
- 2012 Stephen Tucker, Sterling
- 2011 Matt McElroy, Cape May Tech
- 2010 Brian Booth, Mainland
- 2009 Diane Tucker, Sacred Heart
- 2008 Jon Stinson, St. Augustine
- 2007 Brian Sloan, Millville
- 2006 Mike Schiavo, Holy Spirit
- 2005 Ryan Sprang, St. Augustine
- 1991 Steve Ariff, Highland
- 1990 Pete Kelley, West Deptford
- 1989 Bill Sheppard, Cherry Hill East
- 1988 Dick Nelson, Gateway
- 1987 Beth Kingston, Moorestown
- 1986 Marianne Malcom, Cherokee
- 1985 George Rhea, Cherry Hill West
- 1984 Barry Adamson, Camden Co. Tech
- 1983 John Myers, Shawnee
- 1982 Lynn McNitt, Cherry Hill West
- 1981 Jim DeBolt, Lenape
- 1980 Pete Williams, Haddon Twp.
- 1979 John Casadia, Jr., Vineland

### The 2016 All-South Jersey Team – Girls’ 2<sup>nd</sup> Team

200 Freestyle	Holly Robinson	9 Moorestown
200 Individual Medley	Andrea Fong	11 Moorestown
50 Freestyle	Ann Foley	11 Paul VI
Diving	Brianna Acosta	11 Vineland
100 Butterfly	Kayla Gagnon	11 Eastern
100 Freestyle	Lauren Kelly	10 Cedar Creek
500 Freestyle	Tess Ruona	11 Shawnee
100 Backstroke	Camryn McHugh	10 Gloucester Catholic
100 Breaststroke	Nora Woods	10 Audubon/Collingswood

### The 2016 All-South Jersey Team – Boys’ 2<sup>nd</sup> Team

200 Freestyle	Joey Rogers	10 Mainland
200 Individual Medley	Glenn Lasco	10 Mainland
50 Freestyle	Ryan Pedrick	12 Delran
Diving	Grayson Frantz	12 Egg Harbor Twp.
100 Butterfly	Erik Jensen	10 Rancocas Valley
100 Freestyle	Matt McMahan	11 St. Augustine
500 Freestyle	Max McCall	12 Gloucester Catholic
100 Backstroke	Duncan Brookover	12 Cherry Hill East
100 Breaststroke	Brendan Meagher	10 Shawnee

### The 2016 All-South Jersey Team – Girls’ 1<sup>st</sup> Team

200 Freestyle	Amanda Nunan	11 Ocean City
200 Individual Medley	Amber Glenn	12 Ocean City
50 Freestyle	Ryann Styer	10 Ocean City
Diving	Sophia Peifer	11 Haddonfield
100 Butterfly	Jamie Bowne	11 Cherokee
100 Freestyle	Camryn Greenleaf	11 Egg Harbor Twp.
500 Freestyle	Maggie Wallace	10 Ocean City
100 Backstroke	Sophie Fontaine	12 Haddonfield
100 Breaststroke	Abby Neveling	11 Haddonfield
“Wild Card” (100 Back)	Mackenzie O’Connor	10 Bishop Eustace

### The 2016 All-South Jersey Team – Boys’ 1<sup>st</sup> Team

200 Freestyle	Luke Snyder	11 St. Augustine
200 Individual Medley	Brian McGroarty	11 Mainland
50 Freestyle	Nick Lyons	12 Delsea
Diving	Dillon Hall	10 Cherry Hill West
100 Butterfly	Jake Kayati	12 Woodstown
100 Freestyle	Justin Liu	11 Mainland
500 Freestyle	Zach Washart	11 St. Augustine
100 Backstroke	Alex Martin	12 Moorestown
100 Breaststroke	Andrew Duff	11 Egg Harbor Twp.
“Wild Card” (100 Breast)	Matt Grubb	12 Clearview

## The NISCA Outstanding Official Award

This award recognizes the outstanding achievement of selected officials in each state throughout the nation by the National Interscholastic Swimming Coaches Association.

### Bill Clark

#### Previous recipients of the OO Award:

2014	Barbara Biedenbach	1998	Ellen Higgins
2012	Ray Cavanaugh	1997	Chris Maisch
2010	Bob Binz	1996	Barry Adamson
2007	Frank Roberts	1995	Charlie Lee
2006	Eileen Tallman	1994	Marion Bear
2005	Phil Heery	1993	Al Shoop
2004	George Borger	1992	Frank Forde
2003	Bob Horvath	1991	Ruth Rogers
2002	Ellen Mace	1990	Burt German
2001	Donna O’Leary	1989	Dick Wolff
2000	Bill Gehringer	1988	Steve Egbert
1999	Ed Fahey	1987	Bill Lyons

## The Eileen Tallman Memorial Scholarship Award

This \$1000 award will be given annually by the Tallman family and presented by the South Jersey Swimming Officials to honor the late Eileen Tallman whose presence on the deck exemplified outstanding officiating. It will be awarded to a senior girl or boy who has been an active participant of her/his high school swim team for at least two years and has demonstrated scholarship, leadership, sportsmanship and financial need.

### Madeline Maguire

### Cape May County Technical High School

### Kelsey DeMatte

### Arthur P. Schalick High School

*This is the first year the Tallman Scholarship is being awarded.*

## The William Lyons Jr. Memorial Award

This award is presented annually by the South Jersey Swimming Officials to a male or female high school senior swimmer who has shown extraordinary dedication, sacrifice, sportsmanship, scholarship and community leadership. Each high school nominates their own candidate and the winner is selected by a special board of swimming officials in honor of the late William Lyons, Jr., a long-time official and swimming enthusiast. *This was only the fourth year that male candidates were also considered for the award.*

### Kaitlyn Weatherby

### Gloucester County Institute of Technology

#### Previous recipients of the Lyons Memorial Award:

2015	Mackenzie Ropka, C.H. East	2009	Christina Watts, Vineland
2014	MacKenna Angert, West Deptford	2008	Ashley Schneider, Moorestown
2013	Molly Podosek, Schalick	2007	Beth Mooney, Holy Spirit
2012	Greta vanVeldhuisen, No. Burlington	2006	Tiffany Malatesta, Vineland
2011	Amanda Pegues, Gloucester Cath.	2005	Karly Daplyn, Vineland
2010	Allyson Mitidieri, C.H. West	2004	Jessica Cobb, Moorestown

# The Angela Hallerud Newcomer of the Year Award

This award will be presented annually to memorialize the life of Lenape swimmer Angela Hallerud by honoring any team member in their first year of high school swimming (regardless of grade) that positively-influenced the culture of his/her team by fostering team unity and the collective achievements of his/her teammates. The winner each year will receive a plaque, a \$100 gift certificate to “The Sprint Lane” shop at Jersey Wahoos in Mt. Laurel and free lifeguarding certification classes courtesy of the Hallerud family.

## Emily Jones

### Gloucester Catholic High School

Even before Emily came to Gloucester Catholic this year as a freshman, she was already having an impact on the team. My assistant coach and I have been together at Gloucester Catholic for over 20 years, and we’ve never had a swimmer as enthusiastic and invested in the sport of competitive swimming than Emily Jones. She is a club swimmer but was a very big part of the Gloucester Catholic team. To say that Emily always has a smile on her face and a very cheerful attitude is a huge understatement; Emily is quite possibly the most upbeat and enthusiastic young lady I have come across in over three decades as a coach and classroom teacher. She is nothing less than a boundless ball of positive energy, who has an immediate and long lasting impact upon anyone she comes into contact.

As soon as she committed to Gloucester Catholic last year, she started recruiting her friends, her classmates, and even a few complete strangers to join the swim team. Her recruiting efforts were very successful, and once the season began, Emily attended almost every practice even though she is a club swimmer. She may not have gotten into the water but was always a big help. For example, while we were preparing for state individuals a few other swimmers came to stay in shape and she went over to their lane and was helping them with their strokes to make us better next year. She got in the water with many of the newcomers she recruited at the beginning of the season, and continued to work tirelessly with my assistant coach, Nancy Curtis, every minute of every practice thereafter. Emily’s enthusiasm for the sport is both genuine and contagious. More than adjusting attitudes, Emily had an impact on the performances of the team. Time drops from swimmers in her lanes became the rule, rather than the exception, and Emily was there to celebrate every improvement with a hug, a high five and more than a few words of encouragement.

Emily is not just a recruiter and a volunteer coach, she is also a *very* good swimmer; she qualified and placed in the Meet of Champions this season as a freshman and is one of our most versatile and tough competition swimmers. During the dual meet season and team playoffs, Emily swam whatever stroke or distance was asked of her, never complaining and demonstrating maturity and a “team first” mentality about why she was asked to do certain races in the meets. Of course, during the meets she was always there for her teammates. She would be cheering and asking if they were dropping time and always encouraging them after their races. Even though she was only a freshman they looked up to her as a teammate. Emily is, quite simply, a delight to have on the team. She makes coming to practices a pleasurable task for both me and Nancy, and she then is both fiercely competitive and nurturing and supportive during competitions. I don’t know when Gloucester Catholic will get another swimmer like Emily Jones, and we are thrilled to have her for another three years! Coach Nolan

### Previous recipients of the Angela Hallerud Award:

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| 2015 Maggie Wallace, Ocean City     | 2012 Andrew Holm, Northern Burlington |
| 2014 Michael Avallone, Clearview    | 2011 Katie Bayes, Clearview           |
| 2013 Jillian Bujanowski, Holy Cross | 2010 Erika Esposito, Gateway          |

# The History of the All-South Jersey Teams

In 1978, the South Jersey Swimming Officials selected and honored the first All-Star team. From 1978 to 1980, only one team of honorees was named and honored by the Courier-Post. From 1981 to 1986, the paper listed both an All-Star team and a group of honorable mention swimmers. In those early days, the main criteria for choosing the team was the results from the NJSIAA’s “Meet of Champions”, now called the Individual State Championships.

In 1987, the paper published a first, second and third team of honorees for the first time. The main criteria remained performance at the NJSIAA meet but as the SJISA Invitational and the various conference and league championships evolved, times from those meets began to also be considered for the teams’ selections.

As the number of meets increased, the SJISA voted in 1991 to select its teams solely on the basis of all electronically-timed results achieved at any championship or playoff meets. Today, the organization is proud to note that the fifty-six athletes whose performances have placed them on these pages represent every swimming league in South Jersey, making them teams truly worthy of the title “All-South Jersey”.

### The 2016 All-South Jersey Team – Girls’ 3<sup>rd</sup> Team

200 Freestyle	Allison Gozdan	10 Bishop Eustace
200 Individual Medley	Leenah Sarhan	10 Egg Harbor Twp.
50 Freestyle	Aly Chain	12 Ocean City
Diving	Abby Biddulph	12 Absegami
100 Butterfly	Nicole Shek	12 Lenape
100 Freestyle	Erin Murphy	10 Absegami
500 Freestyle	Emily Jones	9 Gloucester Catholic
100 Backstroke	Melanie Milam	12 Vineland
100 Breaststroke	Bailey Howarth	12 Egg Harbor Twp.

### The 2016 All-South Jersey Team – Boys’ 3<sup>rd</sup> Team

200 Freestyle	Kyle Worrell	10 Rancocas Valley
200 Individual Medley	Thomas Schurer	10 Moorestown
50 Freestyle	Dylan Regan	11 Clearview
Diving	Jay Soukup	11 Clearview
100 Butterfly	Sean Finias	12 Cherry Hill East
100 Freestyle	Matt McSorley	12 West Deptford
500 Freestyle	Matt McGough	11 Bishop Eustace
100 Backstroke	Christian Bell	10 Egg Harbor Twp.
100 Breaststroke	Nicholas Rosa	12 Cherry Hill East

# The South Jersey Interscholastic Swimming Association Hall of Fame

In 2001, the South Jersey Interscholastic Swimming Association established the SJISA Hall of Fame. The inductees represented here have established themselves as outstanding swimmers, divers, coaches and officials in South Jersey. The Gloucester County Institute of Technology has been established as the home of the Hall of Fame and the plaques of the recipients will be displayed in the spectator area of the pool.

Here are the existing members of the SJISA Hall of Fame:

**Alison Maisch Brothers, Diver - Cherry Hill West, 1985**

**Kevin Coogan - Holy Cross, 1999**

**Heather DeHainaut - Vineland, 1999**

**Steve Egbert - Coach & Official**

**Gary Faykes, Swimmer - Lenape, 1977**

**Chris Gally - Cherokee, 1986**

**Bert German, Official**

**Judy German, Swimmer - Pennsauken, 1977**

**Diane Gieble, Swimmer - Cherry Hill East, 1971**

**Schafer Henry, Swimmer - Gateway, 1976**

**Lee Hitchner, Swimmer - Moorestown, 1964**

**Sean Killion, Swimmer - Cherry Hill East, 1986**

**Gary Kranzlee, Swimmer - Cherry Hill East, 1972**

**JoAnn Test Le Masters, Swimmer - Moorestown, 1958**

**William Lyons, Jr., Swimmer, Coach & Official**

**Brent Mathers, Swimmer - Schalick, 1987**

**Pat McMahan, Coach - Pennsauken, 1960s-70s**

**Leslie Pike, Swimmer - Cherry Hill East, 1983**

**Leigh Primavera, Diver - Cherry Hill East, 1978**

**George Rhea, Coach - Cherry Hill West, 1961-85**

**Jim Roach, Official**

**Ruth Rogers, Swimmer/Official - Moorestown, 1957**

**Jason Rosenbaum, Swimmer - Delran, 1991**

**Walt Schuman, C-P Sports Editor**

**Rick Seywert, Swimmer - Moorestown, 1972**

**Sue Stokes Hajec - Moorestown, 1967**

**Al Thomas, Coach - Moorestown, 1949-78**

**Bea Thomas, Coach - Moorestown, 1949-76**

**Lisa Iori Trabuchi, Swimmer - Vineland, 1981**

**Al Turner, Swimmer - Atlantic City, 1925**

**Marianne Malcom Venutti - Cherokee Coach/Founder of SJISA**

**Gayle Hegel Wisner, Swimmer - Washington Twp., 1979**

**Peter Wright, Swimmer - Delran/Peddie, 1991**

# The Ray Hegel Award

This award may be presented annually by the South Jersey Swimming Officials Association in memory of Ray Hegel, one of the greatest officials to ever work in South Jersey. Since Ray officiated at every level as his children progressed from Tri-County through to the US National Team, the award was instituted to honor the area's outstanding swimmers or divers from any level of competition.

## Brendan McHugh

**St. Augustine Prep, Class of 2008**

**U. of Pennsylvania, Class of 2012**

## Kelsi Worrell

**Rancocas Valley, Class of 2012**

**U. of Louisville, Class of 2016**

The South Jersey Interscholastic Swimming Association is honored to present the 2016 Ray Hegel Award for exceptional swimming achievement to South Jersey alumni Brendan McHugh and Kelsi Worrell.

**Brendan McHugh** graduated in 2008 from St. Augustine Prep as one of the most decorated swimmers in South Jersey history. Brendan won three consecutive state titles in the 100-yard breaststroke from 2006-08 and also swam on the Hermits' state champion 200 medley and 400 freestyle relays as a senior. He continued his swimming career at the University of Pennsylvania, where he quickly became one of the top breaststrokers in the Ivy League. He set, and re-broke, the UPenn records in the 100- and 200-yard breaststroke several times during his career and even held the 400 IM and 200 freestyle school records as well. As a senior, Brendan garnered honorable mention NCAA All-America honors in the 100 and 200 breaststroke when he finished 14th in both events at the 2012 NCAA Championships. Brendan continued pursuing the sport's highest levels after graduating from college, finishing 10th and 16th, respectively, in the 100- and 200-meter breaststroke at the 2012 United States Olympic Trials. But made his biggest impact on USA swimming two years later when he won the 50-meter breaststroke at the 2014 Phillips 66 National Championships in a U.S. Open record 27.10, the fastest time ever swum on American soil. Brendan continues to train locally at the Greater Philadelphia Aquatic Club and figures to be factor in the breaststroke events at this summer's Olympic Team trials.

**Kelsi Worrell** graduated from Rancocas Valley High School in 2012. Despite being one of the state's top swimmers throughout her high school career, Kelsi left her mark as a senior with a legendary performance at the 2012 Meet of Champions. At that meet, she set three individual meet records, all three of which still stand. She clocked a time of 1:47.29 in the 200-yard freestyle, nearly a full second faster than the MoC's next fastest recorded time and later won the 100 butterfly in 53.72. To top things off, she led off Rancocas Valley's 400 freestyle relay in 49.79 to claim the meet record in the 100 freestyle. Kelsi continued to improve dramatically at the University of Louisville, where she has become one of the top butterflies in the world. After several All-America honors and Top 8 finishes at the NCAA Championships during her freshman and sophomore season, she claimed her first individual NCAA title in 2015 with a 100-yard butterfly performance in which she became the first woman in history to break the 50-second barrier with an American record of 49.81. She later won the 200-yard fly with a time of 1:51.11 to go along with a third-place performance in the 50 freestyle (21.62) and a ludicrous 21.96 split in the fly leg of the 200 medley relay. Last summer, Worrell solidified herself as a threat to make this year's Olympic Team when she won gold in the 100 fly at the Pan American Games in Toronto with a time of 57.24 and later repeated as champion at the Phillips 66 National Championships (57.29), besting a field that included American Record holder Dana Vollmer. A proud supporter of South Jersey high school swimming, Kelsi would also like to present awards at the 2017 Meet of Champions.

Coach Schneider, Vineland

## Previous recipients of the Ray Hegel Award:

2014	Kevin Steel, Moorestown, Arizona	1995	Tammy Kouser, Washington Twp., Villanova
2013	Kelsi Worrell, Rancocas Valley, Louisville		
2012	Tommy Glenn, Haddonfield, Brown	1994	Dean Hutchinson, Delran, Auburn
2011	Emily Creran, Haddonfield, Ohio State	1993	Julia Mason, Mainland
2010	Tiffany Malatesta, Vineland, Pittsburgh	1992	Sean Killion, CH East, US National Team
2009	Christian Sprang, St. Augustine, Michigan	1991	Jason Rosenbaum, Delran
2008	Kyle Mitrone, Haddonfield, Purdue	1990	Peter Wright, Delran
2007	Moirra McCloskey, Atlantic City, Yale	1989	Alison Maisch, CH West, LSU
2006	Stevi Anderson, Victoria Bonifield, Tiffany Malatesta & Sabrina Warren, Vineland	1988	Alison Maisch, CH West, LSU
		1987	Sean Killion, CH East, U. of California-Berkley
2003	Matt Campbell, Haddonfield, Rutgers	1986	Brent Mathers, Schalick
1996	Peter Wright, Delran, Peddie, University of VA, US National Team	1985	Theresa Querubin, CH West, Peddie, U. of Penn
		1984	Sean Killion, CH East

# The John Bohanna Most Courageous Award

The Girls Team from  
Lenape High School

Tyler McCormack  
Seneca High School

I am honored to present the **Lenape girls swim team** with one of the "Most Courageous" awards this year. The team was involved in a serious bus accident on the way to our first meet. Unfortunately this accident was season ending for some of the swimmers, but as unfortunate as the circumstances were surrounding our season, it certainly brought us together as a team. Although we faced a lot of adversity at the beginning of the season, in the end I can say that we had a successful year. With only nine girls, we started the season by winning our first meet. This victory signified that we were not going to give up on our season. With each passing week more girls were cleared to swim and our team was getting stronger, both physically and emotionally. We ended our season with thirteen swimmers which all had their part in helping us earn our spot as the 8th seed in the state tournament. Over the course of the season we had multiple best times from both high school only swimmers and from club swimmers. This can be attributed not only to their hard work all season long, but also to the support they received from their teammates who were unable to swim this year. It was so great to have the positive energy on the pool deck whenever the girls who were still injured came to the meets. While nobody could have anticipated the events that occurred this season, I am extremely proud of the way that all of the girls handled themselves which is why they are being honored with this award. Coach Lopez

It is with great admiration and respect to introduce you to **Tyler McCormack** as a recipient of this year's John Bohanna Most Courageous Award. Tyler has been a part of the Seneca swim program for the last 3 years, and has displayed a great deal of courage, leadership, and determination while battling Hodgkin's Lymphoma.

T-Mac, as we call him, was diagnosed in August 2014 on a Wednesday and began chemo treatment that Friday. He underwent 5 cycles of treatment and attended school and swim practice whenever possible. The next step was radiation and proton therapy throughout the season until January 2015. I'm happy to say, as of today, Tyler's scans have all been clear!

Tyler's commitment to his team and selflessness did not go unnoticed. I remember thinking to myself that this kid is incredible. He's traveling to Philly Monday through Friday for 28, 5-hour radiation treatments and he's coming to practice? Then it came down to the last meet of the season, and Tyler hadn't been able to swim in any of the previous meets because of his schedule. I asked him what he would like to swim and his response was, "I don't think it would be fair to the guys because I've missed so much this season." This is just another example of how selfless and honorable Tyler is. He always swam every lap and finished every set no matter how long it took him nor how tired he was. He is an exemplar of putting your mind to something and overcoming any obstacle. He puts the team's needs ahead of his own, and that is one of the reasons why he was a captain for us this year.

Tyler is a well-respected and admired student amongst teachers and students. He's in the top 10% of his class, an executive member of student council, and one of the top goalies in South Jersey in Lacrosse. Tyler handled this situation with true strength, courage, and he has inspired everyone around him to live life to the fullest.

Tyler, you have been an inspiration to your teammates and coaches and you are extremely deserving of this award. Congratulations! Coach Gerber

## Previous recipients of the John Bohanna Award:

2015	Olivia Cann, Gloucester Catholic	1999	Michael Herbst, West Deptford
2014	Emma Hood, Vineland	1998	Suzy Boyle, Lenape
2013	Shane Murphy, Paul VI	1997	Heather McVey, Holy Spirit
2012	Courtney Patterson, Cherry Hill West	1996	Amanda Coyle, Cherokee
2011	Amy Stelmaszyk, Cherry Hill West; Kathlyn Walker, Delsea	1995	Katie Gipe, Moorestown; Tim Thieler, Egg Harbor Twp.
2010	Shane Tubb, St. Augustine	1994	Tyson Gerhardt, Lenape
2009	Kellianne Bond, Highland; Michelle Bruno, Cherry Hill West; Julia England, Seneca	1993	Mike Diehl, Kingsway
2008	Colin Lawler, Cherry Hill East	1992	Chris Otmani, Eastern
2007	Mark Garbowski, Cherry Hill West	1991	Jason Suder, Cherokee
2006	Jackie Mannon, Washington Twp.	1990	Teresa Byrne, Highland;
2005	Christopher Gillies, Hammonton	1989	Kristin Kisselbach, Cherry Hill East
2004	Cary Gaul, Cherry Hill West; Lisa Hitchner, Woodstown; Molly McGroarty, Mainland; Melissa Settar, Pitman	1988	John Capozzi, Kingsway;
2003	Jason Murowany, Millville	1987	Michael McIntire, Highland
2002	Jason Kenuk, Moorstown	1986	Joe Werner, Pennsauken
2001	Matthew Kane, Collingswood	1985	Lisa Fusco, Cherokee;
2000	Scott Cowperthwait, Vineland	1984	Margaret Sibert, Woodbury
6		1983	Betty Moher, West Deptford;
		1982	Diana Sawn, Washington Twp.
		1981	Harold Wolman, Cherry Hill West
		1980	Sue Rybak, Cherry Hill East
		1978	Kathy Conners, J.F. Kennedy

# Individual State Champion Awards

The SJISA is pleased to honor South Jersey's champions from this year's NJSIAA Individual State Championships.

Diving: Sophia Peifer, Haddonfield

200 & 500 Yard Freestyle: Amanda Nunan, Ocean City

200 Yard Freestyle Relay: Aly Chain, Amber Glenn,

Amanda Nunan & Ryann Styer, Ocean City

100 Yard Backstroke: Sophie Fontaine, Haddonfield

200 Yard Medley Relay: Derek Kneisel, Brian McGroarty,

Joey Rogers & Justin Liu, Mainland

200 Yard Freestyle

Luke Snyder, St. Augustine

100 Yard Backstroke

Alex Martin, Moorestown

400 Yard Freestyle Relay: Joey Rogers, Brian McGroarty,

Glenn Lasco & Justin Liu, Mainland

## The William J. Lyons Team Sportsmanship Award

Each year, the officials of the William J. Lyons Chapter of the New Jersey Swimming Officials Association choose to honor the team that in their opinion best exemplified the true spirit of sportsmanship. This was the underlying theme in the coaching and officiating of one of the truly great officials ever to walk the pool deck, Mr. Bill Lyons. This honor is the testimonial to his teaching and way of life. The following 8 conferences or pairs of divisions within a league in South Jersey nominate a team(s) to be considered for the award:

Burlington County Swim League:	Cape Atlantic League Boys:	Cape Atlantic League Girls:
<b>Northern Burlington</b>	<b>Wildwood Catholic</b>	<b>Cape May Tech, Holy Spirit &amp; Millville</b>

SJISL Pacific/Ocean

Division Boys:

**Lenape**

SJISL Atlantic/Arctic

Division Boys:

**Camden County Tech**

SJISL Girls:

**Shawnee**

Tri-County Conference Boys :

**Kingsway**

Tri-County Conference Girls:

**Kingsway**

## Previous recipients of the Lyons TS Award:

2014	Seneca Girls	2004	Our Lady of Mercy
2013	Pitman Girls	2003	Woodbury
2012	Shawnee Girls	2002	Haddon Heights
2011	Northern Burlington	2001	Ocean City
2010	Atlantic City Girls	2000	St. James
2009	Haddon Heights, Haddon Twp. & Haddonfield	1999	Gloucester
2008	Cape May Tech Boys	1998	Glassboro
2007	Wildwood Catholic Girls	1997	Pitman
2006	Holy Spirit Girls	1996	Pemberton
2005	Cherry Hill West Girls		



## Previous recipients of the SOY Award:

2015	Amanda Nunan, Ocean City; Steven Shek, Lenape
2014	Amanda Nunan, Ocean City; Zachary Fong, Moorestown
2013	Colleen Callahan, Atlantic City; Nick Marks, Gloucester Catholic; Andy Schuehler, Collingswood
2012	Colleen Callahan, Atlantic City; Kelsi Worrell, Rancocas Valley; Will Manion, Haddonfield
2011	Colleen Callahan, Atlantic City; Marlee Ehrlich, Cherry Hill East; Will Manion, Haddonfield; Joseph Petrone, Cherry Hill East
2010	Colleen Callahan, Atlantic City; Maureen McCotter, Eustace; Kevin Steel, Moorestown
2009	Emily Creran, Haddonfield; Sean McCall, Gloucester Catholic
2008	Emily Creran, Haddonfield; Jason Mattingly, Cherry Hill West
2007	Joanna Thomas, Mainland; Bill Cregar, Washington Twp.
2006	Joanna Thomas, Mainland; Mark Neiman, Cherry Hill West
2005	Joanna Thomas, Mainland; Christian Sprang, St. Augustine
2004	Tiffany Malatesta, Vineland; Graham Parker, Cherry Hill East
2003	Emily Bateman, Mainland; Bobby Daplyn, Vineland
2002	Emily Bateman, Mainland; Eric Brumberg, Washington Twp.; Andrew Patrizzi, C.H. West
2001	Christine Leupold, Clearview; Jon Stinson, Holy Spirit
2000	Jayne Majek, Schalick; Jon Stinson, Holy Spirit
1999	Heather DeHainaut, Vineland; Seamus Quinn, Moorestown
1998	Katherine Conroy, Haddonfield; Joe Molle, Pitman
1997	Heather DeHainaut, Vineland; Jeff Leupold, Clearview
1996	Leslie Hoh, Cherry Hill West; Tim Tallman, Camden Catholic
1995	Julia Mason, Mainland; Glenn Thomsen, Lenape
1994	Marisa Chuliver, Moorestown; Sean Tedesco, Holy Cross
1993	Gwen Mayo, Camden Catholic; Josh Lipson, Delran
1992	Tammy Kouser, Washington Twp.; Tim Rogers, West Deptford; Tom Forrest, Vineland
1991	Gwen Mayo, Camden Catholic; Jason Rosenbaum, Delran; Jeff Farschon, Woodstown
1990	Karen Hafner, Cinnaminson; Jason Rosenbaum & Peter Wright, Delran
1989	Joanna Dinsmore, Gateway; Brian Forrest, Vineland
1988	Jeff Farschon, Woodstown

## Team State Championship Recognition

Teams qualified for the NJSIAA Team Tournament based on power points achieved during the course of the regular dual meet season. The SJISA hereby recognize those teams from South Jersey that qualified for the tournament, won a Sectional Championship, made an appearance in a State Final or were crowned State Champions.

### Girls Public A

South Section - #8 Lenape, #6 Cherokee, #5 Vineland, #4 Eastern, #2 Egg Harbor Twp. & #1 Cherry Hill East

**South Section Champion: Egg Harbor Twp.**

### Boys Public A

South Section - #8 Washington Twp., #7 Vineland, #5 Atlantic City, #4 Eastern, #3 Cherokee, #2 Egg Harbor Twp. & #1 Cherry Hill East;

Central Section - #4 Rancocas Valley & #2 Lenape

**South Section Champion & State Finalist: Cherry Hill East**

### Girls Public B

South Section - #7 Mainland, #6 GCIT, #5 Cherry Hill West, #4 Clearview, #3 Shawnee, #2 Moorestown & #1 Ocean City

**South Section & State Champion: Ocean City**

### Boys Public B

South Section - #8 Kingsway, #7 Cherry Hill West, #6 Haddon Twp., #5 Ocean City, #4 GCIT, #3 Shawnee, #2 Clearview & #1 Mainland

Central Section - #5 Cinnaminson & #2 Moorestown

**Central Section Champion: Moorestown; South Section & State Champion: Mainland**

### Girls Public C

South Section - #8 Cedar Creek, #7 Cape May Tech, #6 Gateway/Woodbury, #5 Delsea, #4 Middle Twp., #3 Woodstown, #2 Oakcrest & #1 Haddonfield

**South Section Champion & State Finalist: Haddonfield**

### Boys Public C

South Section - #7 Middle Twp., #6 Cape May Tech, #5 Cedar Creek, #4 Oakcrest, #2 Gateway/Woodbury & #1 Haddonfield

**South Section Champion & State Finalist: Haddonfield**

### Girls Non-Public

A: #2 Bishop Eustace B: #7 Holy Spirit & #5 Gloucester Catholic

**State Finalist: Bishop Eustace**

### Boys Non-Public

A: #3 St. Augustine B: #6 Bishop Eustace, #5 Holy Spirit & #4 Gloucester Catholic

## The Candy Fenton Manager of the Year Award

### Kelsey DeMatte

### A.P. Schalick High School

Kelsey has been a varsity member of the Schalick swim team for four years. She served as a role model and a strong leader. Unfortunately, this season she has been out of the water due to a hip injury. Kelsey was such an integral part of our swimming program and not having her in the pool this season was tough on both her and the team. Some swimmers would have taken the season off and focused on other interests and recovery. However, Kelsey was at every meet and event, part of that in a wheel chair after surgery. Her family hosted pasta parties and she was involved in anyway possible. Her dedication to this team and sport is unparalleled. She has done anything on deck that we need her to, from stat taker to cheerleader. She deserves this recognition for all of her hard work and dedication over the past 4 years.

Coach Galetto

## Previous recipients of the Candy Fenton Award:

2015	Erin Lang, Kingsway	2001	Julie Turt, Eastern
2014	Maggie Heinsman, Gloucester Catholic	2000	Valerie Gallina, Vineland
2013	Isabella Strom, Woodbury	1999	Abby Harvey, Cherry Hill East
2012	Francesca Romero, Gloucester Catholic	1998	Nicole McIntyre, West Deptford
2011	Caitlyn Stulpin, Gloucester Catholic	1997	Jennifer Dappalone, Cherry Hill West
2010	Rosa Melillo, Vineland	1996	Lisa Piechoski, Vineland
2009	Katie Bradley, Washington Twp.	1995	Shana Pinti, Haddonfield
2008	Kariann Talone, Vineland	1994	Judy Hoffman, Woodbury
2007	Brooke Murray, Sterling	1993	Tiffany Fachine, Gloucester Catholic
2006	Jackie DiAdezzio, Washington Twp.	1992	Heather Gehman, West Deptford
2005	Lara Castorina, Vineland	1991	Dee Velasco, Highland
2004	Valentina Cruz, Vineland	1990	Shannon Murphy, Glouc. Catholic
2003	Jen Sharpless, Millville	1989	Teresa Seger, Gerri Strickler, Virginia Schubert
2002	Krista Hess, Vineland	1987	Brittany Layton, Woodstown
		1986	Beth Sawicki, Kingsway

## The Jim Roach Diving Awards

The Jim Roach Diving Awards honor the outstanding female and male divers from the past season. The award is presented jointly by the SJISA and SJSOA.

### Sophia Peifer

### Haddonfield Memorial High School

Sophia continues to be a powerhouse in New Jersey high school diving. Her work ethic and determination to succeed continue to be her priorities. This season was no different for her in she continues to improve during her Junior year at Haddonfield. She broke her own 6 dive school record with a score of 296.30, which also broke the SJISA meet record of 288.30 set in 1995. The next week at the Jim Roach 11 Dive meet, Sophia broke her own meet record with a score of 545.65. She then went on to compete for the State Championship, winning by over 85 points from the second place finisher. Whether it is a practice or a meet, she always wants to be the first diver on the board and will stay in warm-ups until the officials close the board. But it is not just about her diving. She is always willing to help others during practice with encouraging compliments and applauding each diver. This is a true testimony to her character and sportsmanship. Her dedication to the sport is clearly visible by all who watch her compete; whether it's other divers, parents, and even officials have made comments about how well she is doing. People just like to see her dive. Even through all the victories and praise from spectators, journalists, and officials she remains unbelievably humble. She is just as proud for her fellow divers, many of them friends, as she is for herself. With all her present accomplishments, Sophia still has a bright future ahead.

Coaches Dortone & Querubin

# The Jim Roach Diving Awards (continued)

## Dillon Hall Cherry Hill High School West

Dillon has been summer diving since the age of seven. In January 2015, one year after knee surgery, Dillon left gymnastics competition and is now happy to be able to concentrate solely on his diving. Dillon joined the Blue Dolphin Dive Team at The College of New Jersey this past September. Dillon thanks the West boys and girls swim team coaches, Mrs. Robertson and Mr. Rogers, for supporting him at the high school dive meets.

Coach Robertson

### Previous recipients of the Jim Roach Award:

2015 Sophia Peifer, Haddonfield; Ethan O'Neill, Cherry Hill East  
2014 Sophia Peifer, Haddonfield; Logan McHenry, Atlantic City  
2013 Kirby Quinn, Bishop Eustace; Jenna Santora, Mainland;  
Logan McHenry, Atlantic City  
2012 Jenna Santora, Mainland; Ethan O'Neill, Cherry Hill East  
2011 Kirby Quinn, Bishop Eustace; Martin Carbone, Cumberland  
2010 Shannon Donohue, Haddon Twp.; Trevor Hiller, Absegami  
2009 Carissa Santora, Mainland; Jesse Lyman, Cherry Hill East  
2008 Erica Serpico, Moorestown; Zach Castelli, Atlantic City  
2007 Kara Koszowski, Shawnee; Mark Balesteri, Egg Harbor Twp.  
2006 Kara Koszowski, Shawnee; Kyle Mitrione, Haddonfield  
2005 Natalie Thomas, Cherokee; Kyle Mitrione, Haddonfield  
2004 Natalie Thomas, Cherokee; Dan Cuilla, Cherry Hill West  
2003 Liza Marianni, Cherry Hill West; Dan Cuilla, Cherry Hill West  
2002 Emily Weigand, Haddonfield; Dan Cuilla, Cherry Hill West  
2001 Emily Weigand, Haddonfield; Jesse Rappaport, Glassboro  
2000 Melissa Ginsberg, Rancocas Valley; Michael Sullivan, Holy Cross  
1999 Melissa Ginsberg, Rancocas Valley; Kevin Coogan, Holy Cross  
1998 Megan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross  
1997 Siobhan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross  
1996 Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic  
1995 Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic  
1994 Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic  
1993 Aimee Hogan, Cherry Hill West; Bill Peranteau, Gloucester Catholic  
1992 Jackie Fessler, Camden Catholic; Bill Peranteau, Gloucester Catholic  
1991 Bill Peranteau, Gloucester Catholic  
1990 Tamara Herriston, Mainland  
1989 Kym Zeller, Cherry Hill East  
1988 Alicia Urbani, Lenape  
1987 Bill Brennan, Cherokee  
1986 Alicia Urbani, Lenape  
1985 Alison Maisch, Cherry Hill West  
1984 Alison Maisch, Cherry Hill West  
1983 Alison Maisch, Cherry Hill West  
1982 Alison Maisch, Cherry Hill West  
1981 Betsy Baker, Haddonfield  
1980 Betsy Baker, Haddonfield  
1979 Josh Shapiro, Cherry Hill East  
1978 Leigh Primavera, Cherry Hill East

# The Swimmers of the Year

## Amanda Nunan Ocean City High School

Amanda has had another remarkable year! Aside from winning races and breaking records in the 200 and 400/500 Freestyle events, she was a pivotal part of the 200 Freestyle Relay team that won back to back state titles and the anchor for the 400 Freestyle Relay that came from behind to win two of our closest meets of the season, Bishop Eustace Prep and our state final meet against Chatham. She led her team to a 3<sup>rd</sup> straight Sectional Championship title and the 1<sup>st</sup> State Championship title in school's history.

She has dominated the 200 and 400/500 Freestyle individual events and was part of the 200 and 400 Freestyle Relays at each of the four invitational/qualifying meets of the season. At the Hackney Meet, she broke the meet record in the 200 Free and the 400 Free and was part of the winning 200 Freestyle and 400 Freestyle Relay teams. At the Cape Atlantic League Championships, she broke the meet record in the 200 Freestyle and broke her own record in the 400 Free and was part of the winning 200 and 400 freestyle relays. She was awarded the High Point Winner. At the South Jersey Coaches Invitational Meet, she broke the meet record in both the 200 Freestyle and the 500 Freestyle events. She was also part of the winning 200 and 400 freestyle relay teams that broke their own meet records. At the Meet of Champions, she won the 200 Freestyle and broke a 28 year old meet record in the 500 Freestyle. She was also part of the winning 200 Freestyle Relay team. Her fastest split time in the 400 Freestyle relay team was a 49.4 against Chatham. At the Meet of Champions, her fastest split time in the 200 Freestyle Relay was a 23.75, her fastest 200 Freestyle time was a 1:48.26 and her fastest 500 freestyle time was a 4:46.31. I look forward to see what she has in store for next season.

Coach Warrington

## Brian McGroarty Mainland Regional High School

Great swim seasons don't happen without the efforts of many people. The Mainland Boys Swim Team had a season for the ages and a large part of it was due to the efforts of Brian McGroarty. The work did not start on November 9<sup>th</sup> when the team was to hold its first practice. The journey of becoming a successful swimmer is a year round job.

There were great expectations this season for the Mainland Boys and Brian accepted the responsibility head on. The first meet of the season he was part of breaking three school records. It was the first meet of the young season that would see Brian dismantle the record board at the high school. By the end of the season he had broken eight of the eleven records on the meters side of the board and broke six of the eleven yards records. On top of breaking records he was an inspiration for the other swimmers. The season was not just about breaking records. He would often swim events that were not his usual so that the team could be successful.

In the State Final meet against Scotch Plains-Fanwood, Brian was part of the winning Medley Relay, 200 IM, 500 Free, and 400 Free Relay. His IM time qualified him for the All American consideration time and his 500 free time was just off the cut. He did make that cut at the Individual State meet. He ended that meet with a 1st place in the 200 Medley Relay, 2<sup>nd</sup> Place in the 200 IM, 3<sup>rd</sup> in the 500 and 1<sup>st</sup> in the 400 Free Relay. All four of the times he was a part of were All American Consideration and the 400 Free Relay automatically qualified. He, as well as his relay teammates, will be the first boys to win a state individual title and also qualify as All American for Mainland.

The hard work that he put into this season was rewarded with all the team accomplishments. The individual success was a bonus. He is a true team leader that Mainland High School will embrace for one more season.

Coach Booth