

The SJISA Swim Fast Relays December 10, 2014

Event 1 Women 600 Yard Freestyle Relay (3 x 200)

Lead-off 200 Free NJSQT - 1:57.37

Meet Record:	5:56.04	R	2006	Cherry Hill West Relay	Seed Time	Finals Time
1	Cherokee				6:30.00	6:23.23
	28.30		1:01.03 (32.73)	1:34.65 (33.62)	2:07.56 (32.91)	
	2:34.98 (27.42)		3:06.89 (31.91)	3:39.53 (32.64)	4:11.96 (32.43)	
	4:41.69 (29.73)		5:15.13 (33.44)	5:49.38 (34.25)	6:23.23 (33.85)	
2	Eastern				6:43.00	6:41.38
	31.57		1:05.68 (34.11)	1:41.26 (35.58)	2:15.50 (34.24)	
	2:31.86 (16.36)		3:20.12 (48.26)	3:56.58 (36.46)	4:32.60 (36.02)	
	5:00.82 (28.22)		5:34.15 (33.33)	6:07.93 (33.78)	6:41.38 (33.45)	
3	Cherry Hill East				6:45.25	7:09.69
	31.42		1:06.01 (34.59)	1:41.51 (35.50)	2:15.75 (34.24)	
	2:47.80 (32.05)		3:25.22 (37.42)	4:04.86 (39.64)	4:44.17 (39.31)	
	5:15.58 (31.41)		5:52.00 (36.42)	6:31.20 (39.20)	7:09.69 (38.49)	
4	Shawnee				7:30.85	7:11.13
	33.75		1:11.15 (37.40)	1:49.88 (38.73)	2:27.32 (37.44)	
	2:58.71 (31.39)		3:35.77 (37.06)	4:15.71 (39.94)	5:03.86 (48.15)	
	5:25.98 (22.12)		6:01.14 (35.16)	6:37.02 (35.88)	7:11.13 (34.11)	
5	Washington Township				7:02.15	7:12.82
	32.34		1:08.88 (36.54)	1:47.28 (38.40)	2:26.86 (39.58)	
	2:57.39 (30.53)		3:33.69 (36.30)	4:12.26 (38.57)	4:50.63 (38.37)	
	5:22.48 (31.85)		5:58.46 (35.98)	6:36.27 (37.81)	7:12.82 (36.55)	
6	Haddonfield				6:38.50	7:14.46
	31.43		1:07.51 (36.08)	1:44.46 (36.95)	2:20.80 (36.34)	
	2:51.57 (30.77)		3:28.53 (36.96)	4:06.49 (37.96)	4:51.69 (45.20)	
	5:15.85 (24.16)		5:54.01 (38.16)	6:34.91 (40.90)	7:14.46 (39.55)	
7	Moorestown				6:45.00	7:29.55
	33.81		1:12.38 (38.57)	1:53.72 (41.34)	2:35.69 (41.97)	
	3:08.09 (32.40)		3:45.76 (37.67)	4:25.58 (39.82)	5:07.52 (41.94)	
	5:33.75 (26.23)		6:10.82 (37.07)	6:49.67 (38.85)	7:29.55 (39.88)	
8	Cherry Hill West				7:05.00	7:36.08
	33.73		1:12.93 (39.20)	1:53.73 (40.80)	2:32.82 (39.09)	
	3:07.16 (34.34)		3:46.47 (39.31)	4:27.26 (40.79)	5:05.15 (37.89)	
	5:38.09 (32.94)		6:16.37 (38.28)	6:56.87 (40.50)	7:36.08 (39.21)	
9	Lenape				7:35.00	7:39.25
	33.75		1:13.17 (39.42)	1:56.18 (43.01)	2:46.00 (49.82)	
	3:15.21 (29.21)		3:53.25 (38.04)	4:33.50 (40.25)	5:12.32 (38.82)	
	5:43.58 (31.26)		6:20.59 (37.01)	7:00.02 (39.43)	7:39.25 (39.23)	
10	Rancocas Valley				8:02.00	7:40.61
	31.32		1:07.52 (36.20)	1:47.09 (39.57)	2:24.45 (37.36)	
	2:57.52 (33.07)		3:36.08 (38.56)	4:20.99 (44.91)	5:05.44 (44.45)	
	5:40.96 (35.52)		6:20.20 (39.24)	7:00.79 (40.59)	7:40.61 (39.82)	
11	Cape May Tech				7:30.00	7:50.90
	33.06		1:09.04 (35.98)	1:46.08 (37.04)	2:22.79 (36.71)	
	2:58.83 (36.04)		3:40.09 (41.26)	4:24.29 (44.20)	5:07.78 (43.49)	
	5:45.09 (37.31)		6:26.91 (41.82)	7:09.07 (42.16)	7:50.90 (41.83)	
12	Woodstown				8:55.00	8:47.64
	38.75		1:24.87 (46.12)	2:14.33 (49.46)	3:05.57 (51.24)	
	3:41.81 (36.24)		4:27.18 (45.37)	5:14.81 (47.63)	6:00.85 (46.04)	
	6:17.59 (16.74)		6:36.93 (19.34)	7:18.90 (41.97)	8:47.64 (1:28.74)	
13	Gloucester				9:00.00	9:21.06
	45.09		1:36.86 (51.77)	2:30.58 (53.72)	3:28.06 (57.48)	
	4:03.14 (35.08)		5:35.39 (1:32.25)	6:21.03 (45.64)	7:00.41 (39.38)	
	9:21.06 (2:20.65)					

The SJISA Swim Fast Relays December 10, 2014

Event 2 Men 600 Yard Freestyle Relay (3 x 200)

Lead-off 200 Free NJSQT - 1:49.83

Meet Record:	5:16.89	R	2005	Cherry Hill West Relay	Seed Time	Finals Time		
1	Rancocas Valley				5:35.00	5:26.02		
2	Lenape				6:02.00	5:49.84		
	25.50	53.14	(27.64)	1:22.29	(29.15)	1:51.91	(29.62)	
	2:19.59	(27.68)	2:50.38	(30.79)	3:21.49	(31.11)	3:51.85	(30.36)
	4:18.53	(26.68)	4:48.56	(30.03)	5:19.41	(30.85)	5:49.84	(30.43)
3	Moorestown				5:50.00	5:53.26		
	26.19	55.43	(29.24)	1:27.04	(31.61)	1:58.36	(31.32)	
	2:25.14	(26.78)	2:56.26	(31.12)	3:28.80	(32.54)	3:59.79	(30.99)
	4:24.64	(24.85)	4:52.52	(27.88)	5:22.06	(29.54)	5:53.26	(31.20)
4	Cherry Hill East				6:15.00	5:57.38		
	26.80	57.11	(30.31)	1:28.92	(31.81)	2:01.58	(32.66)	
	2:28.26	(26.68)	2:58.03	(29.77)	3:28.95	(30.92)	3:59.59	(30.64)
	4:26.06	(26.47)	4:54.98	(28.92)	5:25.83	(30.85)	5:57.38	(31.55)
5	Shawnee				6:05.00	6:05.94		
	25.92	54.34	(28.42)	1:24.40	(30.06)	1:55.38	(30.98)	
	2:21.70	(26.32)	2:52.12	(30.42)	3:24.45	(32.33)	3:55.85	(31.40)
	4:24.44	(28.59)	4:57.59	(33.15)	5:32.26	(34.67)	6:05.94	(33.68)
6	Cherokee				6:15.00	6:21.35		
	30.85	1:04.86	(34.01)	1:39.67	(34.81)	2:13.63	(33.96)	
	2:42.02	(28.39)	3:15.41	(33.39)	3:51.32	(35.91)	4:27.02	(35.70)
	4:52.59	(25.57)	5:21.39	(28.80)	5:51.09	(29.70)	6:21.35	(30.26)
7	Haddonfield				6:04.05	6:31.00		
8	Cherry Hill West				6:49.00	6:39.11		
9	Washington Township				6:52.00	6:43.45		
	28.12	59.83	(31.71)	1:32.97	(33.14)	2:06.61	(33.64)	
	2:23.04	(16.43)	3:18.14	(55.10)	4:01.29	(43.15)	4:44.21	(42.92)
	5:09.66	(25.45)	5:39.95	(30.29)	6:12.31	(32.36)	6:43.45	(31.14)
10	Gloucester				7:23.46	7:14.36		
	31.53	1:09.14	(37.61)	1:50.73	(41.59)	2:31.06	(40.33)	
	3:03.16	(32.10)	3:39.74	(36.58)	4:18.35	(38.61)	4:54.35	(36.00)
	5:25.12	(30.77)	6:00.45	(35.33)	6:37.67	(37.22)	7:14.36	(36.69)
11	Woodstown				7:40.00	7:46.72		
	32.22				2:29.33	()		
	2:59.76	(30.43)	3:38.87	(39.11)	5:03.59	(1:24.72)	5:33.81	(30.22)
	6:10.98	(37.17)	6:49.52	(38.54)	7:26.18	(36.66)	7:46.72	(20.54)
12	Cape May Tech				7:30.00	8:14.61		
	32.67	1:10.49	(37.82)	1:51.54	(41.05)	2:32.29	(40.75)	
	3:10.51	(38.22)	3:58.01	(47.50)	4:49.56	(51.55)	5:37.71	(48.15)
	6:11.68	(33.97)	6:51.40	(39.72)	7:33.65	(42.25)	8:14.61	(40.96)
---	Eastern				6:42.00	NS		

The SJISA Swim Fast Relays December 10, 2014

Event 3 Women 200 Yard Medley Relay - Varsity (Any grade)

Meet Record: 1:53.50 R 2013

Cherry Hill West

CHW-

1:47.88 AAC

1:55.88 NJS

Team	Relay	Seed Time	Finals Time
1 Moorestown		2:00.00	1:56.60
2 Eastern	30.14 1:02.16 (32.02) 1:30.29 (28.13)	1:56.60 (26.31) 1:59.00	1:59.77
3 Lenape	32.53 1:04.07 (31.54) 1:32.53 (28.46)	1:59.77 (27.24) 2:08.00	2:01.09
4 Cherry Hill West	29.30 1:02.88 (33.58) 1:36.38 (33.50)	2:01.09 (24.71) 1:59.00	2:01.82
5 Haddonfield	31.00 1:05.58 (34.58) 1:37.15 (31.57)	2:01.82 (24.67) 1:58.10	2:02.91
6 Cherry Hill East	30.91 1:10.93 (40.02) 1:35.06 (24.13)	2:02.91 (27.85) 1:58.30	2:04.57
7 Cherokee	31.19 1:05.14 (33.95) 1:35.97 (30.83)	2:04.57 (28.60) 2:00.00	2:05.81
8 Shawnee	31.63 1:07.20 (35.57) 1:38.39 (31.19)	2:05.81 (27.42) 2:04.62	2:06.41
9 Washington Township	34.11 1:10.70 (36.59) 1:39.02 (28.32)	2:06.41 (27.39) 2:04.10	2:13.15
10 Cape May Tech	34.49 1:12.04 (37.55) 1:45.34 (33.30)	2:13.15 (27.81) NT	2:25.52
11 Rancocas Valley	44.87 1:19.10 (34.23) 1:52.37 (33.27)	2:25.52 (33.15) 2:22.00	2:34.85
--- Gloucester	36.99 1:23.51 (46.52) 2:01.63 (38.12)	2:34.85 (33.22) 3:12.18	DQ
--- Woodstown	52.52 1:53.63 (1:01.11) 2:45.97 (52.34)	DQ (33.64) 2:35.00	DQ
	43.65 1:24.43 (40.78) 2:01.52 (37.09)	DQ (38.79)	

The SJISA Swim Fast Relays December 10, 2014

Event 4 Men 200 Yard Medley Relay - Varsity (Any grade)

Meet Record: 1:37.32 R 2010 Saint Augustine

1:35.97 AAC

1:45.65 NJS

Team	Relay		Seed Time	Finals Time
1 Lenape			1:42.00	1:39.33 NJS
	25.40	52.67 (27.27)	1:16.94 (24.27)	
2 Shawnee			1:39.33 (22.39)	1:42.59 NJS
	25.42	56.09 (30.67)	1:21.14 (25.05)	
3 Moorestown			1:42.59 (21.45)	1:43.25 NJS
	26.04	55.04 (29.00)	1:19.73 (24.69)	
4 Cherokee			1:44.00	1:44.99 NJS
	26.73	56.87 (30.14)	1:21.52 (24.65)	
5 Rancocas Valley			1:44.99 (23.47)	1:47.32
	26.30	55.95 (29.65)	1:23.04 (27.09)	
6 Haddonfield			1:47.32 (24.28)	1:48.76
	28.02	58.73 (30.71)	1:25.45 (26.72)	
7 Washington Township			1:48.76 (23.31)	1:50.05
	28.85	1:00.12 (31.27)	1:24.91 (24.79)	
8 Cherry Hill East			1:50.05 (25.14)	1:50.52
	29.09	1:01.01 (31.92)	1:25.96 (24.95)	
9 Cherry Hill West			1:50.52 (24.56)	1:58.78
	30.39	1:02.58 (32.19)	1:31.11 (28.53)	
10 Eastern			1:58.78 (27.67)	2:04.56
	33.62	1:06.48 (32.86)	1:38.45 (31.97)	
11 Woodstown			2:04.56 (26.11)	2:12.62
	30.26	1:17.05 (46.79)	1:43.30 (26.25)	
12 Gloucester			2:12.62 (29.32)	2:34.07
	44.37	1:24.31 (39.94)	2:02.36 (38.05)	
--- Cape May Tech			2:34.07 (31.71)	DQ
	34.40	1:16.31 (41.91)	1:51.73 (35.42)	
			DQ (28.94)	

The SJISA Swim Fast Relays December 10, 2014

Event 5 Women 200 Yard Medley Relay - Grades 9 and 10

Meet Record: 1:54.29 R 2000 Haddonfield
1:47.88 AAC
1:55.88 NJS

Team	Relay	Seed Time	Finals Time
1 Cherry Hill East		2:03.45	2:06.30
	33.00 1:07.34 (34.34) 1:39.16 (31.82)	2:06.30 (27.14)	
2 Cherry Hill West		2:05.50	2:07.35
	34.30 1:07.70 (33.40) 1:44.81 (37.11)	2:07.35 (22.54)	
3 Eastern		2:10.00	2:09.88
	34.95 1:12.28 (37.33) 1:41.66 (29.38)	2:09.88 (28.22)	
4 Lenape		2:16.00	2:11.25
	34.85 1:10.31 (35.46) 1:47.71 (37.40)	2:11.25 (23.54)	
5 Moorestown		2:15.00	2:12.51
	37.02 1:11.77 (34.75) 1:44.86 (33.09)	2:12.51 (27.65)	
6 Shawnee		2:06.80	2:15.63
	36.07 1:10.23 (34.16) 1:44.83 (34.60)	2:15.63 (30.80)	
7 Haddonfield		1:59.20	2:16.27
	32.34 1:19.28 (46.94) 1:46.17 (26.89)	2:16.27 (30.10)	
8 Washington Township		2:08.16	2:28.44
	41.02 1:22.21 (41.19) 2:00.83 (38.62)	2:28.44 (27.61)	
9 Woodstown		2:47.00	2:31.39
	37.10 1:19.12 (42.02) 1:57.59 (38.47)	2:31.39 (33.80)	
10 Cherokee		2:13.00	2:40.52
	49.11 1:07.27 (18.16) 2:15.05 (1:07.78)	2:40.52 (25.47)	
--- Cape May Tech		NT	DQ
	41.88 1:21.95 (40.07) 2:01.40 (39.45)	DQ (30.99)	
--- Rancocas Valley		2:30.00	NS

The SJISA Swim Fast Relays December 10, 2014

Event 6 Men 200 Yard Medley Relay - Grades 9 and 10

Meet Record: 1:41.47 R 2004 Bishop Eustace

1:35.97 AAC

1:45.65 NJS

Team	Relay			Seed Time	Finals Time
1 Moorestown				1:47.00	1:47.70
	27.61	44.79 (17.18)	1:02.28 (17.49)	1:47.70 (45.42)	
2 Shawnee				1:52.00	1:49.57
	29.17	45.32 (16.15)	1:02.01 (16.69)	1:49.57 (47.56)	
3 Lenape				1:54.00	1:52.32
	27.96	59.48 (31.52)	1:26.89 (27.41)	1:52.32 (25.43)	
4 Haddonfield				1:47.52	1:54.80
	28.27	1:01.95 (33.68)	1:29.30 (27.35)	1:54.80 (25.50)	
5 Cherry Hill East				1:50.50	1:54.96
	30.00	1:01.41 (31.41)	1:29.55 (28.14)	1:54.96 (25.41)	
6 Cherokee				1:58.00	1:56.50
	29.64	1:03.68 (34.04)	1:28.62 (24.94)	1:56.50 (27.88)	
7 Eastern				2:01.00	1:56.64
	30.11	1:02.01 (31.90)	1:29.54 (27.53)	1:56.64 (27.10)	
8 Cherry Hill West				1:58.00	1:58.26
	33.98	1:05.73 (31.75)	1:34.09 (28.36)	1:58.26 (24.17)	
9 Rancocas Valley				2:03.00	2:09.56
	36.23	1:11.84 (35.61)	1:41.25 (29.41)	2:09.56 (28.31)	
10 Washington Township				2:21.11	2:14.80
	38.45	1:13.76 (35.31)	1:45.99 (32.23)	2:14.80 (28.81)	
11 Gloucester				2:30.28	2:23.13
	37.63	1:17.72 (40.09)	1:48.51 (30.79)	2:23.13 (34.62)	
12 Cape May Tech				2:30.00	2:43.59
	41.97	1:31.32 (49.35)	2:15.39 (44.07)	2:43.59 (28.20)	
--- Woodstown				2:15.00	DFS

The SJISA Swim Fast Relays December 10, 2014

Event 7 Women 200 Yard Backstroke Relay

Meet Record: 1:55.37 R 1999

Cherry Hill West
Relay

Team	Seed Time	Finals Time
1 Lenape	2:06.00	2:03.02
2 Haddonfield	2:05.10	2:06.67
3 Cherry Hill East	2:06.60	2:08.05
4 Eastern	2:13.00	2:08.06
5 Shawnee	2:08.20	2:11.62
5 Cherry Hill West	2:05.00	2:11.62
7 Moorestown	2:15.00	2:16.20
8 Rancocas Valley	2:47.00	2:21.50
9 Cherokee	2:30.00	2:22.73
10 Washington Township	2:13.18	2:23.23
11 Cape May Tech	NT	2:32.71
--- Gloucester	2:59.02	DQ
--- Woodstown	2:53.00	DQ

The SJISA Swim Fast Relays December 10, 2014

Event 8 Men 200 Yard Backstroke Relay

Meet Record: 1:41.25 R 2001

Cherry Hill East
Relay

Team	Seed Time	Finals Time
1 Rancocas Valley	1:52.00	1:40.37R
2 Moorestown	1:43.00	1:43.41
3 Shawnee	1:38.00	1:43.94
4 Cherry Hill East	1:44.50	1:47.14
5 Cherokee	1:50.00	1:50.54
6 Haddonfield	1:56.30	1:55.27
7 Lenape	1:57.00	1:56.06
8 Washington Township	2:22.50	2:03.86
9 Cherry Hill West	2:09.00	2:04.62
10 Eastern	2:12.00	2:10.50
11 Woodstown	2:40.00	2:16.48
12 Cape May Tech	2:10.00	2:59.61
--- Gloucester	4:13.61	DQ

27.91 52.22 (24.31) 1:16.68 (24.46) 1:40.37 (23.69)
25.77 52.35 (26.58) 1:18.89 (26.54) 1:43.41 (24.52)
26.76 54.25 (27.49) 1:20.83 (26.58) 1:43.94 (23.11)
28.22 52.73 (24.51) 1:20.18 (27.45) 1:47.14 (26.96)
27.38 55.69 (28.31) 1:25.16 (29.47) 1:50.54 (25.38)
29.53 45.13 (15.60) 1:01.39 (16.26) 1:55.27 (53.88)
27.90 58.49 (30.59) 1:25.66 (27.17) 1:56.06 (30.40)
35.78 1:06.70 (30.92) 1:36.50 (29.80) 2:03.86 (27.36)
34.45 1:04.87 (30.42) 1:35.57 (30.70) 2:04.62 (29.05)
39.43 1:11.17 (31.74) 1:42.41 (31.24) 2:10.50 (28.09)
30.95 1:05.61 (34.66) 1:42.22 (36.61) 2:16.48 (34.26)
52.02 2:17.28 () 2:59.61 (42.33)
39.95 1:18.83 (38.88) 2:00.27 (41.44) DQ (28.39)

The SJISA Swim Fast Relays December 10, 2014

Event 9 Women 200 Yard Butterfly Relay

Meet Record: 1:52.34 R 2000

Haddonfield

Relay

Team	Seed Time	Finals Time
1 Haddonfield	1:55.95	2:00.34
2 Eastern	28.38 59.75 (31.37) 1:31.75 (32.00) 2:00.34 (28.59) 2:03.00	2:00.77
3 Moorestown	31.46 1:02.45 (30.99) 1:32.50 (30.05) 2:00.77 (28.27) 2:10.00	2:02.91
4 Cherry Hill East	29.08 1:02.34 (33.26) 1:34.33 (31.99) 2:02.91 (28.58) 2:01.90	2:04.94
5 Lenape	32.95 1:03.91 (30.96) 1:35.60 (31.69) 2:04.94 (29.34) 2:18.00	2:06.93
6 Shawnee	33.67 1:05.99 (32.32) 1:37.04 (31.05) 2:06.93 (29.89) 2:08.20	2:07.65
7 Cherry Hill West	31.42 1:06.37 (34.95) 1:39.47 (33.10) 2:07.65 (28.18) 2:04.20	2:09.53
8 Washington Township	29.15 1:02.99 (33.84) 1:36.41 (33.42) 2:09.53 (33.12) 2:16.18	2:17.63
9 Cherokee	34.18 1:10.80 (36.62) 1:42.47 (31.67) 2:17.63 (35.16) 2:10.00	2:20.21
10 Woodstown	33.80 1:12.80 (39.00) 1:50.23 (37.43) 2:20.21 (29.98) 2:58.00	2:27.79
11 Rancocas Valley	36.72 1:08.25 (31.53) 1:47.40 (39.15) 2:27.79 (40.39) 2:48.00	2:33.37
12 Cape May Tech	39.58 1:20.27 (40.69) 1:59.86 (39.59) 2:33.37 (33.51) NT	2:34.50
	40.46 1:21.68 (41.22) 1:57.36 (35.68) 2:34.50 (37.14)	

The SJISA Swim Fast Relays December 10, 2014

Event 10 Men 200 Yard Butterfly Relay

Meet Record: 1:40.31 R 1998

Haddonfield
Relay

Team	Seed Time	Finals Time
1 Moorestown	1:41.00	1:38.66R
2 Shawnee	1:42.00	1:42.69
3 Lenape	1:48.00	1:48.56
4 Rancocas Valley	1:50.00	1:50.25
5 Haddonfield	1:48.99	1:50.48
6 Cherry Hill East	1:42.50	1:51.36
7 Woodstown	2:41.00	1:51.63
8 Cherry Hill West	1:59.00	1:55.47
9 Washington Township	1:54.96	1:57.38
10 Eastern	1:55.00	2:00.98
11 Gloucester	2:16.30	2:09.77
--- Cherokee	1:43.50	DQ
--- Cape May Tech	2:00.00	DQ

The SJISA Swim Fast Relays December 10, 2014

Event 11 Women 200 Yard Freestyle Relay - Varsity (Any grade)

Lead-off 50 Free NJSQT - 25.21

Meet Record: 1:43.21 R 2008 Cherry Hill East
1:37.78 AAC
1:44.16 NJS

Team	Relay	Seed Time	Finals Time
1 Moorestown		1:49.00	1:46.54
	27.66 54.30 (26.64) 1:20.80 (26.50)	1:46.54 (25.74)	
2 Cherokee		1:48.00	1:49.94
	28.64 55.81 (27.17) 1:23.70 (27.89)	1:49.94 (26.24)	
3 Cherry Hill East		1:48.70	1:53.16
	28.93 57.23 (28.30) 1:25.88 (28.65)	1:53.16 (27.28)	
4 Washington Township		1:56.18	1:53.56
	28.70 56.78 (28.08) 1:25.50 (28.72)	1:53.56 (28.06)	
5 Shawnee		1:55.12	1:54.20
	27.89 56.36 (28.47) 1:25.82 (29.46)	1:54.20 (28.38)	
6 Eastern		1:58.00	1:54.45
	26.32 55.49 (29.17) 1:24.60 (29.11)	1:54.45 (29.85)	
7 Lenape		1:54.00	1:54.72
	29.95 45.36 (15.41) 1:01.82 (16.46)	1:54.72 (52.90)	
8 Haddonfield		1:53.12	1:56.72
	28.46 57.92 (29.46) 1:26.35 (28.43)	1:56.72 (30.37)	
9 Cherry Hill West		1:53.00	1:56.98
	28.52 58.65 (30.13) 1:27.99 (29.34)	1:56.98 (28.99)	
10 Rancocas Valley		2:10.00	2:01.14
	30.11 1:00.55 (30.44) 1:32.75 (32.20)	2:01.14 (28.39)	
11 Cape May Tech		NT	2:05.51
	29.94 1:03.33 (33.39) 1:35.87 (32.54)	2:05.51 (29.64)	
12 Woodstown		2:10.00	2:18.52
	35.04 1:09.58 (34.54) 1:39.35 (29.77)	2:18.52 (39.17)	
13 Gloucester		2:37.56	2:37.98
	35.08 1:20.60 (45.52) 2:02.90 (42.30)	2:37.98 (35.08)	

The SJISA Swim Fast Relays December 10, 2014

Event 12 Men 200 Yard Freestyle Relay - Varsity (Any grade)

Lead-off 50 Free NJSQT - 22.67

Meet Record: 1:27.96 R 2006 Cherry Hill West
1:26.61 AAC
1:35.09 NJS

Team	Relay	Seed Time	Finals Time
1 Lenape		1:32.00	1:29.26 NJS
	22.98 45.64 (22.66) 1:07.89 (22.25)	1:29.26 (21.37)	
2 Rancocas Valley		1:40.00	1:29.99 NJS
	22.10 45.12 (23.02) 1:08.26 (23.14)	1:29.99 (21.73)	
3 Moorestown		1:33.00	1:33.70 NJS
	24.52 47.92 (23.40) 1:10.90 (22.98)	1:33.70 (22.80)	
4 Haddonfield		1:37.56	1:35.68
	24.03 48.04 (24.01) 1:12.81 (24.77)	1:35.68 (22.87)	
5 Cherokee		1:35.50	1:35.78
	24.22 49.00 (24.78) 1:13.98 (24.98)	1:35.78 (21.80)	
6 Cherry Hill East		1:36.00	1:38.77
	23.92 48.33 (24.41) 1:13.49 (25.16)	1:38.77 (25.28)	
7 Shawnee		1:41.00	1:40.39
	25.52 49.90 (24.38) 1:15.59 (25.69)	1:40.39 (24.80)	
8 Eastern		1:42.00	1:42.50
	25.89 52.12 (26.23) 1:18.69 (26.57)	1:42.50 (23.81)	
9 Woodstown		1:45.00	1:52.90
	29.49 54.06 (24.57) 1:27.09 (33.03)	1:52.90 (25.81)	
10 Cape May Tech		1:50.00	2:10.10
	28.71 59.51 (30.80) 1:34.14 (34.63)	2:10.10 (35.96)	
--- Gloucester		1:47.15	DQ
	26.57 53.32 (26.75) 1:20.57 (27.25)	DQ (26.20)	
--- Cherry Hill West		1:38.00	DQ
--- Washington Township		1:46.22	NS

The SJISA Swim Fast Relays December 10, 2014

Event 13 Women 200 Yard Freestyle Relay - Grades 9 and 10

Lead-off 50 Free NJSQT - 25.21

Meet Record: 1:43.62 R 2005 Cherry Hill West
1:37.78 AAC
1:44.16 NJS

Team	Relay	Seed Time	Finals Time
1 Cherry Hill East		1:54.45	1:53.57
	29.35 58.16 (28.81) 1:26.12 (27.96)	1:53.57 (27.45)	
2 Haddonfield		1:51.25	1:53.62
	26.89 55.40 (28.51) 1:24.57 (29.17)	1:53.62 (29.05)	
3 Eastern		1:55.00	1:54.29
	31.34 58.60 (27.26) 1:26.75 (28.15)	1:54.29 (27.54)	
4 Shawnee		2:02.45	1:55.39
	28.36 58.19 (29.83) 1:28.57 (30.38)	1:55.39 (26.82)	
5 Moorestown		2:10.00	1:58.31
	30.74 58.07 (27.33) 1:29.10 (31.03)	1:58.31 (29.21)	
6 Cherry Hill West		1:53.00	1:58.77
	29.34 59.37 (30.03) 1:28.63 (29.26)	1:58.77 (30.14)	
7 Washington Township		1:57.18	2:04.45
	29.50 57.75 (28.25) 1:32.40 (34.65)	2:04.45 (32.05)	
8 Lenape		2:13.00	2:05.53
	31.26 1:03.09 (31.83) 1:35.85 (32.76)	2:05.53 (29.68)	
9 Cape May Tech		NT	2:10.17
	36.92 1:03.63 (26.71) 1:36.88 (33.25)	2:10.17 (33.29)	
10 Cherokee		2:20.00	2:10.99
	34.67 1:12.12 (37.45) 2:10.99 (58.87)		
--- Woodstown		2:25.00	DQ
	41.99 1:24.45 (42.46) 1:56.61 (32.16)	DQ (32.50)	
--- Rancocas Valley		2:16.00	NS

The SJISA Swim Fast Relays December 10, 2014

Event 14 Men 200 Yard Freestyle Relay - Grades 9 and 10

Lead-off 50 Free NJSQT - 22.67

Meet Record: 1:32.82 R 2005 Cherry Hill West
1:26.61 AAC
1:35.09 NJS

Team	Relay	Seed Time	Finals Time
1 Moorestown		1:37.00	1:37.25
	24.96 48.85 (23.89) 1:13.39 (24.54)	1:37.25 (23.86)	
2 Cherry Hill East		1:40.00	1:37.86
	24.30 49.44 (25.14) 1:13.27 (23.83)	1:37.86 (24.59)	
3 Haddonfield		1:44.50	1:39.42
	23.12 48.27 (25.15) 1:14.35 (26.08)	1:39.42 (25.07)	
4 Lenape		1:41.00	1:40.82
	25.85 53.12 (27.27) 1:18.15 (25.03)	1:40.82 (22.67)	
5 Cherry Hill West		1:44.00	1:41.62
	25.62 50.78 (25.16) 1:07.57 (16.79)	1:41.62 (34.05)	
6 Shawnee		1:48.00	1:44.21
	26.28 52.13 (25.85) 1:18.24 (26.11)	1:44.21 (25.97)	
7 Eastern		1:50.00	1:44.68
	27.54 53.86 (26.32) 1:19.54 (25.68)	1:44.68 (25.14)	
8 Rancocas Valley		1:48.00	1:49.18
	28.08 55.66 (27.58) 1:23.60 (27.94)	1:49.18 (25.58)	
9 Cherokee		1:50.00	1:52.72
	28.78 56.93 (28.15) 1:27.12 (30.19)	1:52.72 (25.60)	
10 Washington Township		2:05.25	1:55.91
	29.41 1:00.47 (31.06) 1:28.42 (27.95)	1:55.91 (27.49)	
11 Gloucester		2:02.04	2:12.65
	29.55 1:01.50 (31.95) 1:46.78 (45.28)	2:12.65 (25.87)	
--- Woodstown		2:03.00	DQ
	1:03.27 1:20.17 (16.90) 2:18.05 (57.88)	DQ (29.14)	
--- Cape May Tech		2:00.00	NS

The SJISA Swim Fast Relays December 10, 2014

Event 15 Women 200 Yard Breaststroke Relay

Meet Record: 2:07.97 R 2009

Moorestown
Relay

Team	Seed Time	Finals Time
1 Moorestown	2:31.00	2:18.46
2 Lenape	2:23.00	2:22.45
3 Cherry Hill West	2:21.00	2:24.48
4 Eastern	2:25.00	2:26.31
5 Cherry Hill East	2:28.45	2:28.89
6 Shawnee	2:08.20	2:30.09
7 Washington Township	2:35.16	2:36.82
8 Haddonfield	2:13.14	2:39.73
9 Rancocas Valley	2:46.00	2:42.63
10 Cherokee	2:35.00	2:44.85
11 Cape May Tech	NT	2:45.10
12 Woodstown	3:15.00	3:10.35

The SJISA Swim Fast Relays December 10, 2014

Event 16 Men 200 Yard Breaststroke Relay

Meet Record: 1:53.46 R 2007

Cherry Hill East
Relay

Team	Seed Time	Finals Time
1 Moorestown	1:59.00	1:56.64
2 Lenape	2:00.00	1:56.98
3 Shawnee	2:02.00	2:02.71
4 Washington Township	2:25.66	2:03.58
5 Cherry Hill East	1:50.00	2:08.41
6 Cherokee	2:07.00	2:11.67
7 Rancocas Valley	2:05.00	2:12.89
8 Cherry Hill West	2:30.00	2:14.55
9 Haddonfield	1:59.99	2:23.56
10 Eastern	2:22.00	2:28.47
11 Gloucester	2:41.37	2:33.22
12 Cape May Tech	2:20.00	2:51.13
--- Woodstown	2:54.00	DQ

1:11.04 1:44.00 (32.96) 2:30.00 (46.00) DQ (32.41)

The SJISA Swim Fast Relays December 10, 2014

Event 17 Women 100 Yard Freestyle Relay

Winner is closest to 1:00, +/- !

Meet Record: 59.97 R 2011 Haddonfield

Team	Relay	Seed Time	Finals Time
1 Cherry Hill East		NT	58.41
	29.62	58.41 (28.79)	
2 Cherokee		NT	59.43
	26.28	59.43 (33.15)	
3 Washington Township		NT	1:00.22
	30.07	1:00.22 (30.15)	
4 Lenape		NT	1:00.23
	32.40	1:00.23 (27.83)	
5 Haddonfield		NT	1:00.53
	30.72	1:00.53 (29.81)	
6 Moorestown		NT	1:00.78
	33.20	1:00.78 (27.58)	
7 Rancocas Valley		NT	1:00.83
	30.19	1:00.83 (30.64)	
8 Cherry Hill West		NT	1:02.15
	39.76	1:02.15 (22.39)	
9 Cape May Tech		NT	1:03.11
	32.41	1:03.11 (30.70)	
10 Woodstown		NT	1:04.08
	33.90	1:04.08 (30.18)	
11 Shawnee		NT	1:05.16
	32.96	1:05.16 (32.20)	
12 Gloucester		NT	1:10.68
	38.59	1:10.68 (32.09)	
--- Eastern		NT	NS

The SJISA Swim Fast Relays December 10, 2014

Event 18 Men 100 Yard Freestyle Relay

Winner is closest to 1:00, +/- !

Meet Record: 1:00.01 R 2009 Triton

Team	Relay	Seed Time	Finals Time
1 Woodstown		NT	39.25
	23.80	39.25 (15.45)	
2 Moorestown		NT	53.80
	28.10	53.80 (25.70)	
3 Gloucester		NT	57.37
	28.62	57.37 (28.75)	
4 Haddonfield		NT	59.13
	24.10	59.13 (35.03)	
5 Rancocas Valley		NT	59.35
	31.21	59.35 (28.14)	
6 Cherokee		NT	59.66
	27.81	59.66 (31.85)	
7 Washington Township		NT	59.91
	27.94	59.91 (31.97)	
8 Lenape		NT	1:00.33
	30.88	1:00.33 (29.45)	
9 Cape May Tech		NT	1:00.42
	33.74	1:00.42 (26.68)	
10 Shawnee		NT	1:00.45
	31.55	1:00.45 (28.90)	
11 Cherry Hill West		NT	1:00.93
	26.85	1:00.93 (34.08)	
12 Cherry Hill East		NT	1:02.75
	31.36	1:02.75 (31.39)	
--- Eastern		NT	NS

**The SJISA Swim Fast Relays
December 10, 2014**

Final Women's Team Scores

Place	School		Points
1	Cherry Hill East	CHE	260
2	Moorestown	MTN	256
3	Eastern	EAS	252
4	Haddonfield	HFD	230
5	Lenape	LNP	228
6	Shawnee	SHW	215
7	Cherry Hill West	CHW	213
8	Washington Township	WTP	182
9	Cherokee	CHK	176
10	Rancocas Valley	RVY	92
11	Cape May Tech	CMT	90
12	Woodstown	WTN	62
Total			2,256.00

Final Men's Team Scores

Place	School		Points
1	Moorestown	MTN	290
2	Lenape	LNP	266
3	Shawnee	SHW	244
4	Rancocas Valley	RVY	236
5	Cherry Hill East	CHE	224
6	Haddonfield	HFD	214
7	Cherokee	CHK	182
8	Cherry Hill West	CHW	152
9	Washington Township	WTP	140
10	Eastern	EAS	126
11	Woodstown	WTN	78
12	Gloucester	GLO	72
13	Cape May Tech	CMT	54
Total			2,278.00