

**Official Supplier of Awards & Trophies
to the
South Jersey Interscholastic
Swimming Association:**



**Custom Awards
& Trophies, Inc.**

Reasonable Rates, Fast Service
Designed, Assembled & Engraved on Premises

Trophies ♦ Plaques ♦ Gifts
Ribbons ♦ Certificates

**208 White Horse Pike,
Barrington, NJ 08007
(856) 547 - 7777**

**The Thirty-Eighth Annual
All-South Jersey
Swimming & Diving Awards Banquet**



Sponsored by
**The South Jersey Interscholastic Swimming Association
& The William J. Lyons Chapter of the NJSOA**

**Masso's Crystal Manor
Glassboro, New Jersey
Wednesday, March 26, 2014**

Tonight's Program:

➤ Welcome / Invocation

➤ The Bill Maschke Scholar-Athlete Awards

➤ The Outstanding Official Award

➤ The William Lyons Jr. Memorial Award

➤ The Angela Hallerud

Newcomer of the Year Award

➤ The Ray Hegel Award

➤ The John Bohanna

Most Courageous Award

➤ The Candy Fenton

Manager of the Year Award

➤ The Jim Roach Diver of the Year Awards

➤ The Swimmer of the Year Awards

➤ State Team Tournament Qualifiers and

Section & State Champions Recognition

➤ Individual State Champion Awards

➤ The William J. Lyons

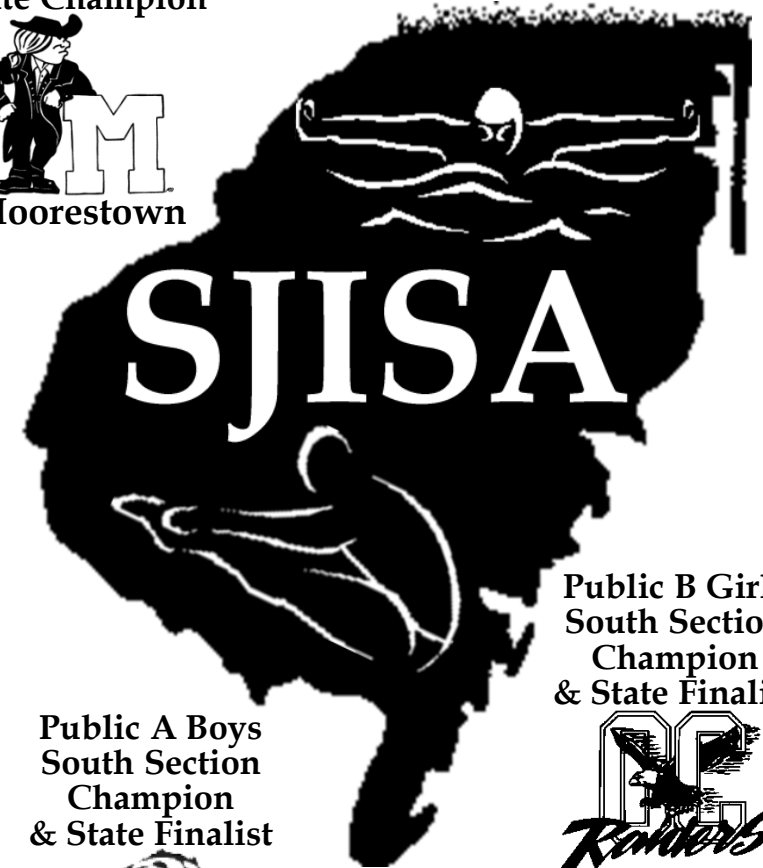
Team Sportsmanship Award

➤ The All-South Jersey Teams

➤ The Coaches of the Year

Congratulations to our section champs & state champion!

Public B Boys
South Section &
State Champion



Public A Boys
South Section
Champion
& State Finalist



Cherry Hill East

Public B Girls
South Section
Champion
& State Finalist



Ocean City

Public A Girls
South Section
Champion



Cherokee

The SJISA wishes to extend

very special thanks to:

♥ **Chris Miller** and the entire

GCIT Aquatic Staff for their very capable hosting of our very successful 2013-14 diving, Invitational & McNitt meets.

♥ The absolutely irreplaceable, irrepressible and truly wonderful

Ms. Lynn McNitt without whom the organization would not run as smoothly as we have all become accustomed.

♥ All the coaches, parents and athletes who supported swimming throughout the season.

♥ **The South Jersey Swimming Officials** of the **William J. Lyons Chapter** with their continued support and expertise throughout the year in all aspects of the sport.

♥ **Designer-T's** for their great shirts.

♥ **Paul's Trophies** for their continued masterful service to high school swimming in South Jersey.

♥ Special thanks go to the **Cape May County Technical School District** for the production of these programs.

The South Jersey Interscholastic

Swimming Association Trustees

President – Matt McElroy, Cape May Tech Boys

Vice-President – Joe Pegues, Gateway/Woodbury

Secretary – Linda DuBois, A. P. Schalick

Treasurer – Peggy Tedesco, Holy Cross

Brian Booth, Mainland

Maura McDermott, Haddon Twp.

Kristen Mirabello, Pitman

Kevin Nolan, Gloucester Catholic

Jessica Slates, Washington Twp. Girls

Stephen Tucker, Sterling

Tech Coordinator/Advisor – Scott Sweeten, C.H. West Girls

The William J. Lyons Chapter of the NJ

Swimming Officials Association

President – Bob Binz

Vice-President – Bob Horvath

Secretary/Assigner – Burt German

Treasurer – Eileen Tallman

Recorder – Donna O'Leary

Rules Interpreter – Burt German

The 2014 Bill Maschke Scholar-Athlete Awards

The SJISA is pleased to present this award in the memory of Bill Maschke, an outstanding scholar, swimmer and coach here in South Jersey. A \$500 scholarship will be awarded to a maximum of four males and four females from the senior class that are chosen by a special committee from a pool of qualified applicants whose coaches have submitted transcripts, meet sheets and other supporting documents. To be considered, an applicant must have carried a minimum cumulative 3.7 GPA (on a weighted 4.0 scale) through seven semesters of work and have participated in 80% of the team's meets during the season. The committee evaluates the criteria based on a point system approved by the general membership and the award's winners are selected out of the pool of qualifying finalists by the committee. Five runner-ups for each gender will each receive a \$100 award.

Brittany Bayes, Clearview

Kacie Dunham, Shawnee

Rachel Kessler, Atlantic City

Maddison Parry, Cinnaminson

Brad Donohue, Haddon Twp.

Conrad Eisenhardt, Clearview

Liam Mahoney, Cherry Hill East

Michael Scheipe, Lenape

\$100 honorees:

Colin Fisher, Cherokee; Trevor Gehring, Cape May Tech; Anthony Hoang, Egg Harbor Twp.; Johnny Malatesta Vineland; Katie Bayes, Clearview; Sarah Bennett, Vineland; MaryKate Davis, Bishop Eustace; Rachel Smith, Vineland

Previous recipients of the Bill Maschke Award:

- 2013 Justin Harvie, Washington Twp.; Chris McClintock, Mainland; John Morris, Cumberland; Andrew Mottola, Sterling; Colleen Callahan, Ayana Cox, Melissa Toy, & Dominique Voso, Atlantic City
- 2012 Jack Gilligan, Shawnee; Joseph Lakits, Pitman; Tom Rebbecchi, C.H. West; Rick Seffrin, Glassboro; Marlee Ehrlich, C.H. East; Lauren Huckel, Cinnaminson; Jennifer Kaufman, Atlantic City; Megan Norton, Ocean City
- 2011 Christopher Campbell, Holy Cross; David Campbell, Eastern; Michael Thomas, Holy Cross; Zachary Wister, Haddon Heights; Kaitlin Hare, Oakcrest; Lexi Misiewicz, Sacred Heart; Amanda Pegues, Gloucester Catholic
- 2010 Dale Davis & Brian Sullivan, Gateway/Woodbury; Chelsea Cioffi, Pitman; Shannon Donohue, Haddon Twp.; Maureen McCotter, Bishop Eustace; Amanda Zipf, Egg Harbor Twp.
- 2009 Colleen McClintock, Mainland; Carly Misiewicz, Sacred Heart
- 2008 Dave Heinemann, Egg Harbor Twp.; Michael Rebutck, Moorestown
- 2007 Stevi Anderson, Vineland; Maureen O'Neill, Cherry Hill West
- 2006 Evan Schindewolf, Egg Harbor Twp.; Andrew Wood, Washington Twp.
- 2005 Tiffany Malatesta, Vineland; Kelly Williams, Washington Twp.; Josh Bryan, Cherokee; Eric Mooney, Holy Spirit
- 2004 Julia Brinberg, Atlantic City; Danielle Trinkner, Triton; P.J. Ritter, Cumberland; Craig Schindewolf, Egg Harbor Twp.
- 2003 Michael Cobby, Eastern; Joe Madres, Cherry Hill West
- 2002 Sara Jaggi, Haddon Heights; Caroline Merighi, Vineland; Tom Bogle, Eastern; Richard Logar, Shawnee
- 2001 Deanna Kloss, Holy Cross; Heather Mierkowski, Audubon; Jason Jennings, Cherry Hill West; Joe Murowany, Millville
- 2000 Katie Kopil, Cherry Hill West; Erin Sykes, Holy Spirit; Michael Mierkowski, Audubon; Ryan Restrepo, Haddon Heights
- 1999 Kristie Herbst, West Deptford; Shannon Lynch, Lenape; Sean Patterson, Haddon Heights; Joe Petrini, Gateway
- 1998 Anne-Marie Casperite, Holy Cross; Kathleen Kennedy, Delran; Kate McDonnel, Haddon Twp.; Charles Gersbach, Shawnee; Joe Molle, Pitman
- 1997 Lisa Marandola, St. James; Karyn Singer, Cherry Hill West; Anthony Scarpaci, Washington Twp.; Michael Weiss, Cherry Hill East
- 1996 Kirsten Doert, Moorestown; Cheryl Lemon, Gateway; Mark Beckler, Pennsauken; Clifford Bircks, Haddonfield
- 1995 Julie Mason, Mainland; Robert Grimming, Woodbury
- 1994 Jody Sanders, Cherry Hill West; Robert Burroughs, Gateway
- 1993 Sandy Pietrantonio, Woodstown; Bill Peranteau, Gloucester Catholic

Each year, the SJISA honors any active high school coaches who have served their school and community for twenty years. All head coaches, assistant coaches and diving coaches in the South Jersey area are eligible for this award. This year, the SJISA is proud to award a gold watch to:

Brian Booth

Mainland Regional High School

Previous recipients of the Twenty Year Service Award:

- | | |
|----------------------------------------|-------------------------------|
| 2011 Peggy Tedesco, Holy Cross | 2003 Bill Hoover, Millville; |
| 2010 Emily Kennedy, Delran/Moorestown; | John Rakowski, Mainland |
| Mike Panarella, Shawnee/Eastern; | 2002 Pete Kelley, West |
| Will Wanamaker, Moorestown | Deptford/Schalick |
| 2009 Linda DuBois, A.P. Schalick; | 2001 Ginny Weber, Moorestown; |
| Joe Pegues, Gateway/Woodbury | Bo Wood, C.H. East |
| 2008 Diane Tucker, Sacred Heart | 1998 Dick Haines, Shawnee |
| 2006 John Malatesta, Vineland | 1997 Kathy Ruhl, Pennsauken |
| 2005 Sue Rybak, C.H. West; Bill | 1996 Dick Nelson, Gateway; |
| Sheppard, C.H. East; Kevin Nolan, | Fred Knouse, C.H. East; |
| Gloucester Catholic & | John Casadia, Jr., Vineland |
| Bill Howarth, Atlantic City | |

The 2014 Coaches of the Year

Each year, this award is presented to the coaches who have shown superior leadership, sportsmanship, excellence and dedication. They are chosen by a peer vote at the March general membership meeting. The nominees this year are:

Girls' Teams

Katie Merz, Ocean City

Steve Skinner, Clearview

Ann Rychlik, Cherokee

Jeff Weigel, Shawnee

Boys' Teams

Jeff DeNick, Moorestown

Maura McDermott, Haddon Township

Andre Lopez, Lenape

Shane McGrath, Ocean City

Previous recipients of the COY Award:

Girls' Teams (2005 to present):

- 2013 John Rakowski, Mainland
- 2012 Jessica Semar, Cherry Hill West
- 2011 Mike Schneider, Vineland
- 2010 Bill Howarth, Atlantic City
- 2009 Bob Queribin, Haddonfield
- 2008 Will Wanamaker, Moorestown
- 2007 Mike Schiavo, Holy Spirit & Scott Sweeten, Cherry Hill West
- 2006 John Casadia, Jr., Vineland
- 2005 Scott Sweeten, Cherry Hill West
- 2004 John Casadia, Jr., Vineland
- 2003 Brian Booth, Mainland
- 2002 Mike Parker, Bishop Eustace
- 2001 Bo Wood, Cherry Hill East
- 2000 Mike Schiavo, Holy Spirit
- 1999 Mike Panarella, Shawnee
- 1998 Scott Sweeten, Cherry Hill West
- 1997 Linda DuBois, Schalick
- 1996 Bob Queribin, Haddonfield
- 1995 John Rakowski, Mainland
- 1994 Will Wanamaker, Moorestown
- 1993 Ginny Weber, Moorestown
- 1992 Kevin Nolan, Gloucester Catholic

Boys' Teams (2005 to present):

- 2013 Joe Pegues, Gateway/Woodbury
- 2012 Stephen Tucker, Sterling
- 2011 Matt McElroy, Cape May Tech
- 2010 Brian Booth, Mainland
- 2009 Diane Tucker, Sacred Heart
- 2008 Jon Stinson, St. Augustine
- 2007 Brian Sloan, Millville
- 2006 Mike Schiavo, Holy Spirit
- 2005 Ryan Sprang, St. Augustine
- 1991 Steve Ariff, Highland
- 1990 Pete Kelley, West Deptford
- 1989 Bill Sheppard, Cherry Hill East
- 1988 Dick Nelson, Gateway
- 1987 Beth Kingston, Moorestown
- 1986 Marianne Malcom, Cherokee
- 1985 George Rhea, Cherry Hill West
- 1984 Barry Adamson, Camden Co. Tech
- 1983 John Myers, Shawnee
- 1982 Lynn McNitt, Cherry Hill West
- 1981 Jim DeBolt, Lenape
- 1980 Pete Williams, Haddon Twp.
- 1979 John Casadia, Jr., Vineland

The 2014 All-South Jersey Team - Girls' 2nd Team

200 Freestyle	Emily Barnard	11 Absegami
200 Individual Medley	Jenna Zagoren	12 Cherry Hill West
50 Freestyle	Miranda Coughlin	11 Clearview
	Abbey Neveling	9 Haddonfield
Diving	Jenna Santora	12 Mainland
100 Butterfly	Jamie Bowne	9 Cherokee
100 Freestyle	Camryn Greenleaf	9 Egg Harbor Twp.
500 Freestyle	Amber Glenn	10 Ocean City
100 Backstroke	Natalie Simunek	12 Cherry Hill East
100 Breaststroke	Maddy Koelsch	12 Cherry Hill West

The 2014 All-South Jersey Team - Boys' 2nd Team

200 Freestyle	Nolan Coyle	12 Mainland
200 Individual Medley	Duncan Brookover	10 Cherry Hill East
50 Freestyle	John Shellem	12 Lenape
Diving	Ethan O'Neill	11 Cherry Hill East
100 Butterfly	Kyle Risley	12 Oakcrest
100 Freestyle	Chris Cook	12 Rancocas Valley
	Bryan Mattingly	12 Shawnee
500 Freestyle	Logan Barnes	12 Northern Burlington
100 Backstroke	JD Schurer	11 Moorestown
100 Breaststroke	Dragan Vujovic	11 Lenape

The 2014 All-South Jersey Team - Girls' 1st Team

200 Freestyle	Taylor Worrell	12 Rancocas Valley
200 Individual Medley	Carter Orth	11 Moorestown
50 Freestyle	Noel Styer	12 Ocean City
Diving	Sophia Peifer	9 Haddonfield
100 Butterfly	Julianna Foss	12 Shawnee
100 Freestyle	Sophie Fontaine	10 Haddonfield
500 Freestyle	Amanda Nunan	9 Ocean City
100 Backstroke	Isabel Obergon	11 Cherokee
100 Breaststroke	Marissa Moskalow	11 Clearview
"Wild Card" (100 Back)	Emily Werth	12 Cherokee

The 2014 All-South Jersey Team - Boys' 1st Team

200 Freestyle	Steven Shek	11 Lenape
200 Individual Medley	Alexander Martin	10 Moorestown
50 Freestyle	Eddie Parks	11 Vineland
Diving	Logan McHenry	12 Atlantic City
100 Butterfly	Jon Burkett	11 Shawnee
100 Freestyle	Mark Novatorskiy	11 Vineland
500 Freestyle	Zachary Fong	11 Moorestown
100 Backstroke	JT Lumpkin	12 Clearview
100 Breaststroke	Colin McHugh	11 St. Augustine
"Wild Card" (100 Fly)	David Rowe	11 Cherry Hill East

The 2014 NISCA Outstanding Official Award

This award recognizes the outstanding achievement of selected officials in each state throughout the nation by the National Interscholastic Swimming Coaches Association.

This year, the SJISA is pleased to honor:

Barbara Biedenbach

Previous recipients of the OO Award:

2012 Ray Cavanaugh	1998 Ellen Higgins
2010 Bob Binz	1997 Chris Maisch
2007 Frank Roberts	1996 Barry Adamson
2006 Eileen Tallman	1995 Charlie Lee
2005 Phil Heery	1994 Marion Bear
2004 George Borger	1993 Al Shoop
2003 Bob Horvath	1992 Frank Forde
2002 Ellen Mace	1991 Ruth Rogers
2001 Donna O'Leary	1990 Burt German
2000 Bill Gehringer	1989 Dick Wolff
1999 Ed Fahey	1988 Steve Egbert
	1987 Bill Lyons

The 2014 William Lyons Jr. Memorial Award

This award is presented annually by the South Jersey Swimming Officials to a male or female high school senior swimmer who has shown extraordinary dedication, sacrifice, sportsmanship, scholarship and community leadership. Each high school nominates their own candidate and the winner is selected by a special board of swimming officials in honor of the late William Lyons, Jr., a long-time official and swimming enthusiast. *This was the second year that male candidates were also considered for the award.*

MacKenna Angert

West Deptford High School

Previous recipients of the Lyons Memorial Award:

2013 Molly Podosek, Schalick
2012 Greta vanVeldhuisen, Northern Burlington
2011 Amanda Pegues, Gloucester Cath.
2010 Allyson Mitidieri, C.H. West
2009 Christina Watts, Vineland
2008 Ashley Schneider, Moorestown
2007 Beth Mooney, Holy Spirit
2006 Tiffany Malatesta, Vineland
2005 Karly Daplyn, Vineland
2004 Jessica Cobb, Moorestown

The 2014 Angela Hallerud Newcomer of the Year Award

This award will be presented annually to memorialize the life of Lenape swimmer Angela Hallerud by honoring any team member in their first year of high school swimming (regardless of grade) that positively-influenced the culture of his/her team by fostering team unity and the collective achievements of his/her teammates. The winner each year will receive a plaque, a \$100 gift certificate to "The Sprint Lane" shop at Jersey Wahoons in Mt. Laurel and free lifeguarding certification classes courtesy of the Hallerud family.

Michael Avallone

Clearview Regional High School

A sophomore, Mike did not come out for the team until this year. He had always considered himself a basketball player, but he realized sometime in the summer that he wanted to be a year-round swimmer. We are grateful that he came to that realization, for Mike is a true leader on the team. He is always cheering for the other swimmers during meets, he reaches out to the underclassmen to make sure everyone feels like they belong, and he goes out of his way to pump up the team. He can often be found leading the swimmers in a rendition of "God Bless America" on the bus ride home from a meet or gathering everyone during the dive break to say a cheer before the second half of the meet.

Mike says that being a part of our school's swim team was like nothing he has ever experienced before. He says it takes a certain kind of athlete to go out for swimming because it is one of the most physically demanding sports. He says that he and his teammates are in it together when they complete a tough set during practice, but his relationships with his teammates extend beyond the pool deck. They often go out for pizza, have pasta parties, and are true friends. He even made a new best friend by being a member of our team this year.

It is easy to forget that Mike is just a sophomore and a swim team "newcomer." He fits in so well with the other students and has become a true asset to the team. As he becomes an upperclassman, his potential for leadership only grows. Mike has already been bestowed with the responsibility of leading our team in our pre-meet chant next year. Once he is a senior, I would not be surprised if he is named captain. Mike was a great candidate for the "Newcomer of the Year" award because his dedication, spirit, and positivity go unmatched on our swim team.

Previous recipients of the Angela Hallerud Award:

- 2013 Jillian Bujanowski, Holy Cross
- 2012 Andrew Holm, Northern Burlington
- 2011 Katie Bayes, Clearview
- 2010 Erika Esposito, Gateway

The History of the All-South Jersey Teams

In 1978, the South Jersey Swimming Officials selected and honored the first All-Star team. From 1978 to 1980, only one team of honorees was named and honored by the Courier-Post. From 1981 to 1986, the paper listed both an All-Star team and a group of honorable mention swimmers. In those early days, the main criteria for choosing the team was the results from the NJSIAA's "Meet of Champions", now called the Individual State Championships.

In 1987, the paper published a first, second and third team of honorees for the first time. The main criteria remained performance at the NJSIAA meet but as the SJISA Invitational and the various conference and league championships evolved, times from those meets began to also be considered for the teams' selections.

As the number of meets increased, the SJISA voted in 1991 to select its teams solely on the basis of all electronically-timed results achieved at any championship or playoff meets. Today, the organization is proud to note that the fifty-six athletes whose performances have placed them on these pages represent every swimming league in South Jersey, making them teams truly worthy of the title "All-South Jersey".

The 2014 All-South Jersey Team - Girls' 3rd Team

200 Freestyle	Brittany Bayes	12	Clearview
200 Individual Medley	Melissa Mullin	12	Holy Cross
50 Freestyle	Vacant due to co-2 nd team selections		
Diving	Taylor Nelson	11	Eastern
100 Butterfly	Morgan Sage	11	Cherokee
100 Freestyle	Melissa Manuelli	11	Shawnee
500 Freestyle	MaryKate Davis	12	Bishop Eustace
100 Backstroke	Meg Bralski	11	Mainland
100 Breaststroke	Kacie Dunham	12	Shawnee

The 2014 All-South Jersey Team - Boys' 3rd Team

200 Freestyle	Brad Donohue	12	Haddon Twp.
200 Individual Medley	Johnny Malatesta	12	Vineland
50 Freestyle	Matthew Taccard	12	St. Augustine
Diving	Andrew Richman	11	Williamstown
100 Butterfly	Conner Davis	11	Rancocas Valley
100 Freestyle	Vacant due to co-2 nd team selections		
500 Freestyle	Kevin Gill	11	Ocean City
100 Backstroke	Thien Le	12	Atlantic City
100 Breaststroke	Brandon Truong	11	Mainland

The 2014 Ray Hegel Award

This year, the South Jersey Interscholastic Swimming Association lost a beloved friend in Edie Cohen. Edie and her sister, Cheryl, were dedicated volunteers for the SJISA since before I was involved with the organization. They sold shirts, organized medals, and made sure that the matriarch of our Association, Lynn McNitt, arrived at functions, and returned home safely. Despite all of the time they dedicated to improving South Jersey swimming, they refused to be recognized. This brief recognition probably would have been too much for them. Their humility is an example to all of us. At this time, please take a moment to reflect on the passing of Edie Cohen, and thank her for all she did to help the coaches and swimmers of South Jersey.

With warmest regards,
Matthew McElroy
President of the SJISA

This award may be presented annually by the South Jersey Swimming Officials Association in memory of Ray Hegel, one of the greatest officials to ever work in South Jersey. Since Ray officiated at every level as his children progressed from Tri-County through to the US National Team, the award was instituted to honor the area's outstanding swimmers or divers from any level of competition.

This year, the award is presented to:

Kevin Steel
Moorestown High School, Class of 2010
University of Arizona, Class of 2014

Kevin Steel was a 4 year varsity swimmer at Moorestown High School. He was a captain his senior year and also was voted the SJISA Swimmer of the Year in 2010. Kevin finished 2nd in both the 50 Free and 100 Breast at MOC during his senior year. He signed with the University of Arizona, which was the #1 Ranked NCAA Men's Swim Team at the time. In the 2010-11 swim season, he recorded the fourth-fastest 100 breaststroke time on the team with a 53.58, just missing the NCAA cut line in the event. The following year, Kevin posted an NCAA "B" cut in the 100 breast at the Texas Invite. During his junior year, he won the 50 breast with an incredible U.S. Open record time of 27.33 LCM. This swim allowed him to compete in the FINA World Championships in Barcelona, Spain. At the NCAA Championships, he finished second place in 100 breast with a time of 51.69, just behind teammate Kevin Cordes' NCAA record time, also finishing 28th in the 200 breast at NCAA's. This season Kevin is back the NCAA Championships qualifying in the 50 Free (19.93) and 100 Breast (52.58). He is an All-American in 100 breaststroke and he competed in the 2012 Olympic Trials.

- Coach DeNick

Previous recipients of the Ray Hegel Award:

2013	Kelsi Worrell, Rancocas Valley, Louisville	1995	Tammy Kouser, Washington Twp., 'Nova
2012	Tommy Glenn, Haddonfield, Brown	1994	Dean Hutchinson, Delran, Auburn
2011	Emily Creran, Haddonfield, Ohio State	1993	Julia Mason, Mainland
2010	Tiffany Malatesta, Vineland, Pittsburgh	1992	Sean Killion, CH East, US National Team
2009	Christian Sprang, St. Augustine, Michigan	1991	Jason Rosenbaum, Delran
2008	Kyle Mitriane, Haddonfield, Purdue	1990	Peter Wright, Delran
2007	Moira McCloskey, Atlantic City, Yale	1989	Alison Maisch, CH West, LSU
2006	Stevi Anderson, Victoria Bonifield, Tiffany Malatesta & Sabrina Warren, Vineland	1988	Alison Maisch, CH West, LSU
		1987	Sean Killion, CH East, U. of California-Berkley
		1986	Brent Mathers, Schalick
2003	Matt Campbell, Haddonfield, Rutgers	1985	Theresa Querubin, CH West, Peddie, U. of Penn
1996	Peter Wright, Delran, Peddie, University of VA, US National Team	1984	Sean Killion, CH East

The 2014 John Bohanna Most Courageous Award

Emma Hood Vineland High School

It is a privilege for me to introduce the 2014 SJISA John Bohanna "Most Courageous" Award recipient: Vineland High School sophomore Emma Hood.

I have actually known Emma since she was eight years old and was very excited for her to join our program last season. As a freshman, she proved to be a valuable team member, demonstrating fantastic work ethic and competitive drive. Despite a successful freshman year, Emma was not satisfied. She decided to commit herself to swimming year-round for the first time, working tirelessly with her club coach during the seven-month interim between high school seasons and was poised to have a breakout sophomore campaign.

However, it became clear just two weeks into the high school season that would not be the case. One night toward the end of practice, Emma exited the pool to find that her entire right arm was severely swollen and discolored. Several weeks of hospital visits and medical tests eventually revealed that Emma suffered from Vascular Thoracic Outlet Syndrome, an affliction in which the vein running the length of her arm was impinged between the clavicle and top rib, not only causing episodes like the one she experienced that night in practice, but also putting her at risk for stroke and other serious clot-related emergencies. The solution was surgical removal of the top right rib to relieve the impingement and allow her to eventually resume her swimming career. Even in the hospital awaiting her procedure, she was texting her teammates to wish them luck in a meet against Atlantic City. After her surgery, Emma spent nearly every day on the pool deck with her team despite not being able to swim. But five weeks later, she incredibly returned to the pool and on January 23, swam in a dual meet against Mainland. She qualified for the Cape-Atlantic League Championships, where she achieved her best in-season time in the 100 fly. Then, in our first round playoff meet against Cherokee, she clocked a lifetime best in that event.

One of the most important things we'd all like our swimmers to learn from this sport is how to deal with, and overcome adversity. I am certainly honored to recognize Emma's courage in front of the South Jersey swimming community, but even more so to have her as a member of the Vineland Swimming family.
- Coach Schneider

Previous recipients of the John Bohanna Award:

2013	Shane Murphy, Paul VI	1997	Heather McVey, Holy Spirit
2012	Courtney Patterson, Cherry Hill West	1996	Amanda Coyle, Cherokee
2011	Amy Stelmazyk, Cherry Hill West; Kathlyn Walker, Delsea	1995	Katie Gipe, Moorestown; Tim Thieler, Egg Harbor Twp.
2010	Shane Tubb, St. Augustine	1994	Tyson Gerhardt, Lenape
2009	Kellianne Bond, Highland; Michelle Bruno, Cherry Hill West; Julia England, Seneca	1993	Mike Diehl, Kingsway
2008	Colin Lawler, Cherry Hill East	1992	Chris Otmani, Eastern
2007	Mark Garbowski, Cherry Hill West	1991	Jason Suder, Cherokee
2006	Jackie Mannon, Washington Twp.	1990	Teresa Byrne, Highland; Kristin Kisselbach, Cherry Hill East
2005	Christopher Gillies, Hammonton	1989	John Capozzi, Kingsway; Michael McIntire, Highland
2004	Cary Gaul, Cherry Hill West; Lisa Hitchner, Woodstown; Molly McGroarty, Mainland; Melissa Settar, Pitman	1988	Joe Werner, Pennsauken
2003	Jason Murowany, Millville	1987	Lisa Fusco, Cherokee
2002	Jason Kenuk, Moorestown		Margaret Sibert, Woodbury
2001	Matthew Kane, Collingswood	1986	Betty Moher, West Deptford; Diana Sawm, Washington Twp.
2000	Scott Cowperthwait, Vineland	1985	Harold Wolman, Cherry Hill West
1999	Michael Herbst, West Deptford	1980	Sue Rybak, Cherry Hill East
1998	Suzy Boyle, Lenape	1978	Kathy Conners, J.F. Kennedy

2014 Individual State Champion Awards
The SJISA is pleased to honor South Jersey's champions from this year's NJSIAA Individual State Championships.

Diving

Sophia Peifer, Haddonfield

500 Yard Freestyle

Amanda Nunan, Ocean City

200 Yard Individual Medley & 100 Yard Backstroke

Alexander Martin, Moorestown

100 Yard Butterfly & 500 Yard Freestyle

Zachary Fong, Moorestown

Diving

Logan McHenry, Atlantic City

200 & 400 Yard Freestyle Relays

**Mark Novatorskiy, Johnny Malatesta,
Dominick Merighi & Eddie Parks, Vineland**

The 2014 William J. Lyons Team Sportsmanship Award

Each year, the officials of the William J. Lyons Chapter of the New Jersey Swimming Officials Association choose to honor the team that in their opinion best exemplified the true spirit of sportsmanship. This was the underlying theme in the coaching and officiating of one of the truly great officials ever to walk the pool deck, Mr. Bill Lyons. This honor is the testimonial to his teaching and way of life. Each conference or pair of divisions within a league in South Jersey may nominate a team(s) to be considered for the award. The nominees for this season were:

<u>Burlington Co. League</u>	<u>Cape Atlantic Boys</u>	<u>Cape Atlantic Girls</u>
Pemberton	Cape May Tech	Holy Spirit & OLMA
<u>SJISL Pacific/Ocean Boys</u>	<u>SJISL Atlantic/Arctic Boys</u>	<u>SJISL Girls</u>
Lenape	Seneca	Seneca
<u>Tri-County Boys</u>		<u>Tri-County Girls</u>
Delsea		Glassboro

Previous recipients of the Lyons TS Award:

2013	Pitman Girls	2004	Our Lady of Mercy
2012	Shawnee Girls	2003	Woodbury
2011	Northern Burlington	2002	Haddon Heights
2010	Atlantic City Girls	2001	Ocean City
2009	Haddon Heights, Haddon Twp. & Haddonfield	2000	St. James
2008	Cape May Tech Boys	1999	Gloucester
2007	Wildwood Catholic Girls	1998	Glassboro
2006	Holy Spirit Girls	1997	Pitman
2005	Cherry Hill West Girls	1996	Pemberton

Previous recipients of the SOY Award:

2013	Colleen Callahan, Atlantic City; Nick Marks, Gloucester Catholic; Andy Schuehler, Collingswood
2012	Colleen Callahan, Atlantic City; Kelsi Worrell, Rancocas Valley; Will Manion, Haddonfield
2011	Colleen Callahan, Atlantic City; Marlee Ehrlich, Cherry Hill East; Will Manion, Haddonfield; Joseph Petrone, Cherry Hill East
2010	Colleen Callahan, Atlantic City; Maureen McCotter, Eustace; Kevin Steel, Moorestown
2009	Emily Creran, Haddonfield; Sean McCall, Gloucester Catholic
2008	Emily Creran, Haddonfield; Jason Mattingly, Cherry Hill West
2007	Joanna Thomas, Mainland; Bill Cregar, Washington Twp.
2006	Joanna Thomas, Mainland; Mark Neiman, Cherry Hill West
2005	Joanna Thomas, Mainland; Christian Sprang, St. Augustine
2004	Tiffany Malatesta, Vineland; Graham Parker, Cherry Hill East
2003	Emily Bateman, Mainland; Bobby Daplyn, Vineland
2002	Emily Bateman, Mainland; Eric Brumberg, Washington Twp.; Andrew Patrizzi, C.H. West
2001	Christine Leupold, Clearview; Jon Stinson, Holy Spirit
2000	Jayne Majek, Schalick; Jon Stinson, Holy Spirit
1999	Heather DeHainaut, Vineland; Seamus Quinn, Moorestown
1998	Katherine Conroy, Haddonfield; Joe Molle, Pitman
1997	Heather DeHainaut, Vineland; Jeff Leupold, Clearview
1996	Leslie Hoh, Cherry Hill West; Tim Tallman, Camden Catholic
1995	Julia Mason, Mainland; Glenn Thomsen, Lenape
1994	Marisa Chuliver, Moorestown; Sean Tedesco, Holy Cross
1993	Gwen Mayo, Camden Catholic; Josh Lipson, Delran
1992	Tammy Kouser, Washington Twp.; Tim Rogers, West Deptford; Tom Forrest, Vineland
1991	Gwen Mayo, Camden Catholic; Jason Rosenbaum, Delran; Jeff Farschon, Woodstown
1990	Karen Hafner, Cinnaminson; Jason Rosenbaum & Peter Wright, Delran
1989	Joanna Dinsmore, Gateway; Brian Forrest, Vineland
1988	Jeff Farschon, Woodstown

2014 Team State Championship Recognition Awards

Teams qualified for the NJSIAA Team Tournament based on power points achieved during the course of the regular dual meet season. The SJISA would like to congratulate and award with plaques those teams from South Jersey that won a team Sectional Championship or that were crowned State Champions.

Girls Public A

South Section: #7 Eastern, #6 Vineland, #5 Egg Harbor Twp., #4 Clearview, #3 Cherokee, #2 Shawnee & #1 Cherry Hill East

Central Section: #2 Cherry Hill West

South Section Champion: Cherokee

Boys Public A

South Section: #8 Clearview, #6 Shawnee, #5 Vineland, #4 Cherokee, #3 Egg Harbor Twp., #2 Lenape & #1 Cherry Hill East

Central Section: #4 Rancocas Valley

South Section Champion: Cherry Hill East

Girls Public B

South Section: #8 Middle Twp., #7 Oakcrest, #6 GCIT, #4 Moorestown, #3 Mainland, #2 Ocean City & #1 Haddonfield

South Section Champion: Ocean City

Boys Public B

South Section: #7 Middle Twp., #6 Haddon Twp., #5 Woodstown, #4 Ocean City, #3 Moorestown, #2 Haddonfield & #1 Mainland

South Section & State Champion: Moorestown

Girls Non-Public

A: #2 Bishop Eustace B: #7 Holy Spirit & #6 Gloucester Catholic

Boys Non-Public

A: #3 St. Augustine

B: #8 Holy Cross, #7 Bishop Eustace & #6 Gloucester Catholic

The 2014 Candy Fenton Manager of the Year Award

Maggie Heinsman

Gloucester Catholic High School

Maggie Heinsman has been a manager for the Gloucester Catholic swim team for three years. She has been as valuable to the program as any swimmer. Maggie has taken complete control of the scorer's table. When the officials in the beginning of the year ask the coach's for someone who can add and for competent table workers I have not had to worry about that aspect of the meet. Maggie has been there and done that for me and has even taught someone else for next year.

At the SJISA meet this year she was set to be a timer and then was called to duty to help at the table. Maggie worked with Bob and after the first event she already knew what had to be done. She knew when and where to go to get back up times.

Maggie has also taken charge of the entire managerial staff we had this year. She made sure that they were at the meets and if someone could not be there she made sure we knew and had coverage for that person. Maggie will be missed but her leadership will continue on since she helped train our future staff. - Coach Nolan

Previous recipients of the Candy Fenton Award:

2013	Isabella Strom, Woodbury	2000	Valerie Gallina, Vineland
2012	Francesca Romero, Gloucester Catholic	1999	Abby Harvey, Cherry Hill East
2011	Caitlyn Stulpin, Gloucester Catholic	1998	Nicole McIntyre, West Deptford
2010	Rosa Melillo, Vineland	1997	Jennifer Dappalona, Cherry Hill West
2009	Katie Bradley, Washington Twp.	1996	Lisa Piechoski, Vineland
2008	Kariann Talone, Vineland	1995	Shana Pinti, Haddonfield
2007	Brooke Murray, Sterling	1994	Judy Hoffman, Woodbury
2006	Jackie DiAdezzio, Washington Twp.	1993	Tiffany Facchine, Gloucester Catholic
2005	Lara Castorina, Vineland	1992	Heather Gehman, West Deptford
2004	Valentina Cruz, Vineland	1991	Dee Velasco, Highland
2003	Jen Sharpless, Millville	1990	Shannon Murphy, Glouc. Catholic
2002	Krista Hess, Vineland	1989	Teresa Seger, Gerri Strickler, Virginia Schubert
2001	Julie Turt, Eastern	1987	Brittany Layton, Woodstown
		1986	Beth Sawicki, Kingsway

The 2014 Jim Roach Diving Awards

The Jim Roach Diving Awards honor the outstanding female and male divers from the past season. The award is presented jointly by the SJISA and SJSOA.

Sophia Peifer

Haddonfield Memorial High School

Sophia Peifer, a freshman from Haddonfield Memorial High School, has had an exceptional diving season. Sophia placed first in every meet she was entered in, which included, numerous batch meets, the McNitt 6-dive invitational, the Jim Roach 11-Dive meet, Montgomery High School's 11-Dive Cougar meet (466.70) and the State Championship (453.70). She also broke Haddonfield's previous diving record standing from 1999 of 455.20 with a season high score of 466.70. In every meet Sophia was entered in her scores would increase as would her determination to perfect both old and new dives. She began diving at age 7 for Wedgewood Swim Club and soon started diving year-round. She currently trains at Centennial at LaSalle University. Sophia has been to many Junior National Meets and took 13th and 18th place at the University of Minnesota last summer. She will be traveling to East Nationals this April to compete in USA Diving in the 16-18 year old group. Sophia not only is an inspiration to other divers on the deck, but is also a team leader who will always help a diver, even from another team, with technique or positive feedback. Aside from diving, Sophia is a 3-sport athlete, excelling in both Track and Field, and Soccer. She also received first honors as a high school student. As her Coach, I couldn't be more proud of her achievements both on and off the board. I wish her all the best in her next 3 years of high school. -Coach Dortone_7

The 2014 Jim Roach Diving Awards (Continued)

Logan McHenry Atlantic City High School

After winning states as a junior Logan did not slow down . As a senior he went undefeated and repeated as the New Jersey state champion. He broke 500 points consistently in 11 dive competitions and had a high of 290 in the 6 dive. Diving practice at ACHS is at 5:45 AM and then again at 5:00 PM. He never missed and was the team leader. This year he was fearless in trying higher difficulty dives and it showed in his results. We will truly miss him. He is someone you can never replace. Next year he will continue his career at West Virginia. I know Logan would want me to mention his parents Bob and Carol. Bob was a volunteer coach and Carol worked the table at every meet. They are the biggest reason he is so good. He is a real champion and we at Atlantic City High School are very proud of him.

-Coach Howarth

Previous recipients of the Jim Roach Award:

2013	Kirby Quinn, Bishop Eustace; Jenna Santora, Mainland; Logan McHenry, Atlantic City
2012	Jenna Santora, Mainland; Ethan O'Neill, Cherry Hill East
2011	Kirby Quinn, Bishop Eustace; Martin Carbone, Cumberland
2010	Shannon Donohue, Haddon Twp.; Trevor Hiller, Absegami
2009	Carissa Santora, Mainland; Jesse Lyman, Cherry Hill East
2008	Erica Serpico, Moorestown; Zach Castelli, Atlantic City
2007	Kara Koszowski, Shawnee; Mark Balesteri, Egg Harbor Twp.
2006	Kara Koszowski, Shawnee; Kyle Mittrione, Haddonfield
2005	Natalie Thomas, Cherokee; Kyle Mittrione, Haddonfield
2004	Natalie Thomas, Cherokee; Dan Cuilla, Cherry Hill West
2003	Liza Marianni, Cherry Hill West; Dan Cuilla, Cherry Hill West
2002	Emily Weigand, Haddonfield; Dan Cuilla, Cherry Hill West
2001	Emily Weigand, Haddonfield; Jesse Rappaport, Glassboro
2000	Melissa Ginsberg, Rancocas Valley; Michael Sullivan, Holy Cross
1999	Melissa Ginsberg, Rancocas Valley; Kevin Coogan, Holy Cross
1998	Megan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross
1997	Siobhan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross
1996	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1995	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1994	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1993	Aimee Hogan, Cherry Hill West; Bill Peranteau, Gloucester Catholic
1992	Jackie Fessler, Camden Catholic; Bill Peranteau, Gloucester Catholic
1991	Bill Peranteau, Gloucester Catholic
1990	Tamara Herriston, Mainland
1989	Kym Zeller, Cherry Hill East
1988	Alicia Urbani, Lenape
1987	Bill Brennan, Cherokee
1986	Alicia Urbani, Lenape
1985	Alison Maisch, Cherry Hill West
1984	Alison Maisch, Cherry Hill West
1983	Alison Maisch, Cherry Hill West
1982	Alison Maisch, Cherry Hill West
1981	Betsy Baker, Haddonfield
1980	Betsy Baker, Haddonfield
1979	Josh Shapiro, Cherry Hill East
1978	Leigh Primavera, Cherry Hill East

The 2014 Swimmers of the Year

Amanda Nunan Ocean City High School

Amanda Nunan had an amazing first season swimming for the Aqua Raiders. She was a force to be reckoned with the entire season, and to date she remains undefeated in the 400 free and 500 free. She won both the 200 yard and 500 yard freestyle at the SJISA Division B Coaches' Invitational; she also helped both the 200 and 400 freestyle relays win, as well as breaking the meet records for both relays. At the CAL League Individual Championship Amanda won the 200 meter and 400 meter freestyle, setting a new meet record of 4:22.04, breaking a record that was set back in 2008. She also was the Female recipient of the High-point award at the CAL meet. Amanda also had impressive swims in the Meet of Champions. She placed second in the 200 freestyle with a personal best time of 1:49.66. She came back to win the 500 freestyle and became the first Ocean City Girl to win a state title for the school. In both of those events Amanda's times qualified her for All-American Consideration. But Amanda wasn't finished there. She came back to help her relay teams finish third and second in the 200 free and 400 free relay, respectively. Both of those relays earned All-American Consideration as well. This year alone Amanda has broken over 4 meet or pool records and 8 different school records. She currently holds all of the school records for the distance freestyle events and the freestyle relays, both in meters and yards.

Amanda had an amazing season individually, but she is also very dedicated to her team. She played a huge role in making this past high school season a historic one. This was the first year that Ocean City Girls Swimming made it past the semi-final round to make it to Sectional Finals against Haddonfield. Amanda helped lead her team to its first ever Sectional Championships. But she wasn't finished there. Amanda won every race, save one, during the Playoffs. Her positive attitude and relaxed nature on deck is what helped her team mates see her as a role model in and out of the pool, even if she is only a freshman. We look forward to the next three years because we are sure that they will be just as amazing as the first. Thanks for a great season Amanda!

-Coach Merz

Zachary Fong Moorestown High School

Zach is a warrior in the pool. He has planned out his race strategies well before the meet and he analyzes his competition to know how to prepare. He loves to compete in high school swimming. He turns in many hours and yards preparing to do his best each meet. Zach won the 100 Butterfly and 500 Freestyle at the HS Meet of Champions this season. Both of these swims were personal best times. His 100 Fly time was 10th fastest in meet history. Also, this is first time since 1977 that a swimmer has won both of these MOC events, quite a great accomplishment. He won the 100 Butterfly and 100 Breaststroke at Coaches Invitational and BCSL Championship. He swam a 1:57.00 200 IM in an outside lane during a regular season dual meet. I can sum up his dedication by reviewing his swims at the Public B State Finals vs Princeton: Fly Medley Relay split - 22.06, 500 Freestyle - 4:36.83, 100 Breaststroke - 57.24, and 400 Free Relay split - 47.02. Those 2 individual swims were both school records, also, there was no 5 minute break before the last relay - he swam it on adrenaline. The Medley Relay team received an All-American cut time at MOC. Zach received an NISCA All-American Consideration cut time in 100 Butterfly in 2013. He has received 3 All-American Consideration cut times in 100 Butterfly, 500 Free and 100 Breaststroke in 2014. Zach now has 3 individual school records at Moorestown along with parts of 2 relay records.

- Coach DeNick