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**The Thirty-Fourth Annual
All-South Jersey
Swimming & Diving Awards Banquet**



**Sponsored by
The South Jersey Interscholastic Swimming Association
& The William J. Lyons Chapter of the NJSOA**

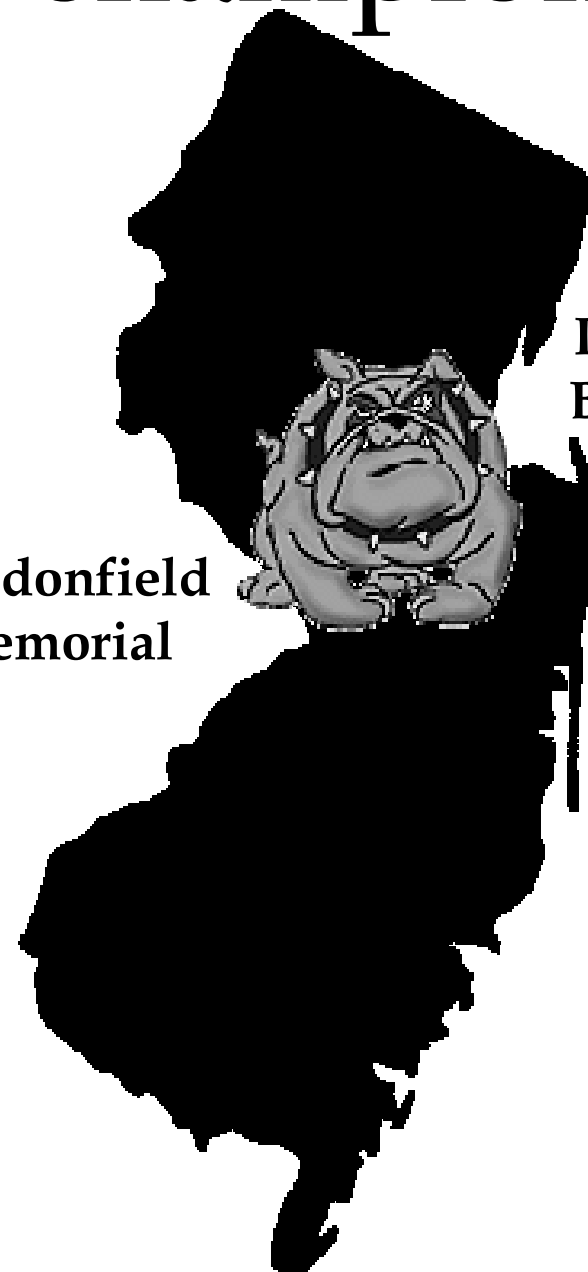
**Masso's Caterers
Williamstown, New Jersey
Monday, March 29, 2010**

Tonight's Program:

- Welcome / Invocation
- The Bill Maschke Scholar-Athlete Awards
 - NISCA Outstanding Official's Award
 - Presentation of the "Courier-Post" Cups
 - The Elmer Christman & William Lyons Jr. Awards
 - The Angela Hallerud Newcomer of the Year Award
 - The Ray Hegel Award
 - The John Bohanna Most Courageous Award
 - The Candy Fenton Manager of the Year Award
- The Jim Roach Diver of the Year Awards
 - The Swimmer of the Year Awards
 - State Team Tournament Qualifiers & Team State Champion Award
 - Individual State Champion Awards
 - The William J. Lyons Team Sportsmanship Award
 - The 2010 All-South Jersey Teams
 - Twenty Year Service Awards
 - The Coaches of the Year

Congratulations to our state champion!

Haddonfield
Memorial



Public
B Boys

The SJISA wishes to extend

very special thanks to:

♥ **Chris Miller** and the entire GCIT Aquatic Staff for their very capable hosting of our very successful 2009-10 diving, Invitational & McNitt meets.

♥ The absolutely irreplaceable, irreplaceable and truly wonderful **Ms. Lynn McNitt** without whom the organization would not run as smoothly as we have all become accustomed.

♥ Her dedicated right and left-hand helpers, **Edie and Cheryl Cohen.**

♥ All the coaches, parents and athletes who supported swimming throughout the season.

♥ **The South Jersey Swimming Officials of the William J. Lyons Chapter** with their continued support and expertise throughout the year in all aspects of the sport.

♥ **Designer-T's**

♥ **Paul's Trophies** for their continued masterful service to high school swimming in South Jersey.

The South Jersey Interscholastic

Swimming Association Trustees

President – Scott Sweeten, C.H. West Girls

Vice-President – Joe Pegues, Woodbury/Gateway

Secretary – Linda DuBois, A. P. Schalick

Treasurer – Will Wanamaker, Moorestown

Maura McDermott, Haddon Twp.

Matt McElroy, Cape May Tech Boys

Kevin Nolan, Gloucester Catholic

Mike Schiavo, Holy Spirit

Jessica Slates, Washington Twp.

Nick Steffanci, St. Augustine

Peggy Tedesco, Holy Cross

The William J. Lyons Chapter of the NJ

Swimming Officials Association

President – Bob Binz

Vice-President – Bob Horvath

Secretary/Assigner – Burt German

Treasurer – Ruth Rogers

Recorder – Pete DeCuzzi

Rules Interpreter – Burt German

The 2010 Bill Maschke Scholar-Athlete Awards

The SJISA is pleased to present this award in the memory of Bill Maschke, an outstanding scholar, swimmer and coach here in South Jersey. A \$500.00 scholarship will be awarded to a maximum of four males and four females from the senior class that are chosen by a special committee from a pool of qualified applicants whose coaches have submitted transcripts, meet sheets and other supporting documents. To be considered, an applicant must have carried a minimum cumulative 3.7 GPA (on a weighted 4.0 scale) through seven semesters of work and have participated in 80% of the team's meets during the season. The committee evaluates the criteria based on a point system approved by the general membership and the award's winners are selected out of the pool of qualifying finalists by the committee.

Dale Davis, Gateway/Woodbury
Brian Sullivan, Gateway/Woodbury
Maureen McCotter, Bishop Eustace
Amanda Zipf, Egg Harbor Twp.
Shannon Donohue, Haddon Twp.
Chelsea Cioffi, Pitman

Previous Recipients:

- 2009 Colleen McClintock, Mainland; Carly Misiewicz, Sacred Heart
Dave Heinemann, Egg Harbor Twp.; Michael Rebeck, Moorestown
- 2008 Carolyn Brooks, Vineland; Jill Smaniotto, Millville
Joe Contino, Cumberland; Matt Cramer, Gateway
- 2007 Stevi Anderson, Vineland; Maureen O'Neill, Cherry Hill West
Evan Schindewolf, Egg Harbor Twp.; Andrew Wood, Washington Twp.
- 2006 Tiffany Malatesta, Vineland; Kelly Williams, Washington Twp.;
Josh Bryan, Cherokee; Eric Mooney, Holy Spirit
- 2005 Julia Brinberg, Atlantic City; Danielle Trinkner, Triton;
P.J. Ritter, Cumberland; Craig Schindewolf, Egg Harbor Twp.
- 2004 Jessica Cobb, Moorestown; Julia Pustizzi, Vineland;
Michael Cobby, Eastern; Joe Madres, Cherry Hill West
- 2003 Emily Bateman, Mainland; Amanda Smaniotto, Millville;
Nikhil Thakeer, Eastern; David Traini, Moorestown
- 2002 Sara Jaggi, Haddon Heights; Caroline Merighi, Vineland;
Tom Bogle, Eastern; Richard Logar, Shawnee
- 2001 Deanna Kloss, Holy Cross; Heather Mierkowski, Audubon;
Jason Jennings, Cherry Hill West; Joe Murowany, Millville
- 2000 Katie Kopil, Cherry Hill West; Erin Sykes, Holy Spirit;
Michael Mierkowski, Audubon; Ryan Restrepo, Haddon Heights
- 1999 Kristie Herbst, West Deptford; Shannon Lynch, Lenape;
Sean Patterson, Haddon Heights; Joe Petrini, Gateway
- 1998 Anne-Marie Casperite, Holy Cross; Kathleen Kennedy, Delran; Kate
McDonnell, Haddon Twp.; Charles Gersbach, Shawnee; Joe Molle, Pitman
- 1997 Lisa Marandola, St. James; Karyn Singer, Cherry Hill West;
Anthony Scarpaci, Washington Twp.; Michael Weiss, Cherry Hill East
- 1996 Kirsten Doert, Moorestown; Cheryl Lemon, Gateway;
Mark Beckler, Pennsauken, Clifford Bircks, Haddonfield
- 1995 Julie Mason, Mainland; Robert Grimming, Woodbury
- 1994 Jody Sanders, Cherry Hill West; Robert Burroughs, Gateway
- 1993 Sandy Pietrantonio, Woodstown; Bill Peranteau, Gloucester Catholic

Twenty Year Service Awards

Each year, the SJISA honors any active high school coaches who have served their school and community for twenty years. All head coaches, assistant coaches and diving coaches in the South Jersey area are eligible for this award.

This year, the SJISA is proud to award a gold watch to:

Emily Kennedy **Will Wanamaker** **Mike Panarella**
Delran/Moorestown **Moorestown** **Shawnee/Eastern**

Previous recipients:

- 2009 Linda DuBois, A.P. Schalick; 2002 Pete Kelley, West
Joe Pegues, Gateway/Woodbury Deptford/Schalick
- 2008 Diane Tucker, Sacred Heart 2001 Ginny Weber, Moorestown;
John Malatesta, Vineland Bo Wood, C.H. East
- 2006 Sue Rybak, C.H. West; Bill 1998 Dick Haines, Shawnee
Sheppard, C.H. East; Kevin Nolan, 1997 Kathy Ruhl, Pennsauken
Gloucester Catholic & 1996 Dick Nelson, Gateway;
Bill Howarth, Atlantic City Fred Knouse, C.H. East;
2003 Bill Hoover, Millville; John Casadia, Jr., Vineland
John Rakowski, Mainland

Coaches of the Year

Each year, this award is presented to the coaches who have shown superior leadership, sportsmanship, excellence and dedication. They are chosen by a peer vote at the March general membership meeting.

The nominees this year are:

Girls Teams

Bill Howarth, Atlantic City

Boys Teams

Kimberly Rotter, Audubon/Collingswood **Matt McElroy, Cape May Tech**

Joe Pegues, Gateway/Woodbury

Brian Booth, Mainland

Previous recipients:

Girls' Team COYs (2005 to present):

- 2009 Bob Querubin, Haddonfield
- 2008 Will Wanamaker, Moorestown
- 2007 Mike Schiavo, Holy Spirit &
Scott Sweeten, C.H. West
- 2006 John Casadia, Jr., Vineland
- 2005 Scott Sweeten, C.H. West
- 2004 John Casadia, Jr., Vineland
- 2003 Brian Booth, Mainland
- 2002 Mike Parker, Bishop Eustace
- 2001 Bo Wood, Cherry Hill East
- 2000 Mike Schiavo, Holy Spirit
- 1999 Mike Panarella, Shawnee
- 1998 Scott Sweeten, Cherry Hill West
- 1997 Linda DuBois, Schalick
- 1996 Bob Querubin, Haddonfield
- 1995 John Rakowski, Mainland
- 1994 Will Wanamaker, Moorestown
- 1993 Ginny Weber, Moorestown
- 1992 Kevin Nolan, Gloucester Catholic

Boys' Team COYs (2005 to present):

- 2009 Diane Tucker, Sacred Heart
- 2008 Jon Stinson, St. Augustine
- 2007 Brian Sloan, Millville
- 2006 Mike Schiavo, Holy Spirit
- 2005 Ryan Sprang, St. Augustine
- 1991 Steve Ariff, Highland
- 1990 Pete Kelley, West Deptford
- 1989 Bill Sheppard, Cherry Hill East
- 1988 Dick Nelson, Gateway
- 1987 Beth Kingston, Moorestown
- 1986 Marianne Malcom, Cherokee
- 1985 George Rhea, Cherry Hill West
- 1984 Barry Adamson, Camden Co. Tech
- 1983 John Myers, Shawnee
- 1982 Lynn McNitt, Cherry Hill West
- 1981 Jim DeBolt, Lenape
- 1980 Pete Williams, Haddon Twp.
- 1979 John Casadia, Jr., Vineland

The 2010 All-South Jersey Team – Girls' 2nd Team

200 Freestyle	Marlee Ehrlich	10 Cherry Hill East
200 Individual Medley	Holly Gallagher	11 Haddon Twp.
50 Freestyle	Samantha Sides	11 Cherry Hill East
Diving	Luisa Masclans	10 Haddonfield
100 Butterfly	Nicole Jibrine	11 Cherokee
100 Freestyle	Tara Wuko	12 Wildwood Catholic
500 Freestyle	Danielle Caruso	9 Northern Burlington
	Shelby Witham	12 Seneca
100 Backstroke	Jaimie Lynn Brookover	9 Cherry Hill East
100 Breaststroke	Rosemary Christian	12 Atlantic City

The 2010 All-South Jersey Team – Boys' 2nd Team

200 Freestyle	Sean McCall	12 Gloucester Catholic
200 Individual Medley	David Campbell	11 Eastern
50 Freestyle	Jerry Capriotti	12 Vineland
Diving	John Abbott	12 Egg Harbor Twp.
100 Butterfly	Sean McCaffery	11 St. Augustine
100 Freestyle	Paul Maneri	12 Shawnee
500 Freestyle	Tommy Glenn	12 Haddonfield
100 Backstroke	Dillon McHugh	11 St. Augustine
100 Breaststroke	Andy Schuehler	9 Audubon/C'wood

The 2010 All-South Jersey Team – Girls' 3rd Team

200 Freestyle	Alex Charbeneau	11 Cherokee
200 Individual Medley	Emma Carpenter	11 Haddonfield
50 Freestyle	Lauren Carastro	11 Vineland
Diving	Ashlee Steinberger	11 Haddonfield
100 Butterfly	Amanda Zipf	12 Egg Harbor Twp.
100 Freestyle	Jillian Gamble	12 Eastern
100 Backstroke	Katie Gillespie	10 Audubon/C'wood
100 Breaststroke	Melanie Wilezol	9 Ocean City

The 2010 All-South Jersey Team – Boys' 3rd Team

200 Freestyle	Drew Geiger	12 Woodstown
200 Individual Medley	Jeff Flynn	10 St. Augustine
50 Freestyle	Ian Kosten	12 Holy Spirit
	Alex Walter	10 Haddonfield
Diving	Ben Brendlinger	12 Washington Twp.
100 Butterfly	Chris Morris	11 Millville
100 Freestyle	Bryan Masilotti	12 Vineland
500 Freestyle	Dan Bennett	11 Cherokee
100 Backstroke	Steve Melchiorre	12 St. Augustine
100 Breaststroke	Phil Wiesel	12 Mainland

The 2010 NISCA Outstanding Official's Award

This award recognizes the outstanding achievement of selected officials in each state throughout the nation by the National Interscholastic Swimming Coaches Association.

This year, the SJISA is pleased to honor:

Bob Binz

Previous recipients:

2007	Frank Roberts	1997	Chris Maisch
2006	Eileen Tallman	1996	Barry Adamson
2005	Phil Heery	1995	Charlie Lee
2004	George Borger	1994	Marion Bear
2003	Bob Horvath	1993	Al Shoop
2002	Ellen Mace	1992	Frank Forde
2001	Donna O'Leary	1991	Ruth Rogers
2000	Bill Gehringer	1990	Bert German
1999	Ed Fahey	1989	Dick Wolff
1998	Ellen Higgins	1988	Steve Egbert
		1987	Bill Lyons

Presentation of the Courier-Post Cups

Charlie Sprang, C-P Writer

The 2010 Elmer Christman Award

This award is presented annually by the South Jersey Swimming Officials to a male high school senior swimmer who has shown extraordinary dedication, sacrifice, sportsmanship, scholarship and community leadership. Each high school nominates their own candidate and the winner is selected by a special board of swimming officials in honor of the late Elmer Christman, a long-time official and swimming enthusiast. (Before the founding of the William Lyons Jr. Award in 2004, female candidates were previously eligible.)

Matt Radziwill

Cherry Hill High School East

Previous recipients:

2008	Tim Scattergood, Haddon Twp.	1990	Dean Hutchinson, Delran
2007	Steve Tobin, Holy Spirit	1989	Janice Strout, West Deptford
2006	Kevin Lonabaugh, Woodbury	1988	Jennifer Thedford, Vineland
2005	P.J. Ritter, Cumberland	1987	Stefanos Stathos, J.F. Kennedy
2004	Santiago Vernetti, West Deptford	1986	Tom Bristow, Haddon Twp.
2003	Shannon Kelley, Schalick	1985	Michael Conte, Highland
2002	Caroline Merighi, Vineland	1984	Linda Warner, Vineland
2001	Timothy Potter, West Deptford	1983	Craig Wolff, Haddon Heights
2000	Michael Mierkowski, Audubon	1982	Ron Wolff, Pemberton
1998	Joe Molle, Pitman	1981	William Lacy, Haddonfield
1997	Aaron Seliger, Cherry Hill West	1980	James Cummings, Willingboro
1996	Kirsten Doert, Moorestown	1979	Brad Land, Camden County Tech,
1995	Brian Puskas, Shawnee		Val Landi, Vineland;
1994	Scott Johnson, Audubon		Tom Louderbach, Shawnee
1993	Quinn Saunders, Rancocas Valley	1978	Steve Tue, Shawnee
1992	Hillary Burgess, Vineland	1977	Denise Morgan, Pennsauken;
1991	Brad Carlson, Woodbury		Blair Weir, Cherry Hill East

The 2010 William Lyons Jr. Award

This award is presented annually by the South Jersey Swimming Officials to a female high school senior swimmer who has shown extraordinary dedication, sacrifice, sportsmanship, scholarship and community leadership. Each high school nominates their own candidate and the winner is selected by a special board of swimming officials in honor of the late William Lyons, Jr., a long-time official and swimming enthusiast.

Allyson Mitidieri

Cherry Hill High School West

Previous recipients:

2009	Christina Watts, Vineland	2006	Tiffany Malatesta, Vineland
2008	Ashley Schneider, Moorestown	2005	Karly Daplyn, Vineland
2007	Beth Mooney, Holy Spirit	2004	Jessica Cobb, Moorestown

The 2010 Angela Hallerud Newcomer of the Year Award

This award (in its first year) will be presented annually to memorialize the life of Lenape swimmer Angela Hallerud by honoring any team member in their first year of high school swimming (regardless of grade) that positively-influenced the culture of his/her team by fostering team unity and the collective achievements of his/her teammates. The winner each year will receive a plaque, a \$100 gift certificate to "The Sprint Lane" shop at Jersey Wahoos in Mt. Laurel and free lifeguarding certification classes courtesy of the Hallerud family.

Erika Esposito

Gateway Regional High School

Erika Esposito is a junior at Gateway who came out for the Gateway/Woodbury Swim Team this season. She had no previous swim experience, but she came to the first day of practice with the attitude that every coach loves to see: a smile on her face and a willingness to learn. The first couple of practices were pretty difficult for Erica. She did not have a great feel for the water, and she was overwhelmed by all the new information that she was being confronted with. However, she was a multi-sport athlete who was trying something new at a late stage in her high school career, and she was ultimately able to compensate for her lack of knowledge and experience with her natural athleticism and her willingness to listen and take in and process information.

The look of wonder and interest on Erika's face never really completely faded over the course of the season. Each time when she swam, she would run over to the coaches to get her time, and even little improvements thrilled her. It was a joy to coach this young lady this year; she improved steadily and was grateful for each tenth of a second that she managed to improve. Her attitude was overwhelmingly positive and refreshing, and the coaching staff was possibly even happier than Erica when she dropped time because we had the opportunity to celebrate along with her.

All of the training and competition improvements shown by Erika did not, however, equal the contributions that she made to team chemistry and team morale. Erica was one of our loudest and most vociferous sideline cheerers, even though she would often only swim once during the entire meet. She joined the team with a group of her friends, but she immediately opened that circle of friends to include the whole team. Her optimism and enthusiasm are so genuine and passionate that she is hard not to smile around, and her smile and laughter were a gift that she presented to her teammates virtually with every lap and with each and every bus ride. Finally, Erica was excited to see improvements in not only herself but also in others. She never resented when one of her teammates beat her time; she was always happy for them but also motivated to improve herself, so Erica was also a source of positive feedback and friendly competition on the team. Erica made it "cool" to work hard in the end lanes of practice and she was a source of constant fun rivalry among her teammates to improve.

Each season it is fun for the coaches to chart the physical and social/emotional progress of the newest group of swimmers on the team. The contributions of Erica Esposito accelerated the improvements of that new group of swimmers- the kids that had never been on a team before and that needed the most coaching and input. I genuinely feel that the Gateway/Woodbury Swim team will be a better team next year because Erica Esposito took a chance and came out for the team her junior year. I anticipate that she will be a candidate for team captain next season, and that the circle of friends that she grew and improved with will end next season with very high swimming IQ's.

- Coach Pegues

The History of the All-South Jersey Teams

In 1978, the South Jersey Swimming Officials selected and honored the first All-Star team. From 1978 to 1980, only one team of honorees was named and honored by the Courier-Post. From 1981 to 1986, the paper listed both an All-Star team and a group of honorable mention swimmers. In those early days, the main criteria for choosing the team was the results from the NJSIAA's "Meet of Champions", now called the Individual State Championships.

In 1987, the paper published a first, second and third team of honorees for the first time. The main criteria remained performance at the NJSIAA meet but as the SJISA Invitational and the various conference and league championships evolved, times from those meets began to also be considered for the teams' selections.

As the number of meets increased, the SJISA voted in 1991 to select its teams solely on the basis of all electronically-timed results achieved at any championship meets. Today, the organization is proud to note that the fifty-eight athletes whose performances have placed them on these pages represent every swimming league in South Jersey, making them teams truly worthy of the title "All-South Jersey".

The 2010 All-South Jersey Team - Girls' 1st Team

200 Freestyle	Courtney Patterson	10	Cherry Hill West
200 Individual Medley	Erin Curry	11	Mainland
50 Freestyle	Rachel Wuko	10	Wildwood Catholic
Diving	Shannon Donohue	12	Haddon Twp.
100 Butterfly	Kelsi Worrell	10	Rancocas Valley
100 Freestyle	Annie McCotter	10	Bishop Eustace
500 Freestyle	Maureen McCotter	12	Bishop Eustace
100 Backstroke	Courtney Sepich	12	Delran
100 Breaststroke	Colleen Callahan	9	Atlantic City

The 2010 All-South Jersey Team - Boys' 1st Team

200 Freestyle	Brett Pedersen	11	St. Augustine
200 Individual Medley	Will Manion	10	Haddonfield
50 Freestyle	Steve Gibson	12	St. Augustine
Diving	Trevor Hiller	12	Absegami
100 Butterfly	Greg Lee	11	Haddonfield
100 Freestyle	Paul Gallagher	12	St. Augustine
500 Freestyle	Joe Petrone	9	Cherry Hill East
100 Backstroke	Bobby Ballance	12	Egg Harbor Twp.
100 Breaststroke	Kevin Steel	12	Moorestown

The South Jersey Interscholastic Swimming Association Hall of Fame

In 2001, the South Jersey Interscholastic Swimming Association established the SJISA Hall of Fame. The inductees represented here have established themselves as outstanding swimmers, divers, coaches and officials in South Jersey. The Gloucester County Institute of Technology has been established as the home of the Hall of Fame and the plaques of the recipients will be displayed in the spectator area of the pool.

Here are the existing members of the SJISA Hall of Fame:

Alison Maisch Brothers, Diver - Cherry Hill West, 1985

Kevin Coogan - Holy Cross, 1999

Heather DeHainaut - Vineland, 1999

Steve Egbert - Coach & Official

Gary Faykes, Swimmer - Lenape, 1977

Chris Gally - Cherokee, 1986

Bert German, Official

Judy German, Swimmer - Pennsauken, 1977

Diane Gieble, Swimmer - Cherry Hill East, 1971

Schafer Henry, Swimmer - Gateway, 1976

Lee Hitchner, Swimmer - Moorestown, 1964

Sean Killion, Swimmer - Cherry Hill East, 1986

Gary Kranzlee, Swimmer - Cherry Hill East, 1972

JoAnn Test Le Masters, Swimmer - Moorestown, 1958

William Lyons, Jr., Swimmer, Coach & Official

Brent Mathers, Swimmer - Schalick, 1987

Pat McMahan, Coach - Pennsauken, 1960s-70s

Leslie Pike, Swimmer - Cherry Hill East, 1983

Leigh Primavera, Diver - Cherry Hill East, 1978

George Rhea, Coach - Cherry Hill West, 1961-85

Jim Roach, Official

Ruth Rogers, Swimmer/Official - Moorestown, 1957

Jason Rosenbaum, Swimmer - Delran, 1991

Walt Schuman, C-P Sports Editor

Rick Seywert, Swimmer - Moorestown, 1972

Sue Stokes Hajec - Moorestown, 1967

Al Thomas, Coach - Moorestown, 1949-78

Bea Thomas, Coach - Moorestown, 1949-76

Lisa Iori Trabuchi, Swimmer - Vineland, 1981

Al Turner, Swimmer - Atlantic City, 1925

Marianne Malcom Venutti - Cherokee Coach/Founder of SJISA

Gayle Hegel Wisner, Swimmer - Washington Twp., 1979

Peter Wright, Swimmer - Delran/Peddie, 1991

The 2010 Ray Hegel Award

This award may be presented annually by the South Jersey Swimming Officials Association in memory of Ray Hegel, one of the greatest officials to ever work in South Jersey. Since Ray officiated at every level as his children progressed from Tri-County through to the US National Team, the award was instituted to honor the area's outstanding swimmers or divers from any level of competition.

This year, the award is presented to:

Tiffany Malatesta

Vineland High School, Class of 2006

University of Pittsburgh, Class of 2010

Tiffany Malatesta began her swimming career competing for the Dolphin Swim Club in the Suburban Summer League and as an age-group swimmer representing the club program at GCIT. But it was during her high school years at Vineland High School under coach John A. Casadia, Jr. that her career took shape. Tiffany won 12 state titles during her high school swim career in the MOCs. She anchored the 200 and 400 freestyle relay and swam the backstroke in the 200 medley relay. She also won the 100 freestyle at MOCs during her sophomore year. In 2002-2005, she led her VHS team by winning the NJSIAA Team State Championship three years in a row. Tiffany was named the girls swimmer of the year by the South Jersey Coaches Association and The Philadelphia Inquirer. Tiffany also received both NISCA Academic and All American Swimming honors for her efforts at Vineland High School. Along with three of her teammates, Tiffany set The NISCA National Girls Metric Record in the 200 Freestyle Relay which stood for several years.

Tiffany Malatesta recently completed her fourth year of swimming eligibility at the University of Pittsburgh. While at Pitt she received Big East Scholastic honors, Athletic Dean's List and qualified for the Big East Championships all four years scoring in the top 25 during the meet. In her final championship meet she achieved lifetime best standards in all the events she swam which included:

50 Free.....	23.82
100 Free.....	52.26
100 Back.....	56.99

Throughout her career at Pitt her practice attendance was near perfect. As one of the team leaders this year she helped organize and carry out several Community Service Projects. She organized work at The Sarah Heinz House, Special Olympic Swim Program, and participated in the relay for life. Tiffany also volunteered her time in helping younger swimmers at PITT learn how to swim. Each year, Tiffany helped many freshmen adjust to college life at Pitt Swimming.

Tiffany excelled both in and out of the pool. Tiffany will graduate May 2 and she will pursue a teaching career in English Literature or attend graduate school in speech pathology and audiology.

- Coach Malatesta (& Dad!)

Previous recipients:

2009 Christian Sprang, St. Augustine, Michigan	1993 Julia Mason, Mainland
2008 Kyle Mitrione, Haddonfield, Purdue	1992 Sean Killion, CH East, US National Team
2007 Moira McCloskey, Atlantic City, Yale	1991 Jason Rosenbaum, Delran
2006 Stevi Anderson, Victoria Bonifield,	1990 Peter Wright, Delran
Tiffany Malatesta & Sabrina Warren,	1989 Alison Maisch, CH West, LSU
Vineland	1988 Alison Maisch, CH West, LSU
2003 Matt Campbell, Haddonfield, Rutgers	1987 Sean Killion, CH East,
1996 Peter Wright, Delran, Peddie,	U. of California-Berkley
University of VA, US National Team	1986 Brent Mathers, Schalick
1995 Tammy Kouser, Washington Twp.,	1985 Theresa Querubin, CH West,
Villanova	Peddie, U. of Penn
1994 Dean Hutchinson, Delran, Auburn	1984 Sean Killion, CH East

The 2010 John Bohanna Most Courageous Award

Shane Tubb

Saint Augustine Prep School

Previous recipients:

2009	Kellianne Bond, Highland;	1995	Katie Gipe, Moorestown;
	Michelle Bruno, Cherry Hill West;		Tim Thieler, Egg Harbor Twp.
	Julia England, Seneca	1994	Tyson Gerhardt, Lenape
2008	Colin Lawler, Cherry Hill East	1993	Mike Diehl, Kingsway
2007	Mark Garbowski, Cherry Hill West	1992	Chris Otmani, Eastern
2006	Jackie Mannon, Washington Twp.	1991	Jason Suder, Cherokee
2005	Christopher Gillies, Hammonton	1990	Teresa Byrne, Highland;
2004	Cary Gaul, Cherry Hill West;		Kristin Kisselbach, Cherry Hill East
	Lisa Hitchner, Woodstown;	1989	John Capozzi, Kingsway;
	Molly McGroarty, Mainland;		Michael McIntire, Highland
	Melissa Settar, Pitman	1988	Joe Werner, Pennsauken
2003	Jason Murowany, Millville	1987	Lisa Fusco, Cherokee;
2002	Jason Kenuk, Moorstown		Margaret Sibert, Woodbury
2001	Matthew Kane, Collingswood	1986	Betty Moher, West Deptford;
2000	Scott Cowperthwait, Vineland		Diana Sawn, Washington Twp.
1999	Michael Herbst, West Deptford	1985	Harold Wolman, Cherry Hill West
1998	Suzy Boyle, Lenape	1980	Sue Rybak, Cherry Hill East
1997	Heather McVey, Holy Spirit	1978	Kathy Connors, J.F. Kennedy
1996	Amanda Coyle, Cherokee		

2009-10 South Jersey Interscholastic Swimming Association Member Schools

Absegami High School	Kingsway Regional High School
Atlantic City High School	Lenape High School
Audubon High School	Lower Cape May Reg. High School
Bishop Eustace Preparatory School	Mainland Regional High School
Bridgeton High School	Middle Township High School
Camden Catholic High School	Millville High School
Camden County Vo-Tech School	Moorestown High School
Cape Christian Academy	Northern Burlington High School
Cape May County Vo-Tech School	Oakcrest High School
Collingswood High School	Ocean City High School
Cherokee High School	Paul VI High School
Cherry Hill High School East	Pemberton High School
Cherry Hill High School West	Pennsauken High School
Cinnaminson High School	Pitman High School
Cumberland Regional High School	Rancocas Valley Reg. High School
Clearview Regional High School	Sacred Heart High School
Delran High School	Saint Augustine Preparatory School
Delsea Regional High School	Salem High School
Deptford High School	Schalick High School
Eastern Regional High School	Seneca High School
Egg Harbor Township High School	Shawnee High School
Gateway Regional High School	Sterling High School
Glassboro High School	Timber Creek Regional High School
Gloucester Catholic High School	Triton Regional High School
Gloucester Co. Institute of Technology	Vineland High School
Haddon Heights High School	Washington Township High School
Haddon Township High School	West Deptford High School
Haddonfield Memorial High School	Wildwood Catholic High School
Hammonton High School	Williamstown High School
Highland Regional High School	Willingboro High School
Holy Cross High School	Woodbury High School
Holy Spirit High School	Woodstown High School

The 2010 Candy Fenton Manager of the Year Award

Rosa Melillo

Vineland High School

Rosa Melillo is a senior at Vineland High School. She has been a dedicated Team Manager to the Lady Clan Swimming and Diving team for all four years of her high school career. Rosa has a lively personality and is a delight to be around. Rosa maintains order and regulates the swim tasks between the managing crew. She enjoys working with our Team and contributes to her Teammates on a daily basis. Rosa makes it her personal responsibility to make sure that her Teams meets run smoothly always looking to orchestrate things a little better. When she's not managing on deck Rosa enjoys participating on the VHS soccer and VHS crew teams. She can also be found competing on the Academic Bowl team in her spare time! She also likes announcing the diving at our home swim meets and is second to none in this role. Rosa also takes full responsibility for putting together the Team Scrapbook which is a VHS tradition that she takes very sincerely. She is very dependable and conscious with her managing commitment to our Team. Rosa also exudes these same traits in the classroom. She is a member of the National Honors Society. When Rosa is not working for her Team she enjoys church, writing poetry, playing the piano and guitar. Rosa has been accepted to Worcester Polytechnic Institute and Rutgers University where she will focus on either Aerospace/Mechanical Engineering or Engineering Physics in the fall. It has been a pleasure having Rosa as a member of our Team.

-Coach Malatesta

Previous Recipients:

2009	Katie Bradley, Washington Twp.	1998	Nicole McIntyre, West Deptford
2008	Kariann Talone, Vineland	1997	Jennifer Dappalone, Cherry Hill West
2007	Brooke Murray, Sterling	1996	Lisa Piechoski, Vineland
2006	Jackie DiAdezzio, Washington Twp.	1995	Shana Pinti, Haddonfield
2005	Lara Castorina, Vineland	1994	Judy Hoffman, Woodbury
2004	Valentina Cruz, Vineland	1993	Tiffany Facchine, Gloucester Catholic
2003	Jen Sharpless, Millville	1992	Heather Gehman, West Deptford
2002	Krista Hess, Vineland	1991	Dee Velasco, Highland
2001	Julie Turt, Eastern	1990	Shannon Murphy, Glouc. Catholic
2000	Valerie Gallina, Vineland	1989	Teresa Seger, Gerri Strickler, Virginia Schubert
1999	Abby Harvey, Cherry Hill East	1987	Brittany Layton, Woodstown
		1986	Beth Sawicki, Kingsway

The 2010 William J. Lyons Team Sportsmanship Award

Each year, the officials of the William J. Lyons Chapter of the New Jersey Swimming Officials Association choose to honor the team that in their opinion best exemplified the true spirit of sportsmanship. This was the underlying theme in the coaching and officiating of one of the truly great officials ever to walk the pool deck, Mr. Bill Lyons. This honor is the testimonial to his teaching and way of life. Each conference in South Jersey may nominate one team to be considered for the award. The nominees for 2008 were:

<u>Conference</u>	<u>Team</u>	<u>Conference</u>	<u>Team</u>
Tri-County	Gloucester	Cape Atlantic Boys	Cape May Tech
Cape Atlantic Girls	Atlantic City	Colonial	Gateway/Woodbury
Burlington County	Cinnaminson	South Jersey Girls	CH West & Shawnee

Previous Recipients:

2009	Haddon Heights, Haddon Twp. & Haddonfield	2002	Haddon Heights
2008	Cape May Tech Boys	2001	Ocean City
2007	Wildwood Catholic Girls	2000	St. James
2006	Holy Spirit Girls	1999	Gloucester
2005	Cherry Hill West Girls	1998	Glassboro
2004	Our Lady of Mercy	1997	Pitman
2003	Woodbury	1996	Pemberton

2010 Team State Championship Recognition Awards

Teams qualified for the NJSIAA Team Tournament based on power points achieved during the course of the regular dual meet season. The SJISA would like to congratulate and award with certificates and plaques those teams from South Jersey who competed in or won a team Sectional or State Team Championship.

Girls Public A

South: #1 Atlantic City (Section Champion), #2 Vineland, #3 Mainland, #4 Egg Harbor Twp., #5 Oakcrest, #6 Washington Twp., #7 Clearview & #8 Eastern

Central: #2 Cherry Hill West, #3 Cherry Hill East & #4 Cherokee

Boys Public A

South: #1 Mainland (Section Champion), #2 Shawnee, #3 Atlantic City, #4 Eastern, #5 Egg Harbor Twp., #6 Oakcrest & #8 Washington Twp.

Central: #1 Cherry Hill East (Section Champion) & #5 Cherry Hill West

Girls Public B

#1 Haddonfield (Section Champion), #2 Moorestown, #3 Ocean City, #4 Woodstown & #6 Cumberland

Boys Public B

#1 Haddonfield (Section Champion), #2 Moorestown, #3 Woodstown, #5 Ocean City, #6 Gateway/Woodbury, #7 GCIT & #8 Cape May Tech

Public B Boys' State Champion - Haddonfield

Girls Non-Public A & B

#1 Bishop Eustace, #4 Holy Spirit, #5 Wildwood Catholic & #6 Gloucester Catholic

Boys Non-Public A & B

#1 St. Augustine, #2 Holy Spirit, #3 Gloucester Catholic, #5 Bishop Eustace & #7 Holy Cross

2010 Individual State Champion Awards

The SJISA is pleased to honor South Jersey's champions from the 2010 NJSIAA Individual State Championships.

200 & 500 Yard Freestyle

Maureen McCotter, Bishop Eustace

200 Yard Individual Medley & 100 Yard Breaststroke

Colleen Callahan, Atlantic City

100 Yard Butterfly

Kelsi Worrell, Rancocas Valley

100 Yard Freestyle

Paul Gallagher, St. Augustine

500 Yard Freestyle

Joe Petrone, Cherry Hill East

The 2010 Jim Roach Diving Awards

The Jim Roach Diving Awards honor the outstanding female and male divers from the past season. The award is presented jointly by the SJISA and SJSOA.

Shannon Donohue

Haddon Township High School

In the past four years, Shannon Donohue has been a great representative of South Jersey Diving. She started off strong as a freshman by finishing 1st in the SJSIA Coaches' Invitational Division B, fifth in the Jim Roach 11-Dive and 6th in States. As a sophomore, she kept her drive alive with a 4th place finish in the Coaches Invitational, 3rd place finish in the Jim Roach 11-Dive and 6th in States. As a junior, Shannon surpassed her previous year goals by finishing 4th in the Coaches' Invitational, 4th in the Jim Roach 11-Dive and 4th in States. As a senior, Shannon was unable to show her talent in dual meets but that did not stop her from setting new goals for the season. This year she truly shined as a diver. In Coaches' Invitational she finished 1st overall in the 6-dive, 3rd overall in the Jim Roach 11-Dive and 2nd in States.

Not only has Shannon displayed a great ability in the sport of diving but she has also displayed to her parents, coaches and teammates a pure idea of sportsmanship, grace and pride. We are going to miss her spirit here in South Jersey. Good luck Shannon with everything you do!!

- Coach McDermott

Trevor Hiller

Absegami High School

Previous Recipients:

2009	Carissa Santora, Mainland; Jesse Lyman, Cherry Hill East
2008	Erica Serpico, Moorestown; Zach Castelli, Atlantic City
2007	Kara Koszowski, Shawnee; Mark Balesteri, Egg Harbor Twp.
2006	Kara Koszowski, Shawnee; Kyle Mitrione, Haddonfield
2005	Natalie Thomas, Cherokee; Kyle Mitrione, Haddonfield
2004	Natalie Thomas, Cherokee; Dan Cuilla, Cherry Hill West
2003	Liza Marianni, Cherry Hill West; Dan Cuilla, Cherry Hill West
2002	Emily Weigand, Haddonfield; Dan Cuilla, Cherry Hill West
2001	Emily Weigand, Haddonfield; Jesse Rappaport, Glassboro
2000	Melissa Ginsberg, Rancocas Valley; Michael Sullivan, Holy Cross
1999	Melissa Ginsberg, Rancocas Valley; Kevin Coogan, Holy Cross
1998	Megan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross
1997	Siobhan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross
1996	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1995	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1994	Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic
1993	Aimee Hogan, Cherry Hill West; Bill Peranteau, Gloucester Catholic
1992	Jackie Fessler, Camden Catholic; Bill Peranteau, Gloucester Catholic
1991	Bill Peranteau, Gloucester Catholic
1990	Tamara Herriston, Mainland
1989	Kym Zeller, Cherry Hill East
1988	Alicia Urbani, Lenape
1987	Bill Brennan, Cherokee
1986	Alicia Urbani, Lenape
1985	Alison Maisch, Cherry Hill West
1984	Alison Maisch, Cherry Hill West
1983	Alison Maisch, Cherry Hill West
1982	Alison Maisch, Cherry Hill West
1981	Betsy Baker, Haddonfield
1980	Betsy Baker, Haddonfield
1979	Josh Shapiro, Cherry Hill East
1978	Leigh Primavera, Cherry Hill East

The 2010 Swimmers of the Year

Colleen Callahan Atlantic City High School

It is my honor to introduce Colleen Callahan as Female Co-Swimmer of the Year in South Jersey. Her accomplishments this season and her commitment to the team helped transform ACHS from average to the #1 team this year. It was a lot to expect from a freshman. From the moment she swam her first race for us this past December, everyone knew they were witnessing the beginning of something special. She is a fearless swimmer that is not afraid to attack from the start and when she gets the lead, she is tough to catch. We saw this at the "Meet of Champions." Her talent is one thing, but it is how she blended with her teammates that was especially impressive. Throughout the season, she displayed great sportsmanship with that wonderful smile. She is also lucky to have great parents supporting her. Colleen is a straight A student and the future looks nothing but bright. Highlights of this year include 2 victories at the Invitational with meet record times in the 200IM and 100 Breast. She won the same 2 events at the CAL Championships and finished her year with that same double at "States." Her 1:03.7 in the breast was the highest powerpoint swim of the meet. I saw an example of her character 3 minutes before her 100 breast final. She was about to take on the three-time defending champ from West Windsor South but found time to wish her teammate and senior captain good luck in the preceding heat. We all at ACHS truly enjoyed having her on the team this year and look forward to the next three.

- Coach Howarth

Maureen McCotter Bishop Eustace Prep School

Maureen has had a stellar career at Bishop Eustace Prep. Over the course of her four years, she won five Individual State Championships and a number of South Jersey Invitational and SJSJL Championships events. She holds two school records (200/500 free) and is a member of all three school record-holding relay teams. She was a leader by example and deed and was team captain this past season. She is an outstanding student and will be continuing her education and swimming at Princeton University. Maureen exemplifies all the traits of a student-athlete and is a worthy recipient of this year's South Jersey Female Co-Swimmer of the Year award.

- Coach Parker

Kevin Steel Moorestown High School

Kevin is one of the most versatile swimmers in South Jersey history. He finished 2nd in the 50 freestyle and 100 breaststroke at the Meet of Champions. He helped his medley relay team finish 4th in the state with a 25.25 breast split. He achieved qualifying times in 7 out of the 8 individual events for the MOCs. His seed time would have landed him in the final heats of 7 of the 8 individual races at the MOCs. He was a co-captain and led by example. His team finished with an 11-5 record and competed in the Public B South Sectional Final. Kevin's hard work, times and leadership make him deserving of this award.

- Coach DeNick

Previous Recipients:

- 2009 Emily Creran, Haddonfield; Sean McCall, Gloucester Catholic
- 2008 Emily Creran, Haddonfield; Jason Mattingly, Cherry Hill West
- 2007 Joanna Thomas, Mainland; Bill Cregar, Washington Twp.
- 2006 Joanna Thomas, Mainland; Mark Neiman, Cherry Hill West
- 2005 Joanna Thomas, Mainland; Christian Sprang, St. Augustine
- 2004 Tiffany Malatesta, Vineland; Graham Parker, Cherry Hill East
- 2003 Emily Bateman, Mainland; Bobby Daplyn, Vineland
- 2002 Emily Bateman, Mainland; Eric Brumberg, Washington Twp.; Andrew Patrizzi, Cherry Hill West
- 2001 Christine Leupold, Clearview; Jon Stinson, Holy Spirit
- 2000 Jayme Majek, Schalick; Jon Stinson, Holy Spirit
- 1999 Heather DeHainaut, Vineland; Seamus Quinn, Moorestown
- 1998 Katherine Conroy, Haddonfield; Joe Molle, Pitman
- 1997 Heather DeHainaut, Vineland; Jeff Leupold, Clearview
- 1996 Leslie Hoh, Cherry Hill West; Tim Tallman, Camden Catholic
- 1995 Julia Mason, Mainland; Glenn Thomsen, Lenape
- 1994 Marisa Chuliver, Moorestown; Sean Tedesco, Holy Cross
- 1993 Gwen Mayo, Camden Catholic; Josh Lipson, Delran
- 1992 Tammy Kouser, Washington Twp.; Tim Rogers, West Deptford; Tom Forrest, Vineland
- 1991 Gwen Mayo, Camden Catholic; Jason Rosenbaum, Delran; Jeff Farschon, Woodstown
- 1990 Karen Hafner, Cinnaminson; Jason Rosenbaum & Peter Wright, Delran
- 1989 Joanna Dinsmore, Gateway; Brian Forrest, Vineland
- 1988 Jeff Farschon, Woodstown