

# 2023-24 Required Dive Schedule

<u>Date</u>	<u>Dive</u>
Dec. 7-9	100 Forward
10-16	200 Backward
17-23	400 Inward
24-30	5000 Twist
Dec. 31 – Jan. 6	300 Reverse
Jan. 7-13	100 Forward
14-20	200 Backward
21-27	400 Inward
Jan. 28 – Feb. 3	5000 Twist
Feb. 4-10	300 Reverse
11-17	100 Forward
18-24	200 Backward

**Note: In case of a rescheduled meet, the required dive conforms with the new date's required dive.**