



## 2022-23 State Diving Qualifying Score 228 (11 Dives)

### 2022-23 Required Dive Schedule

DATE	DIVE
December 8-10	100 Forward
December 11-17	200 Backward
December 18-24	400 Inward
December 25-31	5000 Twist
January 1-7	300 Reverse
January 8-14	100 Forward
January 15-21	200 Backward
January 22-28	400 Inward
January 29 - February 4	5000 Twist
February 5-11	300 Reverse
February 12-18	100 Forward
February 19-25	200 Backward

**Note:** In case of a rescheduled meet, the required Dive conforms with the new date's required dive.