

# 2019-20 Qualifying Standards

EVENT	GIRLS			BOYS		
	1/25 SJISA Coaches' Invitationals <b>Same as in the past!</b>	2/29-3/1 NJSIAA Individual State Championships	NISCA All America Consideration*	1/25 SJISA Coaches' Invitationals <b>Same as in the past!</b>	2/29-3/1 NJSIAA Individual State Championships	NISCA All America Consideration*
200 MR	1 team	1:53.25	1:46.21	1 team	1:41.75	1:34.74
200 Free	2:21.00	2:00.57	1:50.57	2:06.00	1:50.15	1:40.13
200 IM	2:37.00	2:12.19	2:03.64	2:25.00	1:57.63	1:51.57
50 Free	:28.50	:25.03	:23.54	:25.50	:22.40	:20.91
Diving	23.3 pts. per dive score from any post Nov. 30 meet with participation in at least 1 HS meet	11 Dive: 228 <i>There is no longer a 6-dive qualifying score!</i>	Use the link at the bottom of this page!	23.3 pts. per dive score from any post Nov. 30 meet with participation in at least 1 HS meet	11 Dive: 228 <i>There is no longer a 6-dive qualifying score!</i>	Use the link at the bottom of this page!
100 Fly	1:15.00	:58.66	:55.49	1:06.00	:53.20	:49.95
100 Free	1:03.50	:54.20	:51.05	:57.00	:50.03	:45.73
500 Free	6:15.00	5:16.02	4:56.85	6:00.00	4:48.90	4:33.10
200 FR	1 team	1:43.47	1:36.94	1 team	1:31.35	1:25.86
100 Back	1:11.00	:59.77	:55.92	1:07.00	:54.73	:50.37
100 Breast	1:22.00	1:08.24	1:03.80	1:13.00	1:00.90	:56.98
400 FR	1 team	3:45.76	3:31.02	1 team	3:22.30	3:09.26

\* = NISCA's All-America qualification and application details can be found at <http://niscaonline.org/Award-Programs/All-America-Swimming> and <http://niscaonline.org/Award-Programs/All-America-Diving>.