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208 White Horse Pike, Barrington, NJ 08007 (856) 547 - 7777 The Forty-Second Annual All-South Jersey

**Swimming & Diving Awards Banquet** 



Sponsored by
The South Jersey Interscholastic Swimming Association
& The William J. Lyons Chapter of the NJSOA

Masso's Crystal Manor Glassboro, New Jersey Monday, March 26, 2018

### **Tonight's Program:**

- **➤** Welcome / Invocation
- > The Bill Maschke Scholar-Athlete Awards
  - ➤ The Eileen Tallman Memorial Scholarship Award
  - > The William Lyons Jr. Memorial Award
    - > The Angela Hallerud

Newcomer of the Year Award

- > The Ray Hegel Award
  - > The John Bohanna

**Most Courageous Award** 

**≻The Candy Fenton** 

Manager of the Year Award

- > The Jim Roach Diver of the Year Awards
  - > The Swimmer of the Year Awards
  - > Team State Tournament Qualifiers &

Section/State Champions Recognition

- > Individual State Champion Awards
  - > The William J. Lyons

**Team Sportsmanship Award** 

- > The All-South Jersey Teams
  - > The Coaches of the Year

# Congratulations to our sectional champs, state finalists and state champions!



Haddonfield

Haddonfield

# The SJISA wishes to extend very special thanks to:

Chris Miller and the entire
 GCIT Aquatic Staff for their very capable hosting of our very successful diving,
 Invitational & McNitt meets.

 The absolutely irreplaceable,

irrepressible and truly wonderful **Ms. Lynn McNitt** without whom the organization would not run as smoothly as we have all become accustomed.

- All the coaches, parents and athletes who supported swimming throughout the season.
- **☞ The South Jersey Swimming Officials**of the William J. Lyons Chapter with their
  continued support and expertise
  throughout the year in all aspects of the
  sport.
  - **Designer-T's** for their great shirts.
- **☞ Paul's Trophies** for their continued masterful service to high school swimming in South Jersey.
- Special thanks go to the Cape May County Technical School District for the production of these banquet programs and our Invitationals' meet programs.

# The South Jersey Interscholastic Swimming Association Trustees

President - Matt McElroy, Cape May Tech
Vice-President - Joe Pegues, Gateway/Woodbury
Secretary - Linda DuBois, A. P. Schalick
Treasurer - Peggy Tedesco, Holy Cross
Brian Booth, Mainland
Theresa DeCoursey, Eastern

Shane McGrath, Ocean City Jessica Slates, Washington Twp.

Maura McDermott, Haddon Twp.

Chris Sylvester, Audubon/Collingswood

Advisor – Kevin Nolan, Gloucester Catholic

Tech Coordinator/Advisor - Scott Sweeten, C.H. West

### The William J. Lyons Chapter of the NJ

# **Swimming Officials Association**

**President** - Bob Binz

**Vice-President** – Bob Horvath

**Secretary** – Linda DuBois

**Treasurer** – Donna O'Leary

Rules Interpreter – Burt German

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#### The Bill Maschke Scholar-Athlete Awards

The SJISA is pleased to present this award in the memory of Bill Maschke, an outstanding scholar, swimmer and coach here in South Jersey. A \$500 scholarship will be awarded to a maximum of four males and four females from the senior class that are chosen by a special committee from a pool of qualified applicants whose coaches have submitted transcripts, meet sheets and other supporting documents. To be considered, an applicant must have carried a minimum cumulative 3.7 GPA (on a weighted 4.0 scale) through seven semesters of work and have participated in 80% of the team's meets during the season. The committee evaluates the criteria based on a point system approved by the general membership and the award's winners are selected out of the pool of qualifying finalists by the committee. A maximum of four runner-ups for each gender will each receive a \$100 award.

Cristian Bell, Egg Harbor Twp. Owen MacNamara, Clearview Allison Lowry, Schalick

Jenna Mesisca, Shawnee

Connor Shenk, GCIT Anna Mecca, Cherry Hill West Abby Wilson, Moorestown

**Jacob Haines**, Lenape

\$100 honorees: Brendan Meagher, Shawnee; Michael Sheehan, Haddon Twp.; Sean Wilson, Cape May Tech; Julia Albertson, Vineland; Rachel Doring, Clearview; Robin Hill, West Deptford; Megan Hoopes, Haddon Twp.

#### Previous recipients of the Bill Maschke Award:

Justin Liu, Mainland; Matt Mahon, St. Augustine; Matt McGough, Bishop Eustace; Zach Washart, St. Augustine; Jamie Bowne, Cherokee; Marissa Heino, Kingsway; Nicole Meskin, Eastern; Tess Ruona, Shawnee
Pat Cusak, Ocean City; Tom Cusak, Ocean City; Jacob Fleischer, Shawnee;
Matt Schillaci, Glassboro; Kara Anderson, Cherokee; Colleen Clancy, C.H. West,
Emily Danilak, Kingsway, Kaitlyn Weatherby, GCIT
Nick Cianci, Washington Twp.; Colin McHugh, St. Augustine; Hunter McNamara, Clearview;
Dragan Vujovic, Lenape; Kaitlyn Conrow, Vineland; Jennifer Klavens, Washington Twp.;
Marissa Moskalow, Clearview; Isabel Obregon, Cherokee
Brad Donohue, Haddon Twp.; Conrad Eisenhardt, Clearview; Liam Mahoney, C.H. East;
Michael Scheipe, Lenape; Brittany Bayes, Clearview; Kacie Dunham, Shawnee;
Rachel Kessler, Atlantic City; Maddison Parry, Cinnaminson
Justin Harvie, Washington Twp.; Chris McClintock, Mainland; John Morris, Cumberland;

Rachel Kessler, Atlantic City; Maddison Parry, Cinnaminson
Justin Harvie, Washington Twp.; Chris McClintock, Mainland; John Morris, Cumberland;
Andrew Mottola, Sterling; Colleen Callahan, Ayana Cox, Melissa Toy & Dominique Voso, Atlantic City
Jack Gilligan, Shawnee; Joseph Lakits, Pitman; Tom Rebbecchi, C.H. West;
Rick Seffrin, Glassboro; Marlee Ehrlich, C.H. East; Lauren Huckel, Cinnaminson;
Jennifer Kaufman, Atlantic City; Megan Norton, Ocean City
Christopher Campbell, Holy Cross; David Campbell, Eastern; Michael Thomas, Holy Cross;
Zachary Wister, Haddon Heights; Kaitlin Hare, Oakcrest;
Lexi Misiewicz, Sacred Heart; Amanda Pegues, Gloucester Catholic
Dale Davis & Brian Sullivan, Gateway/Woodbury; Chelsea Cioffi, Pitman;
Shannon Donohue, Haddon Twp.; Maureen McCotter, Bishop Eustace;
Amanda Ziof, Egg Harbor Twp.

Amanda Zipf, Egg Harbor Twp.
Colleen McClintock, Mainland; Carly Misiewicz, Sacred Heart
Dave Heinemann, Egg Harbor Twp.; Michael Rebuck, Moorestown
Carolyn Brooks, Vineland; Jill Smaniotto, Millville

Joe Contino, Cumberland; Matt Cramer, Gateway
Stevi Anderson, Vineland; Maureen O'Neill, Cherry Hill West
Evan Schindewolf, Egg Harbor Twp.; Andrew Wood, Washington Twp.
Tiffany Malatesta, Vineland; Kelly Williams, Washington Twp.;

Josh Bryan, Cherokee; Eric Mooney, Holy Spirit
Julia Brinberg, Atlantic City; Danielle Trinkner, Triton;
P.J. Ritter, Cumberland; Craig Schindewolf, Egg Harbor Twp.
Jessica Cobb, Moorestown; Julia Pustizzi, Vineland;
Michael Cobby, Eastern; Joe Madres, Cherry Hill West
Emily Bateman, Mainland; Amanda Smaniotto, Millville;
Nikbil Thakeer, Factorn, David Traini, Moorestown

Emily Bateman, Mainland; Amanda Smaniotto, Millville;
Nikhil Thakeer, Eastern; David Traini, Moorestown
Sara Jaggi, Haddon Heights; Caroline Merighi, Vineland;
Tom Bogle, Eastern; Richard Logar, Shawnee
Deanna Kloss, Holy Cross; Heather Mierkowski, Audubon;
Jason Jennings, Cherry Hill West; Joe Murowany, Millville
Katie Kopil, Cherry Hill West; Erin Sykes, Holy Spirit;
Michael Mierkowski, Audubon; Ryan Restrepo, Haddon Heights
Kristie Herbst, West Deptford; Shannon Lynch, Lenape;
Sean Patterson, Haddon Heights; Joe Petrini, Gateway
Anne-Marie Casperite, Holy Cross; Kathleen Kennedy, Delran; Kate McDonnel, Haddon Twp.;
Charles Gersbach, Shawnee; Joe Molle, Pitman
Lisa Marandola, St. James; Karyn Singer, Cherry Hill West;
Anthony Scarpaci, Washington Twp.; Michael Weiss, Cherry Hill East
Kirsten Doert, Moorestown; Cheryl Lemon, Gateway;
Mark Beckler, Pennsauken; Clifford Bircks, Haddonfield
Julie Mason, Mainland; Robert Grimming, Woodbury
Jody Sanders, Cherry Hill West; Robert Burroughs, Gateway
Sandy Pietrantonio, Woodstown; Bill Peranteau, Gloucester Catholic

#### **Twenty Year Service Awards**

Each year, the SJISA honors any active high school coaches who have served their school and community for twenty years. All head coaches, assistant coaches and diving coaches in the South Jersey area are eligible for this award. This year, the SJISA is proud to award a gold

#### Emily Rottkamp, Vineland

#### Previous recipients of the Twenty Year Service Award:

2015	Nancy Curtis Pegues, Gloucester	2005	Sue Rybak, C.H West; Bill Sheppard,
	Catholic; Steve Skinner, Clearview & Jeff		C.H. Éast; Kevin Nolan, Gloucester
	Weigel, Shawnee		Catholic & Bill Howarth, Atlantic
2014	Brian Booth, Mainland		City
2011	Peggy Tedesco, Holy Cross	2003	Bill Hoover, Millville & John
2010	Emily Kennedy, Delran/Moorestown;		Rakowski, Mainland
	Mike Panarella, Shawnee/Eastern &	2002	Pete Kelley, West Deptford/Schalick
	Will Wanamaker, Moorestown	2001	Ginny Weber, Moorestown &
2009	Linda DuBois, A.P. Schalick &		Bo Wood, C.H. East
	Joe Pegues, Gateway/Woodbury	1998	Dick Haines, Shawnee
2008	Diane Tucker, Sacred Heart	1997	Kathy Ruhl, Pennsauken
2006	John Malatesta, Vineland	1996	Dick Nelson, Gateway; Fred Knouse,
	•		C.H. East & John Casadia, Jr., Vineland

#### The Coaches of the Year

Each year, this award is presented to the coaches who have shown superior leadership, sportsmanship, excellence and dedication. They are chosen by a peer vote at the March general membership meeting. The nominees this year are:

#### Girls' Teams

John Battersby, Moorestown Mark Jamieson, Egg Harbor Twp. Mike Parker, Bishop Eustace

Anita Bowser, Cherry Hill East Kevin Nolan, Gloucester Catholic **Bob Queribin, Haddonfield** 

#### **Boys' Teams**

Brian Booth, Mainland

Chrissy Gerber, Seneca

John Casadia, Jr., Vineland

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Shane McGrath, Ocean City			Eric O'Neill, Shawnee		
Previous recipients of the C			Coach of the Year Award:		
2017 2016 2015 2014 2013 2012 2011 2010 2009 2008 2007	Crevious recipients of the C Girls' Teams (2005 to present): John Battersby, Moorestown; Anita Bowser, C.H. East & Mark Jamison, EHT Heather Lopez, Lenape Ann Rychlik, Cherokee Ann Rychlik, Cherokee John Rakowski, Mainland Jessica Semar, Cherry Hill West Mike Schneider, Vineland Bill Howarth, Atlantic City Bob Queribin, Haddonfield Will Wanamaker, Moorestown Mike Schiavo, Holy Spirit & Scott Sweeten, Cherry Hill West John Casadia, Jr., Vineland	2017 2016 2015 2014 2013 2012 2011 2010 2009 2008 2007 2006	h of the Year Award:  Boys' Teams (2005 to present): Chris Sylvester, Audubon/C'wood Brian Booth, Mainland Joe Cucinotti, Cherry Hill East Andre Lopez, Lenape Joe Pegues, Gateway/Woodbury Stephen Tucker, Sterling Matt McElroy, Cape May Tech Brian Booth, Mainland Diane Tucker, Sacred Heart Jon Stinson, St. Augustine Brian Sloan, Millville Mike Schiavo, Holy Spirit		
2005 2004 2003 2002 2001 2000 1999 1998 1997 1996 1995 1994 1993 1992	Scott Sweeten, Cherry Hill West John Casadia, Jr., Vineland Brian Booth, Mainland Mike Parker, Bishop Eustace Bo Wood, Cherry Hill East Mike Schiavo, Holy Spirit Mike Panarella, Shawnee Scott Sweeten, Cherry Hill West Linda DuBois, Schalick Bob Queribin, Haddonfield John Rakowski, Mainland Will Wanamaker, Moorestown Ginny Weber, Moorestown Kevin Nolan, Gloucester Catholic	2005 1991 1990 1989 1988 1987 1986 1985 1984 1983 1982 1981 1980	Ryan Sprang, St. Augustine Steve Ariff, Highland Pete Kelley, West Deptford Bill Sheppard, Cherry Hill East Dick Nelson, Gateway Beth Kingston, Moorestown Marianne Malcom, Cherokee George Rhea, Cherry Hill West Barry Adamson, Camden Co. Tech John Myers, Shawnee Lynn McNitt, Cherry Hill West Jim DeBolt, Lenape Pete Williams, Haddon Twp.		

The 2018 All-South Jersey Team -		Girls' 2nd Team	The NISCA Outstanding Official Award			
200 Freestyle	Erin Cavanagh	9 Bishop Eustace	This award recognizes the outstanding achievement of selected officials in each state			
200 Individual Medley	Ava Berzanski	10 Haddonfield	throughout the nation by the National Interscholastic Swimming Coaches Association.			
50 Freestyle	Melissa Lowry	10 Cumberland	There is no recipient of this award for 2018.			
Diving	Lyndsey Rudolph	10 Egg Harbor Twp.	-			
100 Butterfly	Christine Gallagher	12 Haddon Twp.	Previous recipients of the OO Award:			
100 Freestyle	Erin Murphy	12 Absegami	2017 Darren Hickman 1999 Ed Fahey			
500 Freestyle	Emily Jones	11 Gloucester Catholic	2016 Bill Clark 1998 Ellen Higgins 2014 Barbara Biedenbach 1997 Chris Maisch			
100 Backstroke	Annie Behm	9 Cherry Hill East	2012 Ray Cavanaugh 1996 Barry Adamson			
100 Breaststroke	Kyra Schwerzler	12 Clearview	2010 Bob Billz 1994 Marion Bear			
The 2018 All	-South Jersey Team –	Boys' 2 <sup>nd</sup> Team	2006 Eileen Tallman 1993 Al Shoop 1992 Frank Forde			
200 Freestyle	William Lukens	12 Clearview	2005 Phil Fleery 1991 Ruth Rogers 2004 George Borger 1990 Burt German			
200 Individual Medley	Erik Truong	11 Mainland	2003 Bob Horvath 1989 Dick Wolff			
50 Freestyle	Kyle Worrell	12 Rancocas Valley	2002 Ellen Mace 1988 Steve Egbert 2001 Donna O`Leary 1987 Bill Lyons			
Diving	Colin Hickey	9 Kingsway	2000 Bill Gehringer			
100 Butterfly	Jackson Brookover	10 Cherry Hill East				
100 Freestyle	Dominick Sheppard	11 St. Augustine	The Eileen Tallman Memorial Scholarship Award			
500 Freestyle	Jacob Narvid	10 Gloucester Catholic	This \$1000 award will be given annually by the Tallman family and presented by the			
100 Backstroke	Ryan Brennan	12 Haddon Twp.	South Jersey Swimming Officials to honor the late Eileen Tallman whose presence on the			
100 Breaststroke	Brenden Meagher	12 Shawnee	deck exemplified outstanding officiating. It will be awarded to a senior girl or boy who has been an active participant of her/his high school swim team for at least two years and			
The 2018 All-South Jersey Team		· Girls' 1st Team	has demonstrated scholarship, leadership, sportsmanship and financial need.			
200 Freestyle	Lauren Kelly	12 Cedar Creek	Catherine Suarez			
3	Grace Yoon	10 Cherry Hill East				
50 Freestyle	Ryann Styer	12 Ocean City	Cherry Hill High School East			
Diving	Isabella Wamsher	11 Ocean City	Drawious assision to of the Tellman Managial Cabelevahine			
100 Butterfly	Margot Kaczorowski	11 Haddon Heights	Previous recipients of the Tallman Memorial Scholarship:  2017 Oliva Lepor, Cape May Tech			
100 Freestyle	Colleen Renshaw	11 Millville	2016 Kelsey DeMatte, Schalick; Madeline Maguire, Cape May Tech			
•	Maggie Wallace	12 Ocean City	TEN TATOLIN T T DE 1 1 A 1			
100 Backstroke	Mackenzie O'Connor	12 Bishop Eustace	The William Lyons Jr. Memorial Award			
100 Breaststroke	Nora Woods	12 Audubon/Collingswood	This award is presented annually by the South Jersey Swimming Officials to a male or			
"Wild Card" (200 IM)	Katie McClintock	9 Mainland	female high school senior swimmer who has shown extraordinary dedication, sacrifice, sportsmanship, scholarship and community leadership. Each high school nominates their			
, ,			own candidate and the winner is selected by a special board of swimming officials in			
	l-South Jersey Team -	•	honor of the late William Lyons, Jr., a long-time official and swimming enthusiast. This			
200 Freestyle	Glenn Lasco	12 Mainland	was only the sixth year that male candidates were also considered for the award.			
J	Destin Lasco	10 Mainland	Kelly Mesisca			
50 Freestyle	T.J. Given	11 Holy Spirit				
Diving	Dillon Hall	12 Cherry Hill West	Delran High School			
100 Butterfly	Joshua Fong	11 Moorestown	Previous recipients of the Lyons Memorial Award:			
100 Freestyle	Joey Rogers	12 Mainland	2017 Sidney Jaramillo, Kingsway 2010 Allyson Mitidieri, C.H. West			
500 Freestyle	Joey Tepper	10 Egg Harbor Twp.	2016 Kaitlyn Weatherby, GCIT 2009 Christina Watts, Vineland			
100 Backstroke	Christian Bell	12 Egg Harbor Twp.	2015 Mackenzie Ropka, C.H. East 2008 Ashley Schneider, Moorestown 2014 MacKenna Angert, West Deptford 2007 Beth Mooney, Holy Spirit			
100 Breaststroke	Jacob Haines	12 Lenape	2013 Molly Podosek, Schalick 2006 Tiffany Malatesta, Vineland			
"Wild Card" (100 Back) 14	Thomas Schurer	12 Moorestown	2012 Greta vanVeldhuisen, No. Burlington 2005 Karly Daplyn, Vineland 2011 Amanda Pegues, Gloucester Cath. 2004 Jessica Cobb, Moorestown 3			

# The Angela Hallerud Newcomer of the Year Award

This award will be presented annually to memorialize the life of Lenape swimmer Angela Hallerud by honoring any team member in their first year of high school swimming (regardless of grade) that positively-influenced the culture of his/her team by fostering team unity and the collective achievements of his/her teammates. The winner each year will receive a plaque, a \$100 gift certificate to "The Sprint Lane" shop at Jersey Wahoos in Mt. Laurel and free lifeguarding certification classes courtesy of the Hallerud family.

Olivia Little

#### Salem High School I would like to nominate a member of the Salem Swim Team for the

Angela Hallerud "Newcomer of the Year" Award: 9th Grader, Olivia Little. Not only was this Olivia's first year swimming for the high school swim team, Olivia does not swim for any club teams (winter or summer). At the beginning of the season, Olivia was a little apprehensive and

nervous about swimming and being on the swim team. The only stroke she had any idea how to swim was free style. It didn't take Olivia long to understand the mechanics, learn and be able to swim the other strokes, (Breast, Butterfly and Back). Out of the 12 members of the Salem Swim Team, only 4 had previously been on the team. Olivia's positive attitude and willingness to try new strokes and events was infectious with the rest of the team, especially with the newer members of the team. As Olivia got better swimming the different strokes, so did the rest of the team. There was always a friendly rivalry within the team at practices to push each other. This was

evident within the new members as they would try to beat each other. This was also evident with the older members as well. As Olivia was getting better and becoming faster, she would challenge the veterans of the swim team,

which in turn made the veterans want to push themselves to get better.

anywhere, Ms. Olivia Little.

As a first year swim coach for Salem High School, I could not have asked for a better group of students to work with. Their positive attitudes, willingness to work hard and become successful at the different events/strokes, is something any coach would love to have. I attribute the teams family mentality, friendliness, and positive attitudes toward each other,

swimming and to the competition we faced not only to the veteran leadership, but to a swimmer who just finished her very first season swimming

Coach Kline

## Previous recipients of the Angela Hallerud Award:

2017 Garrett Pendleton, No. Burlington 2013 Jillian Bujanowski, Holy Cross 2016 Emily Jones, Gloucester Catholic 2012 Andrew Holm, Northern Burlington 2015 Maggie Wallace, Ocean City 2011 Katie Bayes, Clearview 2014 Michael Avallone, Clearview 2010 Erika Esposito, Gateway

# The History of the All-South Jersey Teams

In 1978, the South Jersey Swimming Officials selected and

honored the first All-Star team. From 1978 to 1980, only one team of honorees was named and honored by the Courier-Post. From 1981 to 1986, the paper listed both an All-Star team and a group of honorable mention swimmers. In those early days, the main criteria for choosing the team was the results from the NJSIAA's "Meet of Champions", now called the Individual State Championships.

In 1987, the paper published a first, second and third team of honorees for the first time. The main criteria remained performance at the NJSIAA meet but as the SJISA Invitational and the various conference and league championships evolved, times from those meets began to also be considered for the teams' selections. As the number of meets increased, the SIISA voted in 1991 to

select its teams solely on the basis of all electronically-timed results

achieved at any championship or playoff meets. Today, the organization is proud to note that the fifty-six athletes whose performances have placed them on these pages represent every swimming league in South Jersey, making them teams truly worthy of the title "All-South Jersey".

#### The 2018 All-South Jersey Team - Girls' 3rd Team Jordan Washart 200 Freestyle 12 Bishop Eustace

<i>3</i>		1
200 Individual Medley	Emily Wisniewski	10 Moorestown
50 Freestyle	Abigail Wilson	12 Moorestown
Diving	Kelsey Tirpack	10 Kingsway
100 Butterfly	Holly Robinson	11 Moorestown
100 Freestyle	Alex Antonov	9 Ocean City
500 Freestyle	Allie Waggoner	9 Moorestown
100 Backstroke	Camryn McHugh	12 Gloucester Catholic

#### The 2018 All-South Jersey Team - Boys' 3rd Team

12 Moorestown

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200 Freestyle	Connor Shenk	12 GCIT
200 Individual Medley	David Rucci	11 Gateway/Woodbury
50 Freestyle	Kevin Del Giorno	12 Shawnee

Annie Wixted

#### John Furner Diving 9 Haddonfield

100 Breaststroke

Alex Chiu

100 Butterfly 11 Washington Twp.

100 Freestyle Jack Ruggieri 12 Gloucester Catholic

500 Freestyle Brian Nasielski 11 Lenape 100 Backstroke **Jack Watson** 11 Cherry Hill East

Anthony Moon 100 Breaststroke 12 Cherry Hill East

#### The South Jersey Interscholastic Swimming Association Hall of Fame

In 2001, the South Jersey Interscholastic Swimming Association established the SJISA Hall of Fame. The inductees represented here have established themselves as outstanding swimmers, divers, coaches and officials in South Jersey. The Gloucester County Institute of Technology has been established as the home of the Hall of Fame and the plaques of the recipients will be displayed in the spectator area of the pool.

#### Here are the existing members of the SJISA Hall of Fame:

Alison Maisch Brothers, Diver - Cherry Hill West, 1985 Kevin Coogan, Diver - Holy Cross, 1999 Heather DeHainaut, Swimmer - Vineland, 1999 Steve Egbert - Coach & Official Jeff Farschon, Swimmer - Woodstown, 1991 Gary Faykes, Swimmer - Lenape, 1977 Chris Gally, Swimmer - Cherokee, 1986 Bert German, Official Judy German, Swimmer - Pennsauken, 1977

Diane Gieble, Swimmer - Cherry Hill East, 1971 Schafer Henry, Swimmer - Gateway, 1976

Lee Hitchner, Swimmer - Moorestown, 1964

Sean Killion, Swimmer - Cherry Hill East, 1986

Gary Kranzlee, Swimmer - Cherry Hill East, 1972

JoAnn Test Le Masters, Swimmer - Moorestown, 1958

William Lyons, Jr., Swimmer, Coach & Official

Brent Mathers, Swimmer - Schalick, 1987

Pat McMahon, Coach - Pennsauken, 1960s-70s

Lynn McNitt, Coach/SJISA Advisor - Cherry Hill West, 1964-Present

William Peranteau, Diver - Gloucester Catholic, 1993

Leslie Pike, Swimmer - Cherry Hill East, 1983

Leigh Primavera, Diver - Cherry Hill East, 1978

George Rhea, Coach - Cherry Hill West, 1961-85

Jim Roach, Official

Ruth Rogers, Swimmer/Official - Moorestown, 1957

Jason Rosenbaum, Swimmer - Delran, 1991

Walt Schuman, C-P Sports Editor

Rick Seywert, Swimmer – Moorestown, 1972

Sue Stokes Hajec - Moorestown, 1967

Al Thomas, Coach Moorestown, 1949-78

Bea Thomas, Coach - Moorestown, 1949-76 Lisa Iori Trabuchi, Swimmer - Vineland, 1981

Al Turner, Swimmer - Atlantic City, 1925

Marianne Malcom Venutti - Cherokee Coach/Founder of SJISA

Gayle Hegel Wisner, Swimmer - Washington Twp., 1979

Peter Wright, Swimmer - Delran/Peddie, 1991

#### The Ray Hegel Award

This award may be presented annually by the South Jersey Swimming Officials Association in memory of Ray Hegel, one of the greatest officials to ever work in South Jersey. Since Ray officiated at every level as his children progressed from Tri-County through to the US National Team, the award was instituted to honor the area's outstanding swimmers or divers from any level of competition.

#### Rachel Bernhardt

#### Vineland, Class of 2013; Drexel University, Class of 2017

It is my pleasure to introduce to you the 2018 SJISA Ray Hegel Award Recipient, Vineland High School Class of 2013 alum Rachel Bernhardt. While in high school, Rachel had a part in six VHS school records, was a member of a state championship relay, and was a three-time 1st Team All-State and All-South Jersey honoree. Rachel earned a full athletic scholarship to Drexel University, where she continued to excel throughout her collegiate career.

At Drexel, Rachel was an 11-time All-Colonial Athletic Association award winner, 4-time individual conference champion, broke seven school records, qualified twice for the NCAA Division 1 Championships and earned an honorable mention All-America nod in 2017 with a 16th-place finish in the 100 breaststroke. She won the 100- and 200-yard breaststrokes at the CAA Championships in both 2016 and 2017 and qualified for the NCAA Championships in both events those same years. She graduated from Drexel with three individual school records (50 free - 23.21; 100 breast- 59.68; 200 breast- 2:10.62). She was named the CAA Women's Swimmer of the Year in both 2016 and 2017 and competed in the 2016 U.S. Olympic Trials, where she finished 43rd in the 100 breaststroke and 74th in the 200 breaststroke. In June 2017, Vineland High School presented Rachel a career achievement award at its annual All-Sports Booster Club Banquet.

Last fall, Rachel moved to Columbia, S.C., where she began her "post-grad" training with the University of South Carolina aiming to again compete at the Olympic Trials in 2020. Earlier this month, she competed at the TYR Pro Series meet in Atlanta and shattered her lifetime best in the 100 LC breaststroke with a 1:08.80 to win the 'B' Final, which (at of the time of this being written) ranks 26th on FINA's World Rankings list for 2018.

Rachel has always been a shining example for our athletes at VHS. Her example as a senior in high school left such a lasting impact on that year's freshman class that when they were seniors in 2016, they chose her as their honoree for our annual poster dedication. She has continued to support the program in many ways, including helping run clinics for the younger swimmers in our community and even donated a bag of old "tech suits" for some of our swimmers to wear during championship season. I thank the SJISA and my fellow coaches for selecting Rachel to receive this award.

Coach Schneider

#### **Previous recipients of the Ray Hegel Award:**

	ricvious recipients or	tile i	tay iicgci iiwaia.
2017 2016	Katie Scott, C.H. East, Marymount Brendan McHugh, St. Augustine, UPenn;	1996	Peter Wright, Delran, Peddie, University of VA, US National Team
2010	Kelsi Worrell, Rancocas Valley, Louisville, US	1995	Tammy Kouser, Washington Twp.,
	National Team		Villanova
2014	Kevin Steel, Moorestown, Arizona	1994	Dean Hutchinson, Delran, Auburn
2013	Kelsi Worrell, Rancocas Valley, Louisville	1993	Julia Mason, Mainland
2012	Tommy Glenn, Haddonfied, Brown	1992	Sean Killion, CH East, US National Team
2011	Emily Creran, Haddonfield, Ohio State	1991	Jason Rosenbaum, Delran
2010	Tiffany Malastesta, Vineland, Pittsburgh	1990	Peter Wright, Delran
2009	Christian Sprang, St. Augustine, Michigan	1989	Alison Maisch, CH West, LSU
2008	Christian Sprang, St. Augustine, Michigan Kyle Mitrione, Haddonfield, Purdue	1988	Alison Maisch, CH West, LSU
2007	Moira McCloskey, Atlantic City, Yale	1987	Sean Killion, CH East,
2006	Stevi Anderson, Victoria Bonifield, Tiffany		U. of California-Berkley
	Malatesta & Sabrina Warren,	1986	Brent Mathers, Schalick
	Vineland	1985	Theresa Querubin, CH West, Peddie, UPenn
2003	Matt Campbell, Haddonfield, Rutgers	1984	Sean Killion, CH East

#### The John Bohanna Most Courageous Award

# Ryann Styer Ocean City High School

It is both my privilege and honor to introduce Ryann Styer as this year's recipient of the John Bohanna Most Courageous award. This fall Ryann signed a national letter of intent to continue her impressive swimming career at the University of South Carolina. As one of the most decorated swimmers in Ocean City swimming history, Ryann entered her senior year with great aspirations as a senior captain. At a time when celebrations would normally be in order, our local swimming community was blindsided by the sudden and tragic passing of Ryann's father, Michael, one week into our season. No one should have to experience such a tragedy, let alone a high school senior who should be celebrating one of the biggest accomplishments every athlete dreams of. My heart ached for Ryann and her family during this trying time.

After the shock and mourning of her father's passing, she would have been justified in shutting down. Not Ryann. When most people would have crumbled and given up on their season, Ryann handled this horrific situation with poise and grace. Ryann worked tirelessly in and out of the pool as she continued pursuing her goals in honor of her father. She swept the 50 and 100 Freestyles at the Hackney Meet, SJISA Coaches Invite, and CAL Championships; setting multiple meet and school records along the way. Ryann was an inspiration to our entire team as they witnessed her determination and positive attitude through such an incredibly difficult time.

Nothing exemplified this more than her performance at this year's Individual State Meet of Champions. Ryann was the returning state champion in the 50 Freestyle and had been even faster this season. After an impressive swim and best time in prelims Ryann was seeded first going into finals. This was her race. However, another swimmer swam a meet record to take the race with Ryann finishing a close second. Again, she would have been justified in shutting down from disappointment. Not Ryann. She responded with the same determination and attitude she has embodied all season. Ryann showed incredible courage and heart in her next event as she anchored our 200 Freestyle Relay to a state title and meet record in comeback fashion as she split the fastest 50 Freestyle in state history. It was one of the most impressive swims I have witnessed in my swimming

Freestyle in state history. It was one of the most impressive swims I have witnessed in my swimming

Courage is defined as strength in the face of pain or grief. One of the most important skills any athlete can learn is how to handle adversity in the most difficult of times. Ryann consistently displayed resilience and perseverance to the greatest degree throughout this season. I have never been so proud of one of my athletes and I could not think of a more deserving candidate for this award. I wish her all the best in the future. It is with great pleasure and honor that I present Ryann Styer with the John Bohanna Most Courageous Award.

Coach Keyser 2016

# Previous recipients of the John The Girls' Team from Lenape; Tyler McCormack, Seneca Olivia Cann, Gloucester Catholic Shane Murphy, Paul VI Courtney Patterson, Cherry Hill West; Amy Stelmaszyk, Cherry Hill West; Stathlyn Walker, Delsea Shane Tubb, St. Augustine Shane Tubb, St. Augustine Michelle Bruno, Cherry Hill West; Iulia England, Seneca Colin Lawler, Cherry Hill East Mark Garbowski, Cherry Hill West Mark Garbowski, Cherry Hill West Jackie Mannon, Washington Twp. Christopher Gillies, Hammonton Cary Gaul, Cherry Hill West; Lisa Hitchner, Woodstown; Molly McGroarty, Mainland; Melissa Settar, Pitman Jason Murowany, Millville Jason Kenuk, Moorstown Jason Merowany, Millville Jason Kenuk, Moorstown Mathael Award Scott Cowperthwait, Vineland Michael Herbst, West Deptford Suzy Bovle, Lenape Heather McVey, Holy Spirit Amanda Coyle, Cherokee Leape Heather McVey, Holy Spirit Amanda Coyle, Cherokee Lieape Heather McVey, Holy Spirit Amanda Coyle, Cherokee Li Scott Cowperthwait, Vineland Michael Herbst, West Deptford Suzy Boyle, Lenape Heather McVey, Holy Spirit Amanda Coyle, Cherokee Katie Gipe, Moorestown, Tim Thieler, Egg Harbor Twp. Tyson Gerhardt, Lenape Mike Diehl, Kingsway Chris Otmani, Eastern Jason Suder, Cherokee Teresa Byrne, Highland; Kristin Kisselbach, Cherry Hill East John Capozzi, Kingsway; Michael McIntire, Highland Joe Werner, Pennsauken Lisa Fusco, Cherokee; Margaret Sibert, Woodbury Betty Moher, West Deptford; Diana Sawn, Washington Twp. Harold Wolman, Cherry Hill West Sue Rybak, Cherry Hill East Kathy Conners, J.F. Kennedy 2015 2014 2013 2012 2011 2010 2009 2008 2007 2006 2005 2004

The Candy Fenton Manager of the Year Award <u>Catherine Knoll</u> Kingsway Regional High School

Catherine (Cat) Knoll has been part of the Kingsway swim family even before she took on the role of manager. She was a regular face at meets, coming to cheer her older brother on. A former swimmer herself, she understands the struggles and joys of the sport and shares a true love for it. Her insight and experience from being part of a swim family have allowed her to relate to our swimmers and help support them through their journey on the team. Cat is always smiling, a positive role model and influence on those around her.

We have been lucky to have incredible managers over the years and Cat is the cream of the crop. She is always asking if there is anything she can do to help, but often knows what decisions to make without even being told. She makes our jobs as coaches and swimmers significantly easier. I can always trust her to do an incredible job. Additionally, she has recruited and taught other managers so that we were well prepared for all of our meets. Her contributions and bright spirit will be greatly missed!

Previous recipients of the Candy Fenton Award:

2017	Alyssa White, Woodbury	2001	Julie Turt, Eastern
2016	Kelsey DeMatte, Schalick	2000	Valerie Gallina, Vineland
2015	Erin Lang, Kingsway	1999	Abby Harvey, Cherry Hill East
2014	Maggie Heinsman, Gloucester Catholic	1998	Nicole McIntyre, West Deptford
2013	Isabella Strom, Woodbury	1997	Jennifer Dappalone, Cherry Hill West
2012	Francesca Romero, Gloučester Catholic		Lisa Piechoski, Vineland
2011	Caitlyn Stulpin, Gloucester Catholic		Shana Pinti, Haddonfield
2010	Rosa Melillo, Vineland	1994	
2009	Katie Bradley, Washington Twp.		Tiffany Facchine, Gloucester Catholic
2008	Kariann Talone, Vineland		Heather Gehman, West Deptford
2007	Brooke Murray, Sterling Jackie Di Adezzio, Washington Twp.	$199\overline{1}$	Dee Velasco, Highland
2006	Jackie Di Adezzio, Washington Twp.		Shannon Murphy, Glouc. Catholic
2005	Lara Castorina, Vineland	1989	Teresa Seger, Gerri Strickler, Virginia Schubert
2004	Valentina Cruz, Vineland		Brittany Layton, Woodstown
2003	Jen Sharpless, Millville	1986	Beth Sawicki, Kingsway
<b>6</b> 2002	Krista Hess, Vineland	1700	Detit Sawieki, Kingsway

#### **Individual State Champion Awards**

The SJISA is pleased to honor South Jersey's champions from this year's NJSIAA Individual State Championships. 200 & 500 Freestyle: Maggie Wallace, Ocean City

200 IM: Grace Yoon, Cherry Hill East 100 Butterfly: Margot Kaczorowski, Haddon Heights

200 Freestyle Relay: Alex Anthony, Claudia Scherbin, Maggie

Wallace & Ryann Styer, Ocean City 100 Breaststroke: Nora Woods, Audubon/Collingswood

& Grace Yoon, Cherry Hill East 200 IM & 500 Freestyle: Destin Lasco, Mainland 100 Freestyle: Joey Rogers, Mainland

200 Freestyle Relay: Joey Rogers, Nick DiNofrio, Glenn Lasco & Destin Lasco, Mainland 400 Freestyle Relay: Joey Rogers, Brett Clauhs, Glenn Lasco & Destin Lasco, Mainland

#### The William J. Lyons Team Sportsmanship Award

Each year, the officials of the William J. Lyons Chapter of the New Jersey Swimming Officials Association choose to honor the team that in their opinion best exemplified the true spirit of sportsmanship. This was the underlying theme in the coaching and officiating of one of the truly great officials ever to walk the pool deck, Mr. Bill Lyons. This honor is the testimonial to his teaching and way of life. The following 8 conformers or pairs of divisions within a league in South Lyons reminests. following 8 conferences or pairs of divisions within a league in South Jersey nominate a team(s) to be considered for the award:

**Burlington County** Cape Atlantic Cape Atlantic Swim League: League Boys: League Girls: Pemberton Absegami Millville SJISL Pacific/Ocean SJISL Atlantic/Arctic Division SJISL Mediterranean/Caribbean Division Boys: Division Girls: Lenape **Timber Creek** Shawnee

Paul VI Gloucester Catholic Schalick Provious reginients of the Ixone TS Award.

SJISL Baltic Division Girls:

2006 Holy Spirit Girls

Tri-County Conference Boys: Tri-County Conference Girls:

1996

Pemberton

11

rrevious recipients of the Lyons 15 Award:					
2016	Camden County Tech	2005	Cherry Hill West Girls		
	Seneca Girls	2004	Our Lady of Mercy		
	Pitman Girls	2003	Woodbury		
	Shawnee Girls	2002	Haddon Heights		
2011	Northern Burlington	2001	Ocean City		
	Atlantic City Girls	2000	St. James		
2009	Haddon Heights, Haddon Twp. & Haddonfield	1999	Gloucester		
2008	Cape May Tech Boys	1998	Glassboro		
2007	Wildwood Catholic Girls	1997	Pitman		

2017 2016 2015 2014 2013 2012 2011

Previous recipients of the SOY Award:

Amanda Nunan, Ocean City; Destin Lasco & Justin Liu, Mainland
Amanda Nunan, Ocean City; Brian McGroarty, Mainland
Amanda Nunan, Ocean City; Steven Shek, Lenape
Amanda Nunan, Ocean City; Zachary Fong, Moorestown
Colleen Callahan, Atlantic City; Nick Marks, Gloucester Catholic; Andy Schuehler, Collingswood
Colleen Callahan, Atlantic City; Kelsi Worrell, Rancocas Valley; Will Manion, Haddonfield
Colleen Callahan, Atlantic City; Marlee Ehrlich, Cherry Hill East; Will Manion, Haddonfield; Joseph
Petrone Cherry Hill East

Petrone, Cherry Hill East
Colleen Callahan, Atlantic City; Maureen McCotter, Eustace; Kevin Steel, Moorestown
Emily Creran, Haddonfield; Sean McCall, Gloucester Catholic
Emily Creran, Haddonfield; Jason Mattingly, Cherry Hill West
Joanna Thomas, Mainland; Bill Cregar, Washington Twp.
Joanna Thomas, Mainland; Mark Neiman, Cherry Hill West
Joanna Thomas, Mainland; Christian Sprang, St. Augustine
Tiffany Malatesta, Vineland; Graham Parker, Cherry Hill East
Emily Bateman, Mainland; Bobby Daplyn, Vineland
Emily Bateman, Mainland; Eric Brumberg, Washington Twp.; Andrew Patrizzi, C.H. West
Christine Leupold, Clearview; Jon Stinson, Holy Spirit
Jayme Majek, Schalick; Jon Stinson, Holy Spirit
Heather DeHainaut, Vineland; Seamus Quinn, Moorestown
Katherine Conroy, Haddonfield; Joe Molle, Pitman
Heather DeHainaut, Vineland; Jeff Leupold, Clearview
Leslie Hoh, Cherry Hill West; Tim Tallman, Camden Catholic 2010 2009 2008

2007 2006 2006 2005 2004 2003 2002

2001 2000 1999

1998 1997

Heather DeHainaut, Vineland; Jeff Leupold, Clearview
Leslie Hoh, Cherry Hill West; Tim Tallman, Camden Catholic
Julia Mason, Mainland; Glenn Thomsen, Lenape
Marisa Chuliver, Moorestown; Sean Tedesco, Holy Cross
Gwen Mayo, Camden Catholic; Josh Lipson, Delran
Tammy Kouser, Washington Twp.; Tim Rogers, West Deptford; Tom Forrest, Vineland
Gwen Mayo, Camden Catholic; Jason Rosenbaum, Delran; Jeff Farschon, Woodstown
Karen Hafner, Cinnaminson; Jason Rosenbaum & Peter Wright, Delran
Joanna Dinsmore, Gateway; Brian Forrest, Vineland
Jeff Farschon, Woodstown 1996 1995 1994 1993 1992

1990 1989 1988

10

A: #5 St. Augustine

**Team State Championship Recognition** Teams qualified for the NJSIAA Team Tournament based on power points achieved during the course

of the regular dual meet season. The SJISA hereby recognize those teams from South Jersey that qualified for the tournament, won a Sectional Championship, made an appearance in a State Final or were crowned State Champions. Girls Public A

South Section - #8 Eastern, #7 Vineland, #5 Cherokee, #3 Kingsway, #2 Egg Harbor Twp. & #1 Cherry Hill East South Section Champion & State Finalist: Cherry Hill East

**Boys Public A** South Section - #7 Washington Twp., #6 Vineland, #5 Eastern, #4 Lenape, #3 Cherokee,

#2 Egg Harbor Twp. & #1 Cherry Hill East; <u>Central Section</u> - #2 Rancocas Valley

South Section Champion & State Finalist: Cherry Hill East Girls Public B

South Section - #7 Cherry Hill West, #6 GCIT, #5 Mainland, #4 Clearview, #3 Shawnee,

#2 Ocean City & #1 Moorestown South Section & State Champion: Moorestown

Boys Public B South Section - #8 Cherry Hill West, #7 Clearview, #6 Kingsway, #5 Ocean City,

#4 Shawnee, #3 GCIT, #2 Moorestown & #1 Mainland Central Section - #6 Cinnaminson

South Section & State Champion: Mainland Girls Public C

South Section - #8 Cape May Tech, #7 Schalick, #6 Oakcrest, #5 Middle Twp., #4 Delsea, #3 Cedar Creek, #2 Haddon Twp. & #1 Haddonfield

South Section Champion & State Finalist: Haddonfield Boys Public C South Section - #8 Delsea, #6 Seneca, #5 Middle Twp., #4 Schalick,

#3 Cedar Creek & #1 Oakcrest

Central Section - #8 Haddon Twp. & #2 Haddonfield South Sec. Champ.: Oakcrest Central Sec. Champ. & State Finalist: Haddonfield **Girls Non-Public** 

A: #2 Bishop Eustace B: #6 Holy Spirit & #5 Gloucester Catholic

**State Finalist: Bishop Eustace** 

**Boys Non-Public** 

B: #5 Bishop Eustace & #4 Gloucester Catholic

#### The Jim Roach Diving Awards

The Jim Roach Diving Awards honor the outstanding female and male divers from the past season. The award is presented jointly by the SJISA and SJSOA.

#### Isabella Wamsher Ocean City High School

Isabella Wamsher is a Junior at Ocean City High School. She has been an

outstanding diver for the past three years. The first time she stepped on the diving

board I knew she had what it takes to be successful in the sport of diving. She never gives up on the goals she sets for herself. Her determination and positive attitude have enabled her to overcome many obstacles. At the end of her Freshman year Bella tore her ACL the first time and again during her Sophomore year. Through hard work and dedication, she was able to rehab her way back to diving on the team this year. She has set the school record in both the 6 dive and 11 dive categories. Not only is she an excellent diver but she is a positive role model for her teammates. Bella is talented, an extremely hard worker and a super focused athlete. She is always the first one at practice and the last one to leave. She is steadfast both on the board and in her commitment to the team. She is

teachable. Bella placed 2<sup>nd</sup> at the 6 dive GCIT meet and 1<sup>st</sup> at the 11 dive GCIT meet. She also placed 1st in the CAL championship. In her first year at the State Championship she placed 8<sup>th</sup>. As her diving coach it has been a pleasure to work with a young person with

encouraging to her teammates and happy to help in any way she can. With all the success that she has had in the sport of diving, Bella remains humble and

such maturity and grace. Not only is she an excellent diver but a very kind person. There is no doubt that the future is bright for Bella. When you combine a strong work ethic with talent, success will always be the result.

Coach Dortone

#### **Dillon Hall** Cherry Hill High School West

Dillon has been supported by the Cherry Hill School District the past four years as Cherry Hill West's only team diver. He has been a summer diver since the age of 7 and started club diving with the Blue Dolphin Dive Team at The College of New Jersey his sophomore year. Dillon defended his 2016 & 2017 title at the Jim Roach 11-Dive Meet this year by taking first place as well as receiving first place at the SJISA 6-Dive meet for the past two years. This year Dillon broke a 22-year old SJISA 6-Dive record in Division B with a score of 261.45. In the NJ SJIAA State

Meet, Dillon placed fourth overall, beating his prior year's new Cherry Hill West 11-Dive record by achieving his personal best individual high school dive score of 517.75. Dillon has also been an outstanding student athlete for the last four years. He is a member of the Cherry Hill West National Honor Society and has taken great pleasure being a Math tutor in and after school for the past two years. Dillon has been recruited by the University of North Carolina Willmington to dive for the

Seahawks this fall and will sign a National Letter of Intent on April 11th. It has been a pleasure going to the dive meets and supporting Dillon on his high Coach Robertson & Coach Begley 7 school journey.

Previous recipients of the Jim Roach Award:
Sophia Peifer, Haddonfield; Dillon Hall, Cherry Hill West
Sophia Peifer, Haddonfield; Dillon Hall, Cherry Hill West
Sophia Peifer, Haddonfield; Ethan C'Neill Chem. Hill West

2016 Sophia Peifer, Haddonfield; Dillon Hall, Cherry Hill West Sophia Peifer, Haddonfield; Ethan O'Neill, Cherry Hill East Sophia Peifer, Haddonfield; Logan McHenry, Atlantic City Kirby Quinn, Bishop Eustace; Jenna Santora, Mainland; Logan McHenry, Atlantic City Jenna Santora, Mainland; Ethan O'Neill, Cherry Hill East Kirby Quinn, Bishop Eustace; Martin Carbone, Cumberland Shannon Donohue, Haddon Twp.; Trevor Hiller, Absegami Carissa Santora, Mainland; Jesse Lyman, Cherry Hill East Erica Serpico, Moorestown; Zach Castelli, Atlantic City Kara Koszowski, Shawnee; Mark Balesteri, Egg Harbor Twp. Kara Koszowski, Shawnee; Kyle Mitrione, Haddonfield Natalie Thomas, Cherokee; Kyle Mitrione, Haddonfield 2015 2014 2013 2012 2011 2010 2009 2008 2007 2006 2005 2004 Natalie Thomas, Cherokee; Kyle Mitrione, Haddonfield Natalie Thomas, Cherokee; Dan Cuilla, Cherry Hill West Liza Marianni, Cherry Hill West; Dan Cuilla, Cherry Hill West 2003 Liza Marianni, Cherry Hill West; Dan Cuilla, Cherry Hill West Emily Weigand, Haddonfield; Dan Cuilla, Cherry Hill West Emily Weigand, Haddonfield; Jesse Rappaport, Glassboro Melissa Ginsberg, Rancocas Valley; Michael Sullivan, Holy Cross Melissa Ginsberg, Rancocas Valley; Kevin Coogan, Holy Cross Megan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross Siobhan Kernan, Haddon Twp.; Kevin Coogan, Holy Cross Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic Cheryl Lemon, Gateway; Mike Savicky, Gloucester Catholic Aimee Hogan, Cherry Hill West; Bill Peranteau, Gloucester Catholic Bill Peranteau, Gloucester Catholic Bill Peranteau, Gloucester Catholic 2002 2001 2000 1999 1998 1997 1996 1995 1994 1993 1992 1991 Bill Peranteau, Gloucester Catholic 1990 Tamara Herriston, Mainland 1989 Kym Zeller, Cherry Hill East 1983 Alison Maisch, Cherry Hill West

1988

1987

1986

1985

1984

Alicia Urbani, Lenape

Alicia Urbani, Lenape

Bill Brennan, Cherokee

Alison Maisch, Cherry Hill West

Alison Maisch, Cherry Hill West

#### The Swimmers of the Year

1982

1981

1980

1979

1978

Alison Maisch, Cherry Hill West

Betsy Baker, Haddonfield

Betsy Baker, Haddonfield

Josh Shapiro, Cherry Hill East

Leigh Primavera, Cherry Hill East

#### Maggie Wallace Ocean City High School

Few senior athletes are able to finish their high school careers in the way they always dreamed. This season was the final chapter in Maggie Wallace's incredible high school career, punctuated with an exclamation point that was her performance at the Individual State Meet of Champions. Maggie won her first state titles in the 200 Freestyle and 500 Freestyle, setting a meet record in the latter. She was also a crucial part of our state championship winning 200 Freestyle relay that set a new meet record. Maggie finishes her Ocean City career as one of the most decorated swimmers in history as she is responsible for eleven school records in both yards and meters. She has won numerous titles and set multiple records at the Hackney meet, SJISA Coaches Invite, and Cape Atlantic League championships. She has also been an integral part of the team's success as she has been to four straight South Jersey Finals, winning three along with the Public B State Championship in 2016.

For as incredible a swimmer as Maggie is, she is an even better person. It would be difficult to find a high school athlete whose talent and intangibles match those of Maggie. Her accomplishments and accolades only tell half the story as she has also excelled as a senior captain on our underclassmen laden team. Maggie's work ethic and determination are second to none. She is always the first one in the pool and the last one out. She has been the perfect role model for our younger swimmers as they are able to see the drive and sacrifice it takes to be successful. As difficult as it will be to replace her swimming ability, it will be even more challenging to replace her leadership qualities on the pool deck.

There is no doubt in my mind Maggie has only scratched the surface of what she is capable of doing in the pool and she will only improve as she continues her swimming career at the University of Indiana. It was a pleasure and honor being her coach this season. I look forward to watching her excel at the next level and wish her the best of luck. Congratulations on an incredible season and career as we celebrate you as Swimmer of the Year.

**Grace Yoon** 

#### **Cherry Hill High School East**

Record breaker, all American, state champion. It is not often a swimmer of this caliber comes along in your coaching career. I knew Grace was going to make a major impact on our team, but who knew she would be setting the bar for years to come.

Grace may be quiet, but her actions in the pool speak louder than words. She puts countless hours in the pool to become a dominant swimmer and it clearly shows. Grace qualified for states in 7 events, won the South Jersey Invitational in the IM and breast and broke the meet record in both events. Add double state meet champion in the 100 breaststroke and 200 IM to that list. Aside from dominating the individual events, Grace has been a pivotal part of our relays. At the MOCs her teammates and her broke 2 school relay records, one that was 27 years old. Grace has accomplished more in two years than most people would in their swimming career. Without her drive and energy, we could not have been as successful as a team.

Coach Bowser

#### **Destin Lasco**

#### Mainland Regional High School

They say that great acts are tough to follow. This is not the case with Destin Lasco. Not only did he swim as well as last year, he swam even faster. Throughout the course of the season, meet after meet Destin seemed to be getting faster.

The regular season came and went with Destin breaking several school records again. He finished the season with eight out of the eleven records on the meter side of the board. On top of swimming school record times, he also went on to break NISCA National Records. He set new national marks in the 200 Individual Medley, 400 Freestyle, 100 Backstroke and also helped the school set new National Records in the 200 Medley Relay and the 200 Freestyle Relay.

During the NJSIAA Meet of Champions, Destin decided to go after a new event this year. He still swam one of his signature events, the 200 IM but decided to go after the 500 free as well. He went on to win the 200 IM in a record time, beating his time from last season by over 3 seconds. He rested up for a bit, and then attacked the 500 free and just missed the State Record by less than a second. In less than 10 minutes, he was on the block again and anchored the 200 Free Relay to a win with his anchor time of 19.99. He finished his day with the 400 Free Relay where he anchored in a time at 43.35, fastest of all the swimmers over both days.

This season Destin has achieved NISCA All American times for the following events: 200 Medley Relay, 200 Individual Medley, 500 Freestyle, 200 Freestyle Relay, 100 Backstroke, 100 Breaststroke and the 400 Freestyle Relay. On top of his gigantic accomplishments, Destin is one of the most humbled swimmers to ever put on a suit at Mainland. He is truly in inspiration for all and we congratulate him on being named Swimmer of the Year.